Unitarian Universalist Southeast Winter Institute in Miami

A UU Retreat and Family Camp for All Ages

Southeast Winten Institute

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Celebrate the New Year at SWIM!







Mission

Southeast Winter Institute in Miami (SWIM) is a one week Unitarian Universalist intentional community which provides religious, inspirational, educational, growth oriented programming. SWIM was founded and continues to celebrate the spirit, to promote community, and to nurture connections among people of diverse ages, backgrounds, abilities, and interests. In so doing, SWIM strives to promote our Unitarian Universalist principles.

Vision

SWIM is a gathering to form an intergenerational, intentional community based on Unitarian Universalist principles and values. It nurtures open communication, inclusiveness, spirituality, and growth. It is an inspirational and safe place to play, grow, and take risks in a supportive environment; encouraging self awareness and personal responsibility unhindered by limiting societal expectations.

SWIM is an all volunteer organization of participants who are enthusiastic, talented, diverse, and committed to creating a joyous experience.

SWIM celebrates diversity both within and outside our community and expects all participants to demonstrate personal responsibility and respect for self and others as well as our environment.

SWIM offers a myriad of experiences and opportunities which are challenging and nourishing to mind, body, and soul. Some of our activities are workshops, outdoor adventures, worship, art, dance, music, campfire, and athletics.

Hello and Welcome to SWIM!

Director's Letter

Hello and Welcome!

Something about this year has put the concept of time on everybody's lips; it seems to me that the word "millennium" has been used more during the past ten or so months than ever before in recorded history. Time and its meaning has been on my mind lately, too, but for a different reason, as I have recently become a mother of two. With a child who is two years old living side by side with one who is just approaching four weeks, time, well, it either drags or it flies—most days it does a little of each!

I have also realized as I prepare for SWIM '99 that I have been attending this camp for half of my life—wow! Each of my sixteen SWIM weeks has been unique, a special time all its own, but they have all included a certain amount of reflection as one year ends and the next begins. I can remember clearly the New Year's Eve of 1983, sitting in the Teen Dorm with friends, pondering what would be our first food of 1984... Hershey's Kisses? Doritos? It may sound silly now, but I believe that we all create our own rituals that have meaning for us, and that help us through the transitions in our lives, and sometimes a little silliness is very, very necessary.

It is in the spirit of sacred silliness that I chose our theme for this year, 1999: Last Call. It is, after all, the last call for the 1900s. The last time to listen to Prince's "1999" in the present tense. The last time to use up those checks with the pre-printed "19__" on them. The last time to refer to the turn of the century as a historical event... It will be the last call for many of these little things, but,



like every New Year's, and like every new day, it will be, more than anything, a beginning. Let's enjoy it together!

Coleen Murphy,

Director

The Principles of the Unitarian Universalist Association

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

The inherent dignity and worth of every person;

Justice, equity and compassion in human relations;

Acceptance of one another and encouragement to spiritual growth in our congregations;

A free and responsible search for truth and meaning;

The right of conscience and the use of the democratic process within our congregations and in society at large;

The goal of world community with peace, liberty, and justice for all;

Respect for the interdependent web of all existence of which we are a part.

The living tradition which we share draws from many sources:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love:

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.

Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

Grateful for the religious pluralism which enriches and ennobles our faith, we are inspired to deepen our understanding and expand our vision. As free congregations we enter into this covenant, promising to one another our mutual trust and support.

Messages from The Board

A Message from the Board

Welcome to SWIM 1999, the change of the millennium! Join us as we celebrate the closing of one century and the dawn of another. We will be the largest gathering of UU's (as far as I know) observing the turning of the clock. While some say the world as we know it will end, I think there will just be a few hiccups and the world will barely notice the change. And we will be in the middle of a loving supportive community as it happens.

We have workshops for personal growth, for spiritual growth, and for playing. We have local adventures of canoeing, hiking, sailing, bird watching and laying on the beach. Plus wonderful conversation, dancing, worship, sharing, and general hanging out.

Whether you want a genteel slide into the new millennium or a week of adventures to cap off the



century; come and join us for a week of intentional community building as we find our direction and maybe our bliss for the new millennium.

Marty McAnulty Registrar/Board President

Council of UU Camps and Conferences

SWIM participates in this group, usually called CU2C2, which was formed to provide non-monetary support for our efforts in establishing and running programs for UU community. Each registration fee includes an assessment of \$1.50 which is used as SWIM's membership fee in this organization. More information is available from Coleen Murphy and Dee Medley, this year's delegates to the annual CU2C2 conference, or from Jake Haun, a member of the CU2C2 board. Individual memberships in CU2C2 are available by sending \$35 to CU2C2, 2200 I35 N #123, Carrollton, TX 75006.



Proposal to Change Bylaws

This year we will also vote on a proposed change to our bylaws. The current wording is given first and the proposed wording is given second.

Current wording:

ARTICLE IV. Board of Trustees

7. A vacancy in a position of District or Cluster-appointed Trustees shall be filled for the balance of the unexpired term by the District or Cluster Board. However, unexpired terms beyond the current program year of elected Trustees must be filled by election at the next Winter Institute.

Proposed wording:

ARTICLE IV. Board of Trustees

7. When a vacancy, as defined in Article IV. Board of Trustees, Section 5, occurs on the Board it shall be filled as follows:

A. A vacancy in the position of District or Cluster Appointed Trustees shall be filled for the balance of the un-expired term by the District or Cluster board.

B. A vacancy in an elected Trustee position may be filled by the Board in a timely manner. However, if that Trustee's term extends beyond the current program year, it must be filled by election at the next Winter Institute.

C. Any vacancies occurring because of a Trustee's resignation shall be filled as described above.



Worship & SWIM Community

SWIM Community Responsibilities

The volunteers on SWIM's staff who make this week possible welcome you to South Florida to join our intentional community. Our camp can be fragile, both physically and spiritually, so we have some basic guidelines for our behavior:

Owaissa Bauer is an oasis of calm and beauty in a large metropolitan area – we keep it that way by controlling waste and lessening impact on our surroundings.

Volunteers are needed to assist with transportation to many of our activities. We ask that only safe and insured drivers volunteer, and that no designated driver for these activities consume alcohol or any other drug that may impair driving skills.

Because we are an intergenerational community we all serve as surrogate parents when necessary, but parents must remember that they are responsible for their children outside of the regular youth programming times.

We hope to provide a safe and healthful experience for everyone, but we do not have facilities or staff to handle serious medical problems. Please bring needed medication and let us know of any serious problems you may have.

Volunteers Make SWIM Happen

We are an all-volunteer organization. This greatly reduces the cost of SWIM for everybody.

Some of us (the staff!) volunteer rather more than others. We are all on vacation, and we all work together to make our SWIM community wonderful. Staff positions are filled by the director, and we typically have more volunteers than there are staff positions. A full-staff position brings free registration for thanks, but with a very few exceptions our staff still pay their own room and board fees plus all fees for workshops and outdoor trips.

All non-staff participants volunteer at least one shift in the kitchen, at the information desk, or at Evenings at the Rec. For meals on Friday, we are in the excellent hands of our teen volunteers.

When you register, you'll see a place to indicate your volunteer preferences on the registration form. Of course, you can also volunteer for any job that you see that needs to be done. There's no restriction to the number of helpful things you can do. Also, there's no restriction to the number of hugs of thanks we will give you!

Worship

Each evening's worship provides us with an opportunity to come together as a community in celebration of our time here at SWIM. Our services tend to be lay-led, and usually follow a tradition of informal sharing not often found in Sunday morning worship. Our worship coordinator, Hannalies Bosman, will be available to assist any who are interested in helping to make worship happen, and will be keeping an eye out for those of you with a song, reading or idea to share.

Sunday/26th: Our Opening Celebration is part worship/part orientation. Please come and allow us to welcome you to SWIM 1999, through sharing, through song, and perhaps most importantly, through reminding you where you may and may not park your car! These and other logistical details will be revealed to all.

Monday/27th: Transitions & Origins is the theme of our first program service. As we come together, we will examine through song, ritual & sharing where we have come from—and where we are headed—as the millennium approaches its close. Led by Hannalies Bosman & Coleen Murphy.

