



# It's About Everyone!



**SWIM 2018**  
December 26 - January 1  
[SWIMUU.ORG](http://SWIMUU.ORG)  
Lake Placid, Florida



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**There are likely to be changes and updates between now and December 26. Please be sure to check the website and our Facebook page for current information.**

[swimuu.org](http://swimuu.org)

[Facebook.com](https://www.facebook.com) (search for SWIM page)

### **SWIM's MISSION**

Southeast Winter Institute in Mid-Florida is a one-week Unitarian Universalist intentional community, which provides religious, inspirational, educational growth oriented programming. SWIM was founded, and continues, to celebrate the spirit, to promote community, and to nurture connections among people of diverse ages, backgrounds, abilities, and interests. In so doing, SWIM strives to promote our Unitarian Universalist principles.

### **SWIM's VISION**

SWIM is a gathering to form an intergenerational intentional community based on Unitarian Universalist principles and values. It nurtures open communication, inclusiveness, spirituality, and growth. It is an inspirational and safe place to play, grow, and take risks in a supportive environment, encouraging self-awareness and personal responsibility unhindered by limiting societal expectations.

SWIM is an all-volunteer organization of participants who are enthusiastic, talented, diverse, and committed to creating a joyous experience.

SWIM celebrates diversity both within and outside our community and expects all participants to demonstrate personal responsibility and respect for self and others as well as our environment.

SWIM offers a myriad of experiences and opportunities that are challenging and nourishing to mind, body, and soul. Some of our activities are workshops, trips, worship, art, dance, music, campfire, and athletics.

### **DIRECTOR'S MESSAGE**



SWIM for many can be exactly the break needed to relax in the warmth of Florida in the winter while most of the rest of the country has to deal with cold winter weather. Having the location of Lake Placid being slightly further north and not as close to the ocean compared to five years ago means we can remain at this location regardless of the impact of global warming. For new SWIMmers, make sure you read the information provided about our location at Cloverleaf 4H camp. Various options include RVs and tenting instead of the slightly rustic accommodations.

Of course, between the relaxing and catching up on SWIM family news is a variety of activities which might impinge on your rest. We are located lakeside and you should plan to incorporate that into your activities, even if it's sitting in the shade on the dock.

There are naturally active workshops oriented to enjoying the nature of a semitropical location. Workshops also include options that are more cerebrally demanding or perhaps just Bocce. There are local sites, if your interest goes in that direction. Our Artist in Residence is the returning Friction Farm, which will entertain you in a concert or workshop and probably poke your brain in their book discussion group. Jone Lewis is our returning minister from the Bronx, NY, who provides short services and a workshop. Our wonderful Culinary crew from last year will again be enticing your gastronomical needs.

Welcome to SWIM where I expect everyone to have a wonderful time from Opening Circle to the Gala New Year's Eve party. But try to remember, it's important to relax... and I plan to try that some year.

Jon Hoskin  
SWIM Director 2018

**PRESIDENT'S MESSAGE**  
Mindy Simmons, President



Hi Everyone,

It has been my pleasure and privilege to serve as the Board President for SWIM these past three years. We are working once again to recreate the 'village' of like-minded folks who come together each year for fun and relaxed community in the warm Florida weather, Dec 26th through New Year's Eve.

Join us for great meals and conversation in the dining hall. Song circles around the evening camp fires. Workshops, games and puzzles. Lawn games in the afternoons. Canoeing and Kayaking on the lake. Evening worship services. Tours at the local attractions. And if you have a hankering, a day at the beach over in Sarasota.

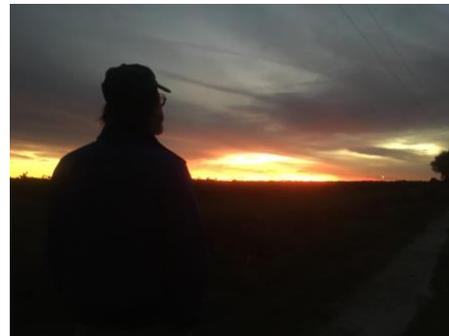
Come join us! We'll be there to greet you!  
Mindy Simmons, SWIM President

**LOCATION**

We will again be at Cloverleaf 4 H Camp in Lake Placid, Florida.  
Cloverleaf is a picturesque and welcoming location.  
[http://florida4h.org/camps/\\_cloverleaf/](http://florida4h.org/camps/_cloverleaf/)  
Cloverleaf 4 H Camp, 126 Cloverleaf Rd, Lake Placid, FL 33852



The camp is on beautiful Lake Frances, equipped with canoes and kayaks as well as a fire circle near the lake. Cabins are small and cozy; there are hook ups and a dump station for RVs (limited RV spaces assigned on the basis of registration date). Tent sites abound (no electricity or water) on grassy spots near cabins and bathhouses. There's an auditorium in addition to the comfortable, multipurpose dining hall.



Wi-Fi in the dining hall, fishing from the dock, swimming, kayaking and canoeing! What a camp! (BYO fishing equipment and license.

<http://myfwc.com/license/recreational/freshwater-fishing/>)

Camp rules prohibit swimming/wading in the lake without a **lifeguard** present. A note of caution: Since we are on a lake, let's us all, please, be mindful of safety precautions, particularly regarding our children.

Lake Placid <http://www.lpfla.com/> in southwest central Florida, boasts 27 lakes in the area, a clown school, numerous murals depicting local history and wildlife. Near-by Highland Hammock State Park has hiking trails and a tram ride (also camping, in case you're arriving early or staying after). Archbold Biological Station is a center for research on wildlife and the environment. And there are thrifts shops on nearly every block.

**The only pets allowed at camp are service animals.** However, there is a very nice kennel quite close to camp. If you're interested, contact <http://dawghouseressort.net>. They have roomy accommodations and caring personnel. Reserve early.

### ACCESSIBILITY

All of Cloverleaf's buildings are accessible. There is a paved walkway from the dining hall past the cabins and bathhouses to the lakefront. While the camp is totally accessible, some trips may not be.

### WEATHER INFORMATION

If you think Florida means shorts and tank tops year 'round, you might want to think again! Lake Placid is about 150 miles north of Miami, so it may be a bit cooler. Weather in Florida in December varies considerably, so we can never be sure what to expect. Prepare for both warm (75-80•) and cool (down as low as 45• and on *rare* occasions even lower). Be sure to bring long pants, a jacket, and a blanket with your bedding, and hope that you don't need them!

### BOARD OF TRUSTEES

SWIM By-Laws provide for a Board of Trustees, as pictured here. As always, there will be an election for new board members. **Nominations for board members are due to the secretary by noon on Day 2**, and the election will be held on Day 4. Board members are compensated for their hard work only through our appreciation and their love of SWIM!



Mindy Simmons  
President



Jon Hoskin  
Director



Jerry Elsenrath



Carolyn Baker  
Sect.



Nancy Applegate  
Director Emerita



Doug Hughes  
Treasurer



Trevor Juul

### STAFF

Staff members do not receive remuneration for their efforts other than some reduction in SWIM expenses (except that the head cook receives an honorarium which is never enough!). SWIM is our labor of love, and our goal is to help us all on the way to finding joy and meaning in life.



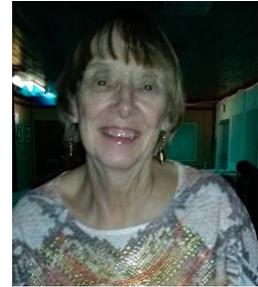
Jon Hoskin  
Director



Jerry Elsenrath  
Registrar/Car Pool/  
Lodging



Dan Resler  
Registrar/SOAR  
Guru



Paula Heusinkveld  
Workshops/Store



Mindy Simmons  
Serendipity/Evening Events



Fred Sidl  
Assistant



Ernie Wilson  
Trips



Marc Robinson  
Off Site



Russell Patterson  
Transportation



Terry Schneider  
Gofer



Mary Ann Somerville  
Ms. Info, Catalog



Marty Beech  
Community Ass't



Stephanie Lowenhaupt  
Community Time



Richard Lewis & Lisa Kolk  
Culinary Team

***PICTURE YOURSELF HERE!***

There are a few staff positions still available, so, if you are interested, please contact Jon Hoskin at [director@swimuu.org](mailto:director@swimuu.org)