Tuesday/28th: A Wiccan celebration of life, brought to us by Mary Ann Somervill and Kip Barkley.

Wednesday/29th: A service created by our children, guaranteed to be beautiful and insightful. Facilitated by the children and staff of the Children's and Junior High Programs.

Thursday/30th: The Teens will present this service, many of them using worship facilitation skills honed at youth conferences all over the continent. A long standing SWIM tradition, this service is not to be missed!

Friday/31st: One Door Closes, Another Opens: The final SWIM worship the 1900s is not to be missed, and will be facilitated by the participants in the week-long Renaissance Module on Worship.

This year, in addition to nightly services at 7:30, we are offering an 11 PM Vespers service. These later services will be smaller, less formal and provide a chance to unwind and perhaps focus a bit as the day comes to a close.



SWIM Evenings & Daily Schedule

Evenings

Campfire—Every evening from 8:30 until the last of us have wandered elsewhere we gather around our campfire to share songs, stories, and instrumental music. One night will be a coffeehouse for our entire community to show off the talents of our participants. Bring everything you need to share your musical, story-telling, dance, or other talents at campfire and at our coffeehouse.

Lounge—Sometimes it's nice to have a conversation without shouting over the dance music. Sometimes it's nice to play a game of cards without squinting at the strobe lights. Join others seeking a less noisy alternative each evening from 9:45 on.

Evenings at the Rec—Each evening, the Rec Hall is transformed into a social hub, usually with music and dancing. Most evenings feature dance instruction from 8:15 to 9:30 (including folk, ballroom and 30's style swing), after which we let our volunteer D.J.'s treat us to an eclectic mix of tunes based on our requests. You know what that means—bring your favorite records, tapes and CD's!

Sunday Night Fever/26th: Our first night together will feature disco and whatever else you want to hear, so please remember to bring your music.

Monday/27th: We'll start with folk dancing, then ease into another mix of requested dance music

Tuesday/28th: Take swing dance lessons from 8:15 'til 9, then scurry back to your cabin to put on your swankiest attire because The SWIM Casino opens at 9:30 and PROPER DRESS IS REQUIRED! We hope you'll join us for big band tunes and gambling all evening—and remember, last year's money is worth double this year; money from SWIM '97 has TRIPLED in value.

Wednesday/29th: You won't want to miss the lessons in ballroom dancing, especially if you want to be in step at our first ever Masquerade Ball. Who are you, REALLY? Masked and unmasked will rub elbows at this high class affair, a prelude to our annual Mardi Gras Festival.

Thursday/30th: The SWIM Coffeehouse, a place to perform before an unconditionally loving audience, a place to listen to great poetry and music, a place to see a wacky skit, a place to drink A LOT of coffee...and when it's all been said and done, there may still be time to dance.

Friday/31st: New Year's Eve! Partying like it's 1999—wait a second—oh my god(dess)—it is 1999! This is gonna be good.

Registration Day Schedule

December 26th, 1999

1:00 - 4:00	Register and Move In
4:45 - 5:00	Dinner Circle-Up for Announcements
5:00 - 6:30	Dinner
7:30 - 8:30	Orientation & Welcome Service
9:00 - 9:30	Cabin Time - Meet Your Cabinmates
9:30 - 10:00	Orientations for Kids, Teens,
	Parents & Guardians
9:30 – 1:00	Evenings at the Rec, Campfire
11:00 – 11:30	Vespers

Daily Schedule

December 27th - December 31st, 1999

7:30 - 9:00	Breakfast
9:00 – 12:00	Children's and Jr. High Program
10:00 – 12:00	Workshops
12:00 – 1:00	Lunch
1:00 - 5:30	Children's & Jr. High Program
2:00 - 4:00	Workshops
4:45 - 5:00	Dinner Circle-Up for Announcements
5:00 - 6:30	Dinner
7:00 - 9:00	Children's & Jr. High Program
7:30 - 8:15	Worship
8:30 –	Campfire
8:30 - 9:30	Dance Instruction
9:30 – 1:00	Evenings at the Rec
9:30 – 1:00	SWIM Lounge
11:00 – 11:30	Vespers
1:00 – 3:00	Late Night
Varies	Teen Program & Outdoor Trips

New Year's Day Schedule

January 1st, 2000

7:30 - 9:00	Breakfast & Left-overs for the Road
9:00 - 9:30	Closing Circle
9:30 – 12:00	Load Up & Head Out

What to Bring + Coming & Going

What to Bring

First, remember that our accommodations, both dorms and camping area, are rustic. There are no electrical hookups for the tents, but dorms do have outlets. The beds do not require extra firmness thanks to the addition of sheet metal to the cots a few years back, but you will want extra padding to put under or over the thin mattress supplied by the campground—at least a sleeping pad or air mattress. Better is a 3-foot wide, 7-foot tall sheet of 6" foam or your own small day bed mattress. A good night's sleep, when you choose to sleep, is the key to a great time at SWIM.

You will need your own bed linens—sleeping bag, sheets, blankets—and towels and washcloths. Other items that may add to your comfort are sun screen, a bathing suit, casual clothing that can get wet and be layered as the weather changes, something fun to wear out to dinner or on New Years Eve, a folding chair, a light if you stay in the dorm, a flashlight for our unlit paths, your own toiletries in something you can carry back and forth to the bathhouse, and other things such as cameras, games, cards, musical instruments, sports equipment, books, etc. for fun.

Space is somewhat limited, however, so leave the kitchen sink at home! Also leave Fido and Fluff at home—the only animals allowed are seeing eye dogs and the local wildlife.

Health Concerns

We are not equipped to be your primary-care health provider, but we do provide you with a camp "medic" who will help you with minor problems. Please be certain that you bring all necessary prescription medications for your vacation at SWIM. In case you do run into problems, you must bring a copy of your prescription and information about any health problems you may have to our medic.

Attention Swim Shoppers:

The SWIM Store will be located in the dining hall and open daily. We'll have a variety of items most likely to be forgotten when packing, or lost in the shower rooms. Although, SWIM '99 T-Shirts will be available in limited quantities, please preorder on your registration form to guarantee availability.

Hand-Crafted Items created by SWIM artisans will also be sold at the SWIM Store. You will have the opportunity to select beautiful and unique items. If you want to sell anything, please contact Mary Ann Somerville in advance at maspro@ct.net, (941) 465-1433, or 1810 First Street, Lake Placid, FL 33852. SWIM will receive 20% of the total sales.

Thrift Shop Boutique is back by popular demand. No time to visit thrift shops in the area? Not to worry, as we bring the thrift shop to you. You are invited to bring used garments to sell, as well as to stop and shop. Please put clothes on hangers and tag them with price and your name. SWIM will benefit by getting 20% of the price.

Before & After SWIM

Christmas Day (also known as December 25th)

Owaissa Bauer is not available until December 26th, but many of us like to congregate in Miami a bit earlier. The Unitarian Universalist Church of Miami, with which we are affiliated, lets us join them for a reception for our participants, a glorious turkey dinner, and home hospitality for over-night stays.

You must register in advance for dinner and accommodations. The dinner costs \$7 per adult and \$5 per child under 13 and must be included in your advance registration fee. It is held at the Miami church. From 826, take the Sunset Dr. (SW 72 Ave.) exit east. Turn right at the first street (SW 75—76 Ave.) at the small UU sign. Follow the road around a couple of curves to the church at 7701 SW 76th Avenue.

Home hospitality costs \$8 per person per night. Please state your age and whether you have special needs, such as a bed rather than floor space for your sleeping bag. Much of our home hospitality space is shared floor space but we do have some volunteers willing to share their homes with extra bedrooms and extra beds. If you don't know who to call about home hospitality, please call the registrar or the director.

After SWIM

Yes, it will all come to an end on New Year's Day. We hope that you will leave Owaissa Bauer revitalized and refreshed but, for many of us, New Year's morning is not a time characterized by energy and wakefulness. Many members of our community live not far from the main roads we take to drive home. Some of them will offer their homes for much-needed sleep as you travel. At closing circle we will ask those who have homes to share to step forward.

We do not want anyone to drive when they are over-tired and sleepy, so please take advantage of their kindness! This year we have space on the registration form for you to volunteer your home, and we will post a list by December 30th so that everyone can make preliminary plans.



Youth Programs

Children's Program (Ages 3 – 9)

Last call for camp fun in the 20th century! Children three to ten are invited to join us as we explore the theology of Dr. Seuss through his writings. We will also take field trips to the beach & to the zoo, create an all-camp worship, relax at the pool, and celebrate the last week of the century with food and song.

Hours of the children's program are 9AM to Noon, 2PM to 5PM, and 7PM to 9PM beginning December 27th. Thursday there will be no evening programming, as it is staff night off, the evening of the SWIM Coffeehouse.

Parents and guardians must attend orientation at 9:30PM, December 26th. Location to be announced. Contact Kathy Murphy if you have any questions.

Junior High Program (Ages 11 – 12)

For ages 11 and 12 (with a year's flexibility on either end of the age range).

Starting on December 27th, the hours are 9AM to Noon, 1PM to 5PM and 7 to 9PM, until 10PM on Friday. Thursday there will be no evening programming so the staff can have the night off for the SWIM Coffeehouse.

This is an active program full of work, and play, serious discussion and serious fun. Plans include canoeing and a day at the beach, a scavenger hunt and a night of sleeping under the stars. We will create a worship service for the SWIM community and help with the food at the Mardi Gras celebration. And still have time for jokes, videos, music, games, and more. Be sure to bring your favorite tapes, CDs, ideas, camping out needs, et cetera.

Parents and guardians must attend orientation at 9:30PM, December 26th. Location to be announced. Contact Kathy Murphy if you have any questions.



Teen's Program (Ages 13 – 18)

We plan lots to do, and then there are always impromptu adventures and late-night antics that we never could have planned. Expect dancing (hip-hop, disco, swing, and more), canoeing, coffeehouses, casino night, convenience stores, the Amish bakery, Mardi Gras, frisbee, thrift shops, late nights, long van rides...and whatever else comes up. Somehow in the midst of all that we always manage to form a pretty amazing community. Here's what's set so far:

Monday evening: Night sail. Watch the stars as we sail around Biscayne Bay. Need we say more? This trip is subsidized by SWIM so we can all go. And everybody does go. Sign up for this trip by registering for **195 Teen Night Sail**, \$15.

Tuesday: Teen canoeing. A quiet afternoon communing with nature or an opportunity for water fights? You decide. Sign up by registering for **295 Teen Canoe**, Free.

Also Tuesday: Casino Night. We'll spend much of the day scheming and shopping for our big production for the rest of the SWIM community. There's money to be made...and roulette wheels, craps tables, and whatever else we need.

Wednesday: An all-day mystery. Please don't register for anything else on Wednesday.

Thursday night: Teen worship. It's always the best one at SWIM. After that, there's an all-SWIM coffeehouse. So bring music, poetry, or anything else you might want to share at either of these events.

Friday: Volunteer day. We'll stick close to camp and help out with the meals.

Friday night: New Year's Eve. We'll have our own closing circle.

Feel free to register for other stuff, too. Check out the rest of this brochure. Just keep in mind that we usually don't plan stuff early in the mornings because we're up late at night—bring an alarm clock if you'll be getting up before the rest of us.

What else should you bring? We never know what the weather is going to be like, so you'll need to bring warm and cool clothing, and plenty of bedding. Plus you may want your music, toiletries, beach wear, hair products, soccer balls, dancing shoes, what have you. Since we can get kind of piled on top of each other, you might not want to bring too much, especially things that are fragile or can't get dirty. And remember, SWIM is about living in an intentional community—so you can also leave at home any behavior that would be destructive to the community.

Parents and guardians of teens must attend orientation in the teen dorm at 9:30PM, December 26th. Contact Kathy Murphy if you have any questions.

SWIM Registration Info & Expenses

Cost

We have a registration fee for all of our participants plus a room and board fee for those who plan to stay at Owaissa Bauer. There are motels in the area where you will find slightly more civilized accommodations, including your very own bathroom, but you will miss some of the excitement and joy of our community life. Our delicious meals may be purchased individually by those not staying at camp.

Registration Fee

Age	Before Dec. 1	After Dec. 1
0 – 12	\$40	\$60
13 – 17	\$60	\$80
18+	\$100	\$120

This registration fee includes non-fee workshops and programs, campfire, worship, Evenings at the Rec, and our exciting New Year's Eve celebration. Participants are expected to register for and participate in our entire week in order to share in our intentional community.

SWIM is an intentional community and unregistered persons may not participate in our program. People who are not registered may not be at Owaissa Bauer during SWIM. After December 26th no new registrations will be accepted. This means that if you will arrive late, such as the morning of December 27th, you must send your registration in advance. If you have a question you may call Coleen Murphy, our director.

The only exception to the full registration fee is that unregistered friends and relatives may attend our New Year's Eve celebration for a fee of \$35. This is not a fee for food and drink. This fee only covers SWIM overhead for the evening and a light snack while available. It's our way to open SWIM up to friends and family who might have conflicting commitments during SWIM week this year but want an introduction to SWIM and get a taste of the fun for next year's SWIM!

Room & Board Fee

Age	Due Dec. 26
0 – 5	\$65
6 – 12	\$85
13 – 17	\$110
18+	\$160

The room and board fee includes either a tent site or a bed in one of our dormitories, the use of our bathroom facilities, and parking in a large lot away from the camping area. Both forms of lodging are assigned on a first come, first served basis. For safety and peace no cars are allowed in the camping area after late afternoon on December 26th.

The dormitories consist of six buildings, each divided into two areas, and each of these with a more private room which is normally reserved for staff. Each of the larger rooms has ten cots. We are an intergenerational community, but we recognize that people tend to form closer friendships with others of similar age, so we do consider this when assigning space in our dormitories.

Marty McAnulty, our registrar, is willing and even anxious to work with participants to be certain that the rooming arrangements are as close to ideal as possible. If you have a number of people who would like to stay in one area, please contact him and explain your needs. We do our best to assign people to our dormitories in a way which provides the greatest opportunity for community building, but our facilities are limited and when the most popular dorm areas are filled we must find places for our community where there is space. Our camping area is also quite limited and fills quickly, so be sure to send your registration early to get the accommodations you prefer.

Up to eighty participants may camp in tents or small RV's along drives at the rear of camp. They pay all of the same fees as those who stay in the dorms. No electricity and no hookups are provided. RV's may not leave their sites after the evening of December 26th through New Years Day, and no cars may be parked in the camping areas.

The board fee covers three wonderful meals a day, starting with dinner on December 26th and ending with an extra late night snack on New Year's Eve. A pick-up breakfast that consists of bagels with accouterments, leftovers, coffee, and juice is available on New Year's morning. All of our food is prepared at camp by our wonderful staff of cooks with the assistance of participant-volunteers.

Refunds

The first \$25 of the registration fee is non-refundable. Refunds of the remainder are available if notice of cancellation is sent to the registrar before December 1st. Fees for Outdoor Adventures are refundable until the close of registration on December 26th. After that refunds will be given only for trips for which SWIM has incurred no expense (this does not include sailing or hot tubbing!) or trips which were canceled due to lack of attendance or poor weather conditions.

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☐ For Priorit Mail/FedEx, I've sign the "waiver of signtature" and I'm mailing it so it will arrive before Dec. 23rd
☐ I've included a Notarized Release for Children Attending SWIM With Someone Other Than A Parent for each minor not attending with a parent Mail Registration Forms, with check payable to SWIM, to SWIM c/o Marty McAnulty, Registrar, 3047 Garfield Street, Hollywood, FL 33021

Step 2 1/2: What Activities Do You Want To Sign Up For?