**SPECIAL STAFF MEMBERS**

This year we are fortunate to have as **Artists in Residence** the modern-folk duo **Friction Farm**, who so captivated us last year! Known to SUUSI and The Mountain goers, Friction Farm is a husband and wife team of traveling troubadours. Aidan Quinn and Christine Stay combine storytelling, social commentary and humor to create songs of everyday life, local heroes, and quirky observations. They have a big garden and a small orchard at the sustainable home they designed and built. Despite a busy international touring schedule, they make time to visit peculiar roadside attractions. They have been Kerrville New Folk finalists, Falcon Ridge Emerging Artists, and South Florida Folk Festival Songwriter winners. From ballads to anthems, each song is filled with harmony and hope. [Friction Farm](#)

## Friction Farm



## SWIM Chaplain

### Jone Johnson Lewis



Another retunee from last year, Jone Johnson Lewis, will again serve as chaplain. Jone is a clergy member in both the UU church and the Ethical Culture Society, a writer and teacher, focusing on topics related to an ethical journey, a more humane world, women's history and more. She provides counseling and consultation for both Ethical Humanist and UU groups. She is a former minister of the Berrien (Michigan) UU Fellowship.

Jone has a B.A. in Management from Mundelein College, and a M.Div. from Meadville/Lombard Theological School, where she studied humanism, social reform, the Transcendentalists (Emerson, Thoreau, Fuller etc.) and the history of women in the world's religions.

Her experience includes serving as an adjunct faculty member at Meadville/Lombard Theological School, as a faculty member of the Humanist Institute, and as a training instructor and executive in the private sector. She taught about women in liberal religious history. She has participated in the women's movement and other social justice movements since the late 1960s.

[Jone Johnson Lewis](#)

## FAMILIES, CHILDREN, TEENS

SWIM prides itself in being an intergenerational camp. Where some camps are intergenerational only in that they have separate programs for all ages - age groups which are each separate from one another, SWIM has people of all ages spending time together. Many of the on-site workshops and on and off site trips are open to all ages, though often with the requirement that young people must be accompanied by an adult.



Programming for children and teens will depend on the number of children and teens who register for SWIM. Register your children and teens, and we'll provide programming for them, but if none, or very few are registered, we'll take a more informal approach. Although there may be no formal Children's Program and Teen Program this year, Elizabeth Norval, a retired elementary school teacher who has spent many years on Children's Staff at SWIM and who did the children's music program at SUUSI this year, will be on hand to lead a Children's Program if we have enough children or to interact with children, teens, and their parents and guardians and to work with them to plan possible activities and trips for them. Register early with your children and teens so that we can plan the most appropriate option for them.

There will be a **mandatory** meeting with Elizabeth for all parents/guardians of **children** at 7:00 on Registration Day in the Craft Building. The purposes of the meeting are to

- Get to know one another, as we're all involved with children and seeing to it that our children have a fun and safe time at SWIM, and that we, too, will be able to enjoy what SWIM has to offer.
- To do some general planning for activities on and off site for children.
- To learn the rules and policies regarding children, such as:
  - Parents/guardians must know the whereabouts of their children at all times.

- Parents/guardians are encouraged to share supervisory time, so that the adults can enjoy kid-free time for parts of SWIM.
- Florida state law requires that parents provide car seats for children three and under.
- Sturdy shoes are a must for the safety of our children, and play clothes that can get dirty will give them freedom and comfort to enjoy the activities.
- Lake fun **only** when lifeguard is on duty.

During this meeting, parents/guardians are strongly encouraged to create a schedule of shared child care. An adult must be responsible for each child at all times, though it need not be that child's parent/guardian. Ideally, the adults can create a schedule at this meeting of who will be responsible for whom at what times during the week.