Copy This Pa	ge As Needed. Please Read the Refun	d Policy. We do exp	ect that ever	ryone who signs up for	an activity will participate.
Participant's I can help					
☐ I can driv	=	#		Auto Insurar	nce Company
First Choice	Activities			Alternate Cho	ices
Number	Workshop or Outdoor Trip	Day & Time	Fee	Number	Workshop or Outdoor Trip
		Activities Fees			
		Due Now			
Participant's	Name				
☐ I can help					
☐ I can driv		#		Auto Insurar	nce Company
First Choice	A antivitai an			Alternate Cho	
Number	Workshop or Outdoor Trip	Day & Time	Fee	Number	Workshop or Outdoor Trip
			1		
			 		
			1		
		Activities Fees Due Now			

Emergency Release Form—Make Copies for Each Participant—Please have ALL participants sign these forms in all places. All registrants must complete this emergency release form and submit it with the completed registration. Registration Name In case of emergency notify (someone not at SWIM): Phone # Contact Name SWIM medical/nursing volunteers are authorized to provide or obtain medical treatment as necessary should I be ill or injured and unable to state my preferences. I hereby release SWIM from any liability associated with activities at camp or on SWIM sponsored trips. (signature) (witness) The breaking of alcohol, drug, and other local laws will not be tolerated. The carrying of firearms shall not be permitted. The staff and board are all committed to compliance with these laws and, in fact, may not allow violators to remain at SWIM. Please note that a new Florida law makes it illegal for persons under the age of 18 to possess tobacco products and also illegal for anyone older to provide such items for them. I have read the paragraph above and I understand and agree with the policy stated therein. (signature) (witness) SWIM MEDIC'S INFORMATION SHEET SWIM 1999 This page is for SWIM STAFF use in case of emergency. Please turn it in at registration. Phone # Registrant's primary physician Registrant's pharmacy Phone # Diagnosis Allergies Medications Anything else pertinent

PLEASE FILL OUT A COPY OF THIS PAGE FOR EACH REGISTRANT — ADULTS & CHILDREN PLEASE FILL OUT ALL SPACES ON FORM — IF A LINE DOES NOT APPLY, ENTER N/A MAKE COPIES AS REQUIRED

Parent's Release For Children Under 18 Yea	urs of Age
I,	the parent/legal guardian of,
a minor, hereby grant my child/minor permission through January 1, 2000. My child/minor has perm but not limited to the following: attendance at fie and all sporting activities and games that include consciousness raising activities; and transportation and supervision of a S.W.I.M. staff member while pregardless of whether such activities continue pass member. When my child/minor is not participating guardian appointed by me. In giving this permission risk of injury to my child/minor resulting from part I hereby release S.W.I.M. from any liabilities associated through the such activities and the such activities continue pass member. When my child/minor is not participating the permission is a such activities and the	the parent/legal guardian of (child's full name) to participate and attend any and all activities associated with SWIM from December 26, 1999 hission to participate S.W.I.M. activities both on and off the camp Owaissa Bauer site, including, and trips anywhere in or outside of Dade County, Florida; participation and attendance in any eswimming and bicycling; participation and attendance at any and all religious or spiritual into any of said activities by any means; provided that my child/minor will be under the care participating in said activities. I give my child/minor permission to participate in said activities at local curfew provided that my child is under the care and supervision of a S.W.I.M. staffing in said activities, he/she will be under the care and supervision of either myself or his/her on to my child/minor to participate in the activities associated with S.W.I.M., I realize that the ricipation in said activities is minimal but that risk cannot be completely eliminated, therefore, atted with my child's/minor's participation in said activities provided that such liabilities did not
result from gross negligence on the part of S.W.I.I	M. or any of its staff in the supervision of my child/minor during the course of said activities.
Signature of Parent/Guardian	State, Country & Date
Parent's Release For Children Attending SV	VIM with Someone Other Than A Parent
	is hereby authorized to act as guardian with full authority to act for health, medical,
(legal guardian's full name)	is hereby authorized to act as guardian with run authority to act for health, medical,
care, and deeds for my child/children	
from December 26, 1999 through January 1, 20	(child's/children's full name) 00 while attending SWIM activities for said child/children.
Signature of Parent/Guardian	State, Country & Date
Before me,	personally appeared and presented, (form of ID)
(Parent's/Legal guardian's full nan	ne) personally appeared and presented, (form of ID)
as identification or is personally known to me an	nd did not take an oath, this day of
Notary Public My Commission Expires:	•
	(month, day & year)
	attending SWIM. I am aware that this means that I will be entirely responsible for this child/WIM, and during any time when the child/children is not involved with planned SWIM activities.
Signature of SWIM Guardian	State, Country & Date
Before me,	personally appeared and presented, (form of ID)
(SWIM guardian's full name)	(form of ID)
as identification or is personally known to me an	nd did not take an oath, this day of
Notary Public My Commission Expires:	· · · · · · · · · · · · · · · · · · ·

PARENT'S RELEASE FOR CHILDREN UNDER 18 YEARS OF AGE MUST BE SIGNED PARENT'S RELEASE FOR CHILDREN ATTENDING SWIM WITH SOMEONE OTHER THAN A PARENT MUST BE SIGNED AND NOTARIZED

(month, day & year)

Workshops

We have workshops of almost every description for you to learn, grow, enjoy, play, and share while you are at SWIM. There will be a notice posted at SWIM telling you where each of the workshops will be held. We have outdoor, tent, and indoor areas which we try to match to the activities in each workshop. Bring something to sit on for outdoor locations!

We greatly appreciate knowing how many people plan to take each workshop early enough that our leaders can come prepared - please register early! Some may fill, others may be cancelled depending on advance registration. You may add a workshop, if it is not filled, up to the time it begins. We also appreciate participants who finish the workshops that expect attendance for more than one session.

Now is the time to think about workshops that others might enjoy next year at SWIM. Our planning deadlines force us to invite workshop proposals rather early, so be looking for our solicitation early next summer. Workshop leaders are generously rewarded – with hugs, love and a SWIM T-shirt!

100's are mornings, 200's are afternoons, 300's are all-day, and 400's are evenings. The second digit in the workshop number indicates the day during SWIM (1st, 2nd, 3rd, 4th, and 5th, with 0 for multiday workshops).

Morning Workshops

100 Morning Yoga [no limit]

Gentle exploration of yoga postures and breathing exercises and how they act upon us.

Jack Bazuzi practices Yoga regularly and leads a Yoga group at his fellowship in Blacksburg, Virginia

Free. Monday – Thursday 8AM – 8:30AM

101 Urban Hieroglyphics:

A Workshop on Graffiti Culture [limit 20]

The workshop will be primarily a discussion of the origins, culture, and motivations of modern Graffiti, the urban culture from which it was born, the motives behind it—political, artistic, etc.—how it corresponds to other artforms. The attitudes, and actions taken by the public and the state, and the evolution of graffiti from the midseventies to the present will be discussed. Personal sketchbooks, slides of graffiti art, local Atlanta, national, and international periodicals on graffiti art and culture will be reviewed on the first day. The second day will feature a live demonstration by Acebo of the painting of a piece of graffiti art on a temporary surface. Participants may opt for a half-hour lab on the second day to try some techniques as well. **Andy Acebo** is an artist from Atlanta who has been an active graffiti artist since 1997. He wishes to promote an understanding of graffiti society and culture from the perspective of one who is actively involved in the movement.

Fee: \$3 / 5\$ with lab. Monday, Tuesday 10AM – 12PM

102 Creative Writing...Last Chance This Millennium! [no limit]

Writing is both therapeutic and pure entertainment. Elle will lead you through exercises that will allow you to reach inside and articulate secrets, concerns, loves, heartaches and wishes. Even the most dedicated "not me's" will surprise themselves with writing talent they never knew they possessed.

Elle Long has presented variations on this workshop not only at SWIM but often at deBenneville Pines UU camp near her home in California. Bring your pen, your open mind and a 'let's have fun' attitude!

Free. Monday, Wednesday, Thursday 10AM – 12 Noon

103 Car Maintenance for Idiots [no limit]

You drive and depend on your car every day—wouldn't you like to know more about it? Make it last longer? Feel more confident driving? Cope with roadside emergencies? This workshop is simple & basic.

Raway White is a long time SWIM attendee, and has conducted this workshop many times. He is known for his ability to break the complex into the simple. He is a certified aircraft mechanic, and also an experienced shadetree mechanic.

Free. Tuesday, Wednesday 10AM – 12 Noon

114 A Tasting Of Tea [limit 24; minimum 4]

Participants will learn the basics of tea, tea tasting terms and how to taste. We will then spend most of the time tasting various teas (real tea, not the flavored or herbal varieties). We will start with the generally available blended brands to sharpen our taste buds and then move on to considerably more expensive "fine" teas.

Jon Hoskin is a Ph.D. Food Scientist, previously university faculty member in Dairy and Food Science Departments and member of nutrition program. I am a long time tea drinker (you can't taste beer all the time!)

Suggested Books: The Book of Tea by Kakuzo Okakura and see my web page: www.clemson.edu/~hoskin/tea.htm, I hope to have a few handouts.

Fee: \$5. Monday 10AM - 12 Noon

115 Getting A-Head in Watercolor [limit 10]

Using watercolors and paper provided, learn how to sketch a head and then render it in watercolor, using other participants as models. Beginners will also get a brief introduction to color mixing. Bring brushes if you have any. Age limit: over 12 years old.

Emily Sokoloff has a BFA from Mass. College of Art and is a member of Miami Watercolor Society, Gold Coast Watercolor Society, and the Florida Watercolor Society. She is an active painter and has had watercolors accepted in many juried shows.

Fee: \$5. Monday 10AM – 12 Noon

126 That Old Time Religion: A Pagan Revival [no limit]

How to become a witch in only two hours. The basics of the Craft: its world-view, ritual, spell-casting and the elements of the Craft.

Rel Davis is a founder of Hecate and Gaia-Ran circles, two covens

associated with the Unitarian Fellowship in Hollywood, FL and the author of a new book, The Existential Pagan-Freedom and Responsibility Free. Tuesday 10AM – 12 Noon

137 Drying Blood, Chocolate Religion And The Metaphysical [limit 24; minimum 4]

An introduction to understanding chocolate while appreciating its religious significance. Close your eyes, listen and envision my version of the beginning of chocolate and its less well known ties to religion and the metaphysical. Some chocolate will be tasted and explained but that will not be the emphasis.

Jon Hoskin's dissertation title was: The nature of flavor changes during conching in chocolate manufacture: The role of free amino acids and sulfur compounds. Perhaps not surprising, Jon has also published other technical chocolate book chapters and papers.

Suggested Reading: Background novels: The Violent Land by Jorge Amado and Aztec by Gary Jennings and see Jon's web page: www.clemson.edu/~hoskin/choco.htm

Fee: \$2. Wednesday 10AM - 12 Noon

158 Wonderful Ways to Love More [no limit]

Confusion, misdirection, fear, past hurts, poor self identity, inappropriate boundaries and other personal character and emotional traits greatly affect both the quality and quantity of love in our lives. Loving more than one person often referred to as "polyamory" or responsible non-monogamy, compounds these challenges and yet offers great potential for developing our abilities and offering creative solutions to all our loving relationships. This group will explore the many facets of love, in a non threatening manner, using both discussion and experiential exercises. We will attempt to offer insights as to how to understand and increase love in our lives. The workshop is open to both polycurious and polyamorous.

William Manser was founder and CEO of one of New York's largest growth centers called the Institute for Being and Becoming from 1975 to 1978. IBB (as it was referred to) acquired over 8,600 members and had over a hundred varied group workshops and group facilitators. Throughout the 1970's and early 1980's Bill offered experiential groups, often with over a hundred participants, directed at increasing self awareness and improved relating skills throughout the New York area at IBB and popular weekend retreats including Grossingers and the Granit Hotel. Ann Schranz is a member of the UU Church of Tampa. She is currently the editor of BiNet News, the



BiNet USA newsletter for bisexuals. Her article on bisexuality and spirituality is included in the Blessed Bi Spirit anthology to be published by Continuum next spring. Two years ago, she helped start Poly Tampa, a polyamory discussion group. In September, Ann was part of a panel that presented a workshop on polyamory and social change at the annual Loving More conference in New York.

Suggested Reading, if applicable: Love Without Limits by Dr. Deborah Anapol Breaking the Barriers to Desire by Kevin Lano & Claire Pary Radical Honesty by Dr Brad Blanton Loving More Magazine.

Free. Friday 9AM – 12 Noon

159 Millennium Miracle: Predicting the Future [no limit]

Poncho's workshops are experiential and hard to put into words. **Poncho Heavener** has led dozens of workshops both at SWIM and SUUSI. Some of the titles were Getting Close, Conceptual Leap, Serendipity Survival, Be a Star in your own Movie, and some he's forgotten about.

Free. Friday 10AM – 12 Noon

Afternoon Workshops

201 Toward the New Millennium:

Women and the Journal-Writing Process [no limit]

This workshop will focus on the unique relationship between women and their journals. We will spend time throughout the week both writing in our journals and discussing the process of journaling. There will also be plenty of time to discover and explore the individual purposes and joys that keep us writing. Whether you are a long time journal-keeper or are just beginning to write, this is the workshop for you!

Lindsay Bennett-Jacobs is a junior at Smith College in Northampton, MA. SWIM '99 is her third SWIM, and her first year leading a workshop. Lindsay is a long-time writer of poetry, short stories, and of course journal entries. She is majoring in Government and Women's Studies, but dreams of forsaking politics for a good book and time to write!

Free. Monday, Wednesday, Friday 2PM – 4PM

202 Men's Support Group: Establishing the Role of Men in Our Society—Soul Food for the Mind [limit15]

The format for this men's support group will be an open discussion examining ways to be better at being understood and better ways to understand and enjoy being a man.

Bob Jacober has been a holistic counselor for over 15 years. **Patric Leedom** has helped lead this workshop at SWIM in years past. Suggested **Reading:** King, Warrior, Magician, Lover by Moore and Gillette. **Free.** Monday – Friday, 2PM – 4PM

203 Soul-ly Women [no limit]

A workshop for women who are interested in celebrating themselves and other women. Purpose: support, encouragement, sharing. A theme for each day will be developed by group in first

session. Bring meaningful ideas, items, materials to share. *Janice McArthur* will participate and facilitate as needed. **Free.** Monday – Friday, 2PM – 4PM

204 Sampling the sensual six-pack (I & II) [limit 24, min 6] Previously known as Beer Exchange, participants must bring 1 six-pack of lager, ale or barley wine to each offering (2 should be scheduled). Preferred beers do not include those of the big bland America (or foreign) brewers but rather favorites such as those locally produced or of exceptional quality and interest. Tasting of the above with lively conversation or not as the mood dictates, in a laid-back environment. Although scheduled for the first two nights, it continues as the supplies last—often all week.

Jon Hoskin is a Ph.D. Food Scientist, previously university faculty member in Dairy and Food Science Departments and member of nutrition program. Also evaluated beer for The World Beer Review. Suggested Reading: Pocket Guide to Beer by Michael Jackson (Simon and Schuster) & http://www.clemson.edu/~hoskin/choco.htm Fee: A good six-pack (see above). Monday, Tuesday 4PM – 6PM

215 Go-the Oldest Boardgame [no limit]

The oldest game is the newest game. Learn this game of strategy, patience and balance. Simple to learn and difficult to master, Go can be enjoyed by novice and skilled players alike. Children are welcome. See: http://igs.joyjoy.net/English/.

Jack Bazuzi and his son **Sandy** love to play Go whenever possible. **Free.** Monday 2PM – 4PM

216 Basket Weaving for The Uninsured [no limit]

A Tisket A Tasket, you too can weave a basket. Back by popular demand! For the experienced and inexperienced alike. Relax for the afternoon with a non-threatening change of pace. Instruction and materials provided while supplies last. This is a chance to mellow out and spend some quality downtime with friends new and old. Candy Gale majored in Underwater Basket Weaving and brings years of clinical field experience to this workshop. Jerry Elsenrath helped with the initial offering of this workshop last year. Jerry and Candy celebrate their 15th anniversary of meeting at SWIM and the 10th anniversary of their marriage at SWIM.

Fee: \$5. Monday 2PM – 4PM

217 Barely Deutsch [limit 15]

Sprechen sie deutsche? Learn a little German, taste ein bischen etwas German, with Holly and Hannalies. We'll teach you a little basic conversational German and let you sample a little taste of German culture (food). Learn to be a German tourist in Miami. *Hannalies Bosman* and *Hölle Acebo* will co-lead this workshop. Both are avid fans of speaking loudly in strange accents.

Fee: \$5 for "culture". Monday 4PM – 5PM

228 Action UNO [no limit]

Do you think your UNO is fun? What if I took a steamroller and packed them cards full o' action? Well get your UNO in gear and come on down to Cas' Action UNO!!! Bring UNO cards if you have them. Suggested reading: Calvin and Hobbes

Cas Baskin is a great guy. A great guy who has, at a sprinkling of times in his life, played UNO. Ready and eager to teach you everything he knows.