Families with children are housed in the same area, whether in cabins or your own tents. This arrangement makes it convenient to manage bedtimes, share and coordinate late-night child-care, and possibly hire care during times when parents are not able to be present outside of the program schedule.

Grownups: this is your opportunity to take care of yourself by sharing child care with others!



**Teen care** is a bit trickier than child care, but still a necessity. Parents/guardians of teens **and their teens** are required to attend a meeting with Elizabeth at 9:00 in the Craft Building.

The purposes of this meeting are essentially the same as those for the children's meeting. Teens, of course, are more independent, yet still in need of supervision while at SWIM. A parent or guardian or shared care adult must be aware of where the teen is, both on and off site. Planning of activities and possible trips for teens will also be a part of this meeting.

## GUARDIANS

If you chose to become a temporary guardian for any minor attending SWIM without a parent, we certainly appreciate your assistance to the SWIM Community and to that young person; however, you are also assuming responsibility for this minor. In awareness of this responsibility you should:

Limit the number of youth/teens for whom you are responsible.

Stay in touch with your charge/s each day during the week.

Attend any meetings pertinent to your charge/s and their activities.

Know where they are and let them know where you will be.

Exchange cell phone numbers for use at SWIM.

Have detailed contact information for the parents or legal guardians for yourself and available to SWIM in case contact with them is necessary.

Be aware that should illness, injury, or behavior require removal of your charge from SWIM, YOU MAY BE REQUIRED to accompany them back to their parents or guardians.

**Young adult programming at SWIM** is self-organized and determined by participants at the outset of the week. Those interested in participating in YA programming should meet in the Craft Building at 10 p.m. on Registration Day. We'll get to know one another and plan our SWIM!

Not sure if you qualify as a YA? Well, it's a challenging question. If you get lumped in with "Millennials" (whether you really are one or not), you're probably a YA for our purposes.

Some possible activities include: Midnight kayaking on the camp's lake; Karaoke at a nearby watering hole; Go-Kart racing; Moonlight Grill; and Thrifting. Got more ideas? Email [youngadults@swimuu.org](mailto:youngadults@swimuu.org) with your suggestions, and we'll see you in December!

## COMMUNITY ASSISTANTS NEEDED



Part of being in Community involves a willingness to assist within that Community as needed. To keep our Community running smoothly, all SWIM participants are expected to contribute to our welfare through being responsible for a community assistant task at least one time during the week. We will need three assistants in the dining hall for each meal, to help with set up, serving, and clean up. We also need at least two assistants each night to help with evening events. In addition, we need daily Karma Monitors (to clean bathhouses!) Be sure to sign up when you register and indicate which day and task you want to do. Other volunteer opportunities may come up. Just ask!  
[comast@swimuu.org](mailto:comast@swimuu.org)

## SWIM NUUS

Each day at breakfast you will be greeted with a brand-new edition of the SWIM NUUS—on paper and online, full of schedules, reminders, human interest stories and humor - but only if you put it there! The first edition will be the Confirmation NUUS in your e-mail confirmation packet. We will collect all NUUS contributions at camp each evening by 9:00 pm. [NUUS@swimuu.org](mailto:NUUS@swimuu.org)  
On Day 3, we feature the views of candidates for the SWIM board.

## STORE

Attention SWIM Shoppers: The SWIM Store will be located in the auditorium and open 24/7, on the honor system.  
SWIM 2017 t-shirts will be available in limited quantities. Please **pre-order** your SWIM wear when you register to guarantee availability.  
Books, music, and handcrafts from SWIM artists will also be available at the store.  
SWIM receives 20% of all sales for scholarships.

## MUGBOOK

All participants will receive an electronic copy of the SWIM Mugbook at no extra cost. You'll have pictures and contact information at your fingertips so you can keep in touch all year – or visit with SWIM friends while traveling. Don't forget to stop at the mugging station during Registration so we can take your picture. Your Mugbook will be sent to your email address soon after SWIM.