Free. Tuesday 2PM – 4PM

229 The Existential Pagan [no limit]

Why call oneself a witch? Why would a modern Unitarian existentialist identify with ancient witchcraft? The same reason an existentialist does anything—because we have to! Our present way of thinking is destroying the planet as a home for humanity. The only hope we have lies in an earth-centered, womancentered, intrinsic religion.

Rel Davis has been minister of the Unitarian Fellowship in Hollywood, FL for over 22 years. He is also founder of Hecate and Gaia-Ran circles, two covens associated with the Fellowship. He is editor of the quarterly newsletter, "Old Time Religion" and author of a new book, The Existential Pagan—Freedom and Responsibility. **Free.** Tuesday 2PM – 4PM

230 Non-Alcoholic Beer Tasting Workshop [no limit]

You say that Non-Alcoholic Beer has no taste? You may be surprised by this workshop. We will do a blind taste test on six or more Non-Alcoholic Beers plus one popular regular beer and we will judge them for taste, head, aroma etc.

Pete Leary will provide a sampling of the best tasting n. a. beers. **Fee:** \$6. Wednesday 4:30PM – 5:30PM

231 Learn To Yodel [no limit; okay maybe there is a limit] Test the strength of your marriage, Get your kids to leave home, Cause your boss to give you the day off or your landlord to break your lease. Learning to Yodel is easy; finding a place to practice is not.

Pete Leary learned to yodel as a youth on a farm in upstate NY listening to Elton Britt and Eddie Arnold on the radio, and practiced each morning and evening while carrying water from the hand pump well. He calls it the Country Western Style Yodeling. This workshop will provide you with all the basic elements needed to yodel and includes materials to aid you in practicing.

Fee: \$10. Wednesday 2PM – 4PM



All Day Workshops

301 Renaissance Module—Worship For All Ages In a time of Multicultural Celebration: Whose Worship Is It? Mine, Yours, Ours, or Theirs? [no limit]

Religious educators, youth leaders, youth advisors, lay leaders, and anyone who may be responsible for planning a worship are welcome. Goals of the workshop include:

- 1. To expand and deepen the understanding of worship experiences,
- 2. To develop competence and confidence in leading worship,
- 3. To make participants feel inspired to make worship a significant part of the religious education experience. Participants will become acquainted with the theories of communal worship and consider the nature and needs of children, youth and adults at worship, drawing upon insights from recent studies of human and faith development. They will consider the conditions that encourage worship in a communal setting, such as (1) the role of silence, meditation, and prayer, (2) the aesthetic dimension, including music and dance and (3) finding the balance between spontaneity and ritual. There is worship and celebration throughout this workshop and the opportunity to design worship experiences. This fifteen hour workshop qualifies for Renaissance credit.

Rev. Jeannellen Ryan is Religious Education Development Director at the Unitarian Universalist Association. She has served small and medium sized congregations in the northeast and was Education Minister in Tucson, Arizona, where intergenerational services were held monthly. Jeannellen is a very popular workshop leader who has been on staff for conferences all around the continent. She brings warmth, style and a lively sense of humor to every task. Rev. Garry Lefevre is the parish minister at the UU society of Grafton and Upton, Mass. Garry has served several varied congregations and was a very active lay leader for twenty years before gaining his MDiv from Andover-Newton Seminary. He and Jeannellen are the current Co-Convenors of the UU Clergy Couples Association.

Fee: \$90. A reader will be sent to each registrant before SWIM. **Attendance is required:** Monday – Wednesday, 10AM – Noon; Monday and Tuesday 2PM – 5PM; Friday 6PM – 9PM

302 Mugbook [limit 5]

Our first meeting will be a 1PM Monday to plan and get started with candid photos—bring a camera! Tuesday and Wednesday we'll work on the mugbook from 1PM – 3PM. Thursday is our all-nighter after Evenings at the Rec, 1AM – 6AM: *Music! Goodies! More!*Free. Monday, Tuesday, Wednesday, Thursday *various times*

323 A Psychology With Soul: A Unitarian Universalist Perspective on Psychosynthesis [no limit]

This workshop which will be presented in two parts, will

introduce UUs to a unique psychological and spiritual approach to life that fits well with our Principles and Purposes while providing the specific spiritual practices that our tradition often seems to lack. The morning segment of the workshop will be an overview of the basic theoretical framework of Psychosynthesis while the afternoon workshop will cover some exercises on disidentification and subpersonality work.

Suggested Reading: There will be no required reading prior to workshop. Handouts and a suggested follow-up bibliography will be provided.

Rev. Gail Tapscott, Minister at the UU Church of Flort Lauderdale, Fl has an M.D. from Harvard Divinity School and an M.A. from St. Johns College in Santa Fe. She is certified as a Psychosynthesis Guide through the Concord Institute of Spiritual Psychology in Concord, MA. She is also certified to run programs in Personal Mythology through The Midway Center for Creative Imagination in Washington, D.C.

Fee: \$25 for both sessions, \$15 for one.

Tuesday 10AM - 12 Noon & 2PM - 4PM

354 happyfeet [no limit]

Again we gather under the trees of south Florida for our ancient yearend custom of foot bathing, massage, and toenail adornment. For the last time of the century—come be happy and wash feet. *Bring your* own towel, bring chairs or blankets, bring a friend, bring feet. rebecca moon is a healer who believes that we all have the power to heal, and knows the answer to all our problems is love.

Fee: \$2. Last day of the century (Friday) 10AM – 4PM

355 Decorating for New Year's Eve [no limit]

By Friday, many of us will be ready for a little laid-back, self-fulfilling creativity. Nancy can use your help to transform our modest dining hall into a magical nightclub for our grand finale, the New Year's Eve Party. You can drop in and out all day. *Nancy McDermott loves decorating for a good party. She manages to come up with ideas every year. In real life she is an R.N.*Free. Thursday all day, whenever you can!

Evening Workshops

401 Dancing, Dancing [no limit]

Learn the basics and a few fancy steps so that you, too, can be a part of the dance crowd. Monday is Folk Dance. Tuesday is Swing Dancing. Wednesday is Ballroom Dancing. *Instructor TBA*. **Free.** Monday, Tuesday, Wednesday 8:15PM – 9PM



Outdoor Adventures

Outdoor Adventures

We have planned many exciting things for our community to do in the greater Miami area, which includes Everglades National Park, the upper Florida Keys, and Biscayne Bay. Some of these trips are quite adventurous while others are quite tame—be sure you read the descriptions carefully to be certain the trip matches your abilities. Some of our trips require advance reservations, and others may fill because of their tremendous popularity. You should register early for your Outdoor Adventures to ensure that you have a place and that they are not canceled. You may add a trip any time the Outdoor Adventures staff is working (not in the shower or at dinner!) up to the time the trip leaves.

We will be in South Florida in December—this means that the weather will be either wet or dry and the temperatures will probably be somewhere between 32° and 90°. We expect sunshine in the 70's, but we can't promise. So you should bring clothing which can be layered for warmth and for protection from wind and rain if necessary, and which can be shed as the temperature and your physical efforts increase.

Most trips will require shoes. For most hiking and water adventures you should wear shoes that don't mind getting wet. Flip-flops and loose sandals may be great for the beach, but they are dangerous when they are worn on a swamp walk. Sturdy shoes are needed for hiking! Swamp walks are nicer when you have shoes with treads that can be wet.

With the exception of trips that specify that you must bring money for meals, any adventure that extends over meal times at Owaissa Bauer will include culinary delights packed by our excellent kitchen staff.

We rent vans which are used by our entire community for their programs. Outdoor Adventures uses these when they are available, but many of our trips must carpool. We need volunteers to drive on those trips! Yes, you are on vacation, but so are we, and when we ask you to drive we hope you will volunteer for the good of SWIM. Volunteer drivers in carpools must refrain from the use of alcohol and must provide their license number and car insurance company. We are happy to reimburse these volunteer carpool drivers with the amount in the trip fee allocated to transportation multiplied by the number of persons carried.

Outdoor adventures leave on time! Come to the front of the dining hall about 10 minutes before your trip is scheduled to leave with all required clothing, equipment and any extras you may find useful. Once we have counted heads, written checks for outfitters, and given away space in the vehicles, your chance to go is over!

Children are welcome on many of our trips. Age restrictions are included in the trip descriptions. If you are leaving children at camp, they must be under the care of a responsible adult. If your trip will extend beyond the times for youth programming you must make

arrangements for their care and supervision. If you have questions or concerns, contact Kathy Murphy or Coleen Murphy.

Trip numbers indicate the day of the trip.500's are the 26th/Monday, 600's are the 27th/Tuesday, 700's are the 28th/Wednesday, 800's are the 29th/Thursday, and 900's are New Year's Eve.

Monday December 27th, All Day

531 Day Sail on Biscayne Bay—Clothed [limit 20]

Sail the warm, protected waters of Biscayne Bay on large (30' – 45') sailboats with experienced captains. Lie back and enjoy the sun or try your hand at the wheel and trimming the sails. We will anchor for lunch and a swimming break. This trip is "Clothed"; 631 on Tuesday will be "Clothing optional." We will stop for beer, wine, soft drinks and munchies on the way to the docks.

Fee: \$30. Monday, 8:30AM – 5PM Bring snack \$\$. Lunch provided

Monday December 27th, Morning

511 Owaissa Bauer Walk [no limit]

At SWIM, there is a lot to see in our own back yard! A naturalist will take us on a trek through the tropical hardwood hammock, the pinelands, the poisonwood, and the "solution holes" or "bear caves" on the camp property. You'll be amazed at the incredible diversity of plant life that thrives in our corner of S. Florida.

Fee \$3. Monday 8:15AM - 10AM Great Family Trip

512 Black Point Walk [no limit]

Join **Bob Merkel** on his favorite walk: way out to the end of the jetty where fish jump, birds play, and sea creatures feed in the shallows at low tide. Your shoes will get wet; if it's warm we can snorkel a bit too. **Fee \$3.** Monday 7:30AM – 12:30PM

513 Airboat Ride [limit 16]

A special opportunity to photograph otherwise inaccessible parts of the everglades. This airboat ride led by a Miccosukee indian guide will go through areas of glades, hammocks and cypress full of birds, alligators and other wildlife. *Caution: wind may make contact lenses uncomfortable.*

Fee \$15. Monday 8:30AM - 1:30PM Lunch provided

Monday December 27th, Afternoon

521 Everglades Tram Tour [limit 16]

A tram will take you on a narrated tour through the Everglades. You'll see typical plants and wildlife, which will be explained to you on the meander through Florida's beauty. The destination of the tour is a 65' observation tower, which allows you to see miles of the sea of grass. Bring insect repellent, binoculars, panoramic cameras.

Fee \$15. Monday 1:30PM - 5PM

Outdoor Adventures

522 Fruit & Spice Park [no limit]

See 200 species of tropical fruits and spices, including carambola, loquat, tamarind, various citrus fruits, bananas, ponderosa lemons, etc. Pick your own tasting samples. In the small store you can buy exotic fruits in jars, canned or dried; they make great gifts.

Fee \$4. Monday 1PM – 4PM *Great Family Trip*

Tuesday December 28th, All Day

631 Day Sail on Biscayne Bay II—Clothing Optional [limit 20] Sail the warm, protected waters of Biscayne Bay on large (30' – 45') sailboats with experienced captains. Lie back and enjoy the sun or try your hand at the wheel and trimming the sails. We will anchor for lunch and a swimming break. This trip is "Clothing optional"; 531 on Monday will be "Clothed." We will stop for beer, wine, soft drinks and munchies on the way to the docks.

Fee \$30. Tuesday 8:30AM – 5PM Bring snacks \$\$. Lunch provided.

632 Florida Trail Hike [limit 12]

The Florida Trail in the Big Cypress National Preserve is fantastic! It is home to cypress trees (of course), bromeliads, orchids, snakes, etc. Resident naturalist and past SWIM director **Bob Merkel** will lead the hike. Wear shoes that don't mind water.

Fee \$6. Tuesday 8:30AM - 4:30PM Lunch provided

633 Art Deco Tour [limit 12]

Miami Beach's Art Deco District is a major attraction. Over 800 buildings in the 1930's style of strong lines, porthole windows, lots of chrome and etched glass and pastel paint jobs. Our guided walking tour of the district will lead to a leisurely restaurant lunch—bring \$\$. After lunch, free time to explore on your own, go to the beach, nearby Wolfsonian Museum, shopping.

Fee \$11. Tuesday 8:30AM – 5PM

Tuesday December 28th, Morning

611 Shark Valley Bike [limit 16]

Bike on a paved trail (15 miles round trip) to an observation tower in the scenic heart of the Everglades. Learn South Florida geography, birds, wildlife. Bring camera and day pack if possible. If you don't have a bike, you can rent one for approximately 3 hrs at \$4.50/hr—not included in fee. Helmet required.

Fee \$5. Tuesday 7:30AM - 1:45AM Lunch provided

Tuesday December 28th, Afternoon

622 Snorkeling [limit16]

On this exclusive snorkeling trip, enjoy the undersea habitat of many different species without having to be certified in anything. All equipment is included in the price.

Fee \$35. Tuesday Noon – 5PM *Bring waterproof sunscreen.*

621 Biscayne Bay Canoe [limit 16]

The bay edge mangrove labyrinths are havens for fish and waterbirds. Depending on wind and tide we may visit Chicken Key (a 7-acre island in the bay), fantastic lagoons, or the Deering Estate; or maybe glide past Burger King World HQ (no kidding!).

Fee \$20. Tuesday Noon – 5PM

623 North Key Largo Botanical Preserve [limit 20]

Have you ever wondered what the Keys looked like before the Overseas Highway and railroad? Our trip to North Largo Botanical this will show you. Although the area has been affected by both man and hurricanes, the forest that regenerated is much like what the early Spanish explorers saw and contains many rare plants and animals.

Fee \$4. Tuesday Noon – 5PM *Bring mosquito repellent.*

Tuesday December 28th, Evening

641 Night Sail on Biscayne Bay I [limit 20]

Sailing at night is very different; the sea is black, the stars are bright, the world is quiet. Bring your musical instruments and strong voices and we'll fill the air with sing-alongs, storytelling and laughter. We'll be aboard comfortable (30' – 45') sailboats with experienced captains. Munchies stop on the way to the docks. **Fee \$27.** Tuesday 6PM – Midnight *Bring \$\$ for snacks*.

Wednesday December 29th, Morning

711 Archery [no limit]

Calling all Robin Hoods! Walk next door to the home of the Everglades Archery Club and spend the morning being instructed by the enthusiastic members. This is a bull's-eye of fun!

Fee \$10. Wednesday 8AM - 12PM

712 Steamboat Creek Canoe [limit 16]

Canoe trip through winding creeks in the mangrove forest between Card & Barnes Sound. Lots of wildlife! *Bring wettable shoes, sunscreen, mosquito repellent.*

Fee \$20. Wednesday 8AM - 12:15PM

714 Local Bike Tour [no limit]

Semi-self-guided tour from Camp Owaissa Bauer heading first to Knaus Berry Farm, the German Baptist bakery and market. (Try their cinnamon buns or maybe a strawberry shake.) Continue to the Fruit and Spice Park. You supply the bike or maybe you can borrow one from a friend at camp! *Bicycle helmet required*.

Fee \$1. Wednesday 8AM - 11AM Great Family Trip

Wednesday December 29th, Afternoon

721 Indian Key Canoe [limit 16]

Indian Key is a State Historical site and holds remnants of it's

Outdoor Adventures

turbulent past history. It is the site of numerous wrecks, Indian battles, and pirate hideaways. It was also the Dade county seat in the 1830s! On the one mile paddle over you are likely to see starfish, stingrays, and small sharks. Bring wettable shoes, sunscreen, mosquito repellent, snorkel equipment (if possible) and a change of clothes. This is one of Mark's favorite places.

Fee \$20. Wednesday 12:15PM – 6PM

722 Sea Kayak to Indian Key [limit 10]

See description above about Indian Key. Kayaking instruction will be provided. Wear bathing suit. Bring wettable shoes, sunscreen, mosquito repellent and change of clothes.