*Note: We do **not** share this information online nor outside the UU community. To protect the rights of SWIMmers, you are not allowed to share the Mugbook.*

## SCHEDULES

### Registration Day Schedule ~ December 26

- 10:00 – 2:00 Staff Only for moving in prior to Set-up
- 1:00 Staff Meeting
- 1:30 Staff Registration
- 2:00 – 4:00 Arrive, Register, Move In
- 5:00 - 5:30 Ingathering: Meet Each Other and Share Important Information
- 6:00 – 7:00 Dinner
- 7:00 – 7:30 Children’s Orientation with Parents / Guardians! Required!
- 7:45– 8:30 Welcome WORSHIP Service
- 9:30 – 10:00 Orientation, Teens & Parents / Guardians! Required!
- 9:00 – 11:30 Campfire
- 10:00 YA’s ‘organize’!
- 10:00-12:00 Serendipity
- 9:00 – 1:00 Games and Hanging Out Together

### SWIM Daily Schedule

*All meals will be in the Dining Hall. Other large group activities will be in the Auditorium or outside.*

- 7:30 –Yoga Meetup
- 7:15 – One Mile Walk
- 7:45 – 8:45 Breakfast / NUUS Distribution
- 9:00 - 9:15 Opening Circle



10:00 – 12:00 Morning Workshops

12:00 – 1:00 Lunch



1:30 -- 3:30 Open Swim

2:00 – 4:00 Afternoon Workshops

When lifeguard is present

4:00 – 5:30 Daily Community Time – games, music, several Meetups, and general fun!  
 4:30 – 5:30 SWIM’s Lakeside Cocktail Hour  
 5:30 – 6:30 Dinner  
 7:00 – 7:45 Worship  
 7:45-8:45 ~ Day 2 Community Meeting  
 9:00-10:00 ~ Day 2 Star Gazing  
 8:00-9:00 ~ Day 3 Auction  
 8:00 – 9:00 ~ Day 4 Coffeehouse  
 9:00 – 10:00 Campfire Music (most evenings)  
 9:00 NUUS Deadline  
 10:00 – 12:00 Days 1 & 2 (and other days after events) Serendipity and Games  
 10:00-2:00 ~Day 5 NYE Extravaganza

\*\*\*Trip times vary. Check Catalog, Information Table, or White Board for departure times.\*\*\*

**Schedule for January 1**

Annual Meeting of the Board 12:30 – 12:55 am (yep-am!)  
 8 am – 9 am Out of the Tents & Cabins! Camp Clean Up!  
 9:15 – 9:30 Closing Circle!  
 11:30 On your way! Have a safe trip home.  
 We’ll see you next year at SWIM!



**NEW THIS YEAR!!!**

We will have the option of staying at Cloverleaf Camp for **one more day!** Are you likely to party hardy on NYE? Relax! You can sleep in—or go back to bed for a nap after we have our Closing Circle. Have a leisurely day. No planned program or on site meals, just hang out and chill with friends. See details in Costs section of this catalog.

**DAILY EVENTS**

In addition to the lists of Workshops, Trips and Activities in later sections of the catalog, and the various activities identified above, we have a number of daily events at SWIM.

**Opening Circle 9:00-9:15**

Our days begin with this brief time to come together and share a moment of inspiration, reconnect with the beauty of our natural setting and with each other, sing a song or two, and hear the announcements of the day.



**Community Time 4:00-5** Late afternoon we'll gather for informal intergenerational fun with games, music, athletic events, meet ups and more!

### **Worship**

Registration Day: 7:45 – 8:30 Welcoming Service led by director, Jon Hoskin, and friends.

Daily Worship, 7:00 – 7:45 pm, led by our Chaplain, SWIM staff, and others. Evening worship presents an opportunity for our entire community to draw together and focus on the spiritual elements of being at camp together. [chaplain@swimuu.org](mailto:chaplain@swimuu.org)



**Campfire 9-10 (Day 2, after Star Gazing)** is a big favorite each night, except when Coffee House and Auction occur on Days 3 & 4. Bring your instruments, including voices and clapping hands. A great time to gather a group to perform at Coffee House.