Fee \$35. Wednesday 12:15PM – 6PM

723 Touring the Taps [limit 14]

Taste and compare a wide variety of fresh ales and lagers, led by Jon Hoskin, veteran beer tasting maven. *Bring \$* for beer. Trip will cover micro breweries from Palm Beach to Miami. A stone sober designated driver will go with us to drive. Fee covers cost of transportation only. *Suggested Reading:* http://www.clemson.edu/~hoskin/beer.htm

Fee \$10. Wednesday 1:30PM – 6PM

Thursday December 30th, All Day

831 Flamingo Canoe [limit 16]

From Flamingo you may go east into Snake Bight, beloved of fisherman and bird watchers, or out into Florida Bay with a stop at Bradley Key, named in honor of an Audubon warden murdered some 100 years ago. Who knows what wonders or ghosts may turn up? Each trip is different. *Bring wettable shoes, sunscreen, bug repellent.*

Fee \$30. Thursday 7:30AM – 3PM Lunch provided

832 Evergaldes Boat Tour [limit 16]

This boat tour will take you out to the Ten Thousand Islands, where you may see ospreys, pelicans, manatees, or even dolphins. Boat captains are knowledgeable enough to name all wildlife and describe some natural history. These boats can accommodate wheelchairs and folks tired of all the canoe trips.

Fee \$16. Thursday 8AM – 2PM

Thursday December 30th, Morning

811 Wildlife Rehabilitation Center [limit 16]

The WRC is dedicated to the care, medical needs, and housing of abused and injured animals. It specializes in large felines and houses more than 15 cougars and many smaller animals. Staff will introduce you to some of the animals and explain about how they got there and how they are rehabilitated. Our fee includes a donation to the WRC.

Fee \$6. Thursday 8AM – Noon Family

812 Dolphin Swim [limit 16]

Dolphins Plus in the Keys has a program in which you are given a show about dolphins, then some instruction about what to do in the water with them and how to play with them. Then you are given a half hour in deep water to dive and play with real dolphins. (There is no guarantee the dolphins will play with you.) Masks and snorkels are provided. *Children must be accompanied by their guardians and no pregnant women are allowed.*

Fee \$100. Thursday 7AM – Noon

813 Nature's Cathedral [limit 20]

Hike through sawgrass into a cypress dome with water to your hips. (Recommended: wettable long pants, shirt, old sneakers, change of clothes.) See ferns and orchids in the most beautiful part of the Everglades. You'll forget you're wet when you are with leader Chuck Harty in this cathedral of nature. *Lunch provided*. **Fee \$6.** Thursday 8AM — Noon

Thursday December 30th, Afternoon

ALL-CAMP MARDI GRAS FEST

On Thursday, December 30th, we will gather for an afternoon of intergenerational food, fun & frolic as we make a name for ourselves as the only people stubborn enough to celebrate Fat Tuesday on a Thursday...in December! There will be games, there will be booths, there will be music, and yes, there will be FOOD. Just ask anyone who attended last year's festivities about the Muffaletta sandwiches! Workshops and trips will be scheduled to avoid conflicting with our all-camp bash, which will end with a spectacular Cajun feast on the lawn. No need to register for this event.

Friday December 31st, All Day

931 Barnacle/Coconut Grove Lunch/Sun & Soak [limit 16] Spend the morning at the Coconut Grove's historic Barnacle, a beautiful 1870's pioneer house on the bay. Eat lunch at one of the Grove's trendy cafés; we recommend Scottie's. Then end the day with a trip to beautiful Crandon beach and enjoy one of Florida's most peaceful spots. Bring both street and beach clothes, as well as money for lunch.

Free. Friday 9AM – 5PM Great Family Trip

932 Deering Estate Tour [no limit]

See, enjoy, and learn about this exquisite 420-acre environmental, archaeological, historical, and architectural preserve on South Biscayne Bay. SWIM old-timer Bob Merkel works there and will be your guide. Lunch provided—at the Royal Palm grove.

Fee \$15. Friday 9:30AM – 2PM Lunch provided

Outdoor Adventures & Contact Info



933 Nine Mile Pond Canoe [limit 16]

A great trip for the not-too-experienced canoeist, although ingenuity and resourcefulness may be required. Some paddling instruction will be included at the start. Nine-Mile Pond itself is an excellent spot for alligators and bird life. Beyond, the trail twists and turns through a maze of mangrove clumps in the sawgrass glades...definitely not your ordinary trail. *Bring wettable shoes, sunscreen, mosquito repellent.*

Fee \$20. Friday 7:30AM - 2PM Lunch provided

Friday December 31st, Morning

911 Long Pine Key Hike [limit 20]

Hike in the Everglades on an interpretive tour with Ernie Wilson, SWIM's favorite botanist. The 4 mile hike will be on hard road, the Old Ingraham Highway research road.

Fee \$6. Friday 7:30AM – Noon

Friday December 31st, Afternoon

921 Plain Old Beach Trip [limit 16]

Crandon is one of Florida's most natural beaches. Just bring a suit, towel, sunscreen and a book to relax and enjoy.

Fee \$5. Friday Noon – 5PM

922 Venetian Pool [limit 16]

This historic landmark in Miami's Coral Gables is full of pools with 82,000 gallons of fresh spring water that stays 76°–78° year round. Explore caves and waterfalls in this outdoor lagoon. Depth ranges from 2-8 feet. Children are welcome. *Bring swimsuits and sunscreen.*

Fee: 12 and older \$8, under 12 years \$5. Friday Noon – 5PM

923 Hot Tubbing [no limit]

Our most popular trip! We will return again to Magic Waters, a lavish and immaculately maintained hot tub center. Tub rooms accommodate 6-8 people; the "executive" tub holds 12 and has a sauna adjacent. Magic Waters provides towels, cool showers, hair dryers and stereo music. No glass containers, soap, shampoo or oils allowed. Bathing suits optional and unlikely. Minimum age 18. **Fee \$20.** Friday Noon – 5PM *Bring \$\$ for snacks*

Contacts for SWIM

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Kathy Murphy Youth Programs

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Vonnie Hicks Car Pool Coordinator

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Mary Ann Somerville SWIM Store

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Dee Medley Director Elect

564 Martin Lane Augusta, GA 30909 (706) 667-4481 *or* (706) 737-3947 dmedley@knology.net

You can now find this brochure online plus updated information at www.swimuu.org







3047 Garfield Street, Hollywood, FL 33021



Find out more at our new website:

www.swimuu.org

The address is 17001 SW 264 St., Homestead, FL and the phone number is (305) 247-9957. This pay phone number is used for brief incoming calls for all participants, so you might not get through the first time.

By car:

Unless you live in the Florida Keys you will be driving south! SWIM is south of Miami in Homestead. Take I-95 south, drive west and then south on SR 826. You can either take SR 826 to the end, exiting on US1, or take 874 to the Florida Turnpike Extension SR 821.

If you take I-75, you will probably want to take the Florida Turnpike south, following the orange sun signs toward Key West. Finish your trip following the directions below for the turnpike.

From US1, turn right on 264 St. (Bauer Dr.) to Camp Owaissa Bauer, on the right just past 167 Ave. (Tennessee Rd.)

From the Florida Turnpike, take Tallahassee (SW 137 Ave.) north. Turn left (west) on 264 St. (Bauer Dr.) Turn right into Owaissa Bauer, just past 167 Ave. (Tennessee Rd.)

By air:

You should fly into Miami International Airport. Supershuttle service from the airport to camp or to the church is available. Call 305-871-2000 to check

prices and to make arrangements.

SWIM provides limited transportation to camp—on December 26th only—using our rented vans. You must call ahead to make arrangements for this; we send the vans only if we know someone is waiting for them. The pickup times are Noon and 4PM on December 26th. Meet the SWIM van at the end of the Concourse H area. This is in the Delta and USAir departure area upstairs, not on the baggage claim level. If you need this service, please be certain to fill in the appropriate area on the registration form.

On New Year's morning we must return our rented vans, so we combine this with the need for some participants to get to the airport. We will send vans to the airport at 9AM and again at Noon. If you can drive one of these vans for us please volunteer as a driver on your registration form.