**Board/Table Games 9-12:30** This year we're putting out more games and puzzles to enjoy each evening. There will be some enticing games of Bananagrams and bridge along with puzzles and board games. If you have favorites, please bring them to share.



**Serendipity 9-12** For those more interested in music and dancing than in puzzles and games, Serendipity will be happening each evening.

### SINGLEDAY/EVENING EVENTS



**Friction Farm in Concert, Day 1, 8-9**  
Our artists in residence, husband and wife team Aidan Quinn and Christine Stay, will entertain and enlighten us with their music, wit, and insight. This is sure to be a memorable event!

**Community Meeting Day 2, 7:45-8:45.** Having spent three years at Cloverleaf, what's your thinking about this camp? About SWIM in general? What are we doing right, and what needs improvement? How can you get involved with a bigger and better SWIM? This is our annual Town Meeting. Do join us and bring your ideas. Also, it would be great if you'd bring a commitment to make SWIM 2019 even bigger and better.

#### **Star Gazing, Day 2, 9:00 (Rain Day, Day 3, 9:00)**

All week we look around at the beauty that surrounds us at camp. Tonight, we will look up and take in an additional area of beauty. Kye Ewing, an experienced astronomer, will share telescope and information. You are invited to bring your own telescope, if you wish.

**Auction Day 3, 8:00-9:00** 15th Annual Auction. What a fun event this is! You don't need to bid to have a good time, though we welcome your additions to our scholarship fund. Home hospitality across the nation highlights the donations. Musical serenades, breakfast in bed, Sharpie art... You never know what great surprises await you! So think about what **services** (not stuff!) you have to donate, either at SWIM or during the coming year, and tell us about them at Registration or early in the week.



### **Coffeehouse Day 4, 8:00-9:00**

Ahhh.... The amazing talent to be found amongst us! This is your time to share your talent and our time to enjoy the various performances. Please sign up at Registration or at the Information Table. Coffeehouse is for all ages in our intergenerational community. Form groups with fellow SWIMmers or go it on your own. We always look forward to this event.

### **New Year's Eve Gala, Day 5, 10-2**

Decking the hall begins usually on Day 1 and continues all week with special emphasis on Day 5. A host of volunteers magically turns the Auditorium into a glorious ballroom. Some come in fancy dress, some in costumes, and some in shorts and t-shirts. Your call. What's important is that you be there and enjoy our last evening together at SWIM and the last evening of 2018. This will be our big dance party event! At SWIM we always bring in the New Year most joyously with great inspiration and expectation!

## **WORKSHOPS AND ACTIVITIES ON SITE**

Please note that there is **no extra charge** for workshops unless a small materials fee has been added. Workshop attendance is included in the Registration Fee. We try to keep costs for SWIM to a minimum. Nowhere in south central Florida could you experience a week's lodging and meals plus workshops and trips at the rate we offer them at SWIM!

### **Identification Numbers for Workshops**

Workshops and Activities:

The first number indicates the day:

Day 1 – 100s – Day 1, Thursday, Dec. 27

Day 2 – 200s – Day 2, Friday, Dec. 28

Day 3 – 300s – Day 3, Saturday, Dec. 29

Day 4 – 400s – Day 4, Sunday, Dec. 30

Day 5 – 500s – Day 5, Monday, Dec 31

Each workshop has its own unique number in the remaining two digits

Please check <http://www.swimuu.org> for possible changes.

## **WORKSHOPS ~ ACTIVITIES**

We have workshops and activities for you to learn, grow, enjoy, play, and share while you are at SWIM. Adults and Teens are encouraged to sign up for workshops. Many workshops are intended for all ages, including children.

Included in our Workshops offerings are what we call "Meetups" and suggestions for meetups. Meetups are informal, often leaderless activities. Some are planned and

scheduled. In addition, people with a common interest are encouraged to join together to share that interest. It is not necessary to register for meetups and you can move from one to another during the same time frame.

**\*\*\*Please REGISTER for all non-meetup workshops and activities when you register for SWIM!\*\*\***

It is important that leaders know how many participants to expect. Cancellations and changes, if there are any, will be posted as soon as we become aware of them, here, on our website, in the Confirmation NUUS that will accompany your registration acknowledgement, and at the Info. Table at camp.

All of our workshop leaders are volunteers, so SWIM participants can experience fantastic activities at little or no cost. Leaders get lots of appreciation and hugs, and a free SWIM T-shirt.

If you have something you'd like to share next year, please contact our workshop coordinator, [workshops@swimuu.org](mailto:workshops@swimuu.org).

## **Day 1 Thursday December 27**

### **EARLY MORNING**

#### **One-Mile Walk**      Limit: None

Explore Camp Cloverleaf and get some exercise on a morning walk.

7:15 - 8:00 am      All ages

#### **Yoga Meetup**      Limit: None

Gather with like-minded people to practice yoga. Beginners are welcome.

7:30 -8:30 am      All ages

### **MORNING WORKSHOPS 10:00-12:00**

#### **111 Creative Writing**      Limit: 15

Each year **Ellé Long** travels all the way from California to SWIM, bringing new writing prompts and helpful suggestions to this ever-popular workshop. Whether you are an experienced writer or just starting, you will gain new insights and may be amazed at your own creativity. Simply bring a writing utensil, blank paper, and a smile.

10 am -12 noon      Ages: 14+



**112 Basic Kayaking/Canoeing Skills**      Limit: 12

Meet at the lakeside dock at our own Camp Cloverleaf for a morning of kayaking and/or canoeing! Whether you are a beginner or just need to brush up on your skills, you can learn the basics right here. Then paddle out onto Lake Francis, where you can observe aquatic plants and water fowl typical of Florida. **Richard Lewis**, our beloved chef, is a professional kayak instructor and guide, and **Marc Robinson** has long been our canoe leader.

**9 am-11** (So we can get Richard back in the kitchen for lunch!)      Ages: Adults with some swimming ability

**AFTERNOON WORKSHOPS 2:00-4:00**

**131 Make a Beaded Lanyard**      Limit: 12

In just two hours you can weave an attractive beaded lanyard to hold your SWIM name tag, or any other name tag in the future. **Dee Medley** continues to amaze us with her artistic skills and creativity. She is a patient teacher for beginners. Materials fee: \$10.  
2:00-4:00 pm    All ages

**132 Circle Dance Sampler**      No limit

In Circle Dance, with its roots in traditional folk dance, we join hands and move to the rhythms of ancient melodies as well as modern tunes. This class will feature a variety of musical sources and styles, reflecting our UU principles of multicultural and interfaith understanding. All steps are low-impact and easy to learn. No prior experience or partner is necessary. **Judy Robison** has been circle dancing for 15 years, and she currently co-leads a circle dance group that meets twice a month at the UU church in Arlington, VA. She has trained at the source with renowned teachers at Findhorn, Scotland, and her dance experience has taken her to workshops around the US, Mexico, and Greece. After several summers teaching Circle Dance at SUUSI, Judy comes to SWIM this year for the first time.

**COMMUNITY TIME-4:00-5:30**

Later each afternoon, we gather for all kinds of intergenerational fun.

**Sing Along with Mindy Simmons**      No limit

Kid-friendly, family-friendly songs with lyrics provided. Bring your guitars, ukes, banjos, or whatever other instrument you play, as well as your voices and/or listening ear. All ages

**Bocce Ball**      Limit: 16

Bocce ball is a cross between bowling, shuffleboard and croquet. This is an introduction to a game that is fun for all ages. The court will be up all week for you to enjoy. If there is enough interest, we will organize a tournament later in the week. **Carolyn and Steve Baker** enjoy sharing this game with others. Ages: 12+



## Meetups

There are many other possible Meetups, limited only by our imagination: Ping-pong, Scrabble, Bridge, Jigsaw puzzles, Frisbee, puppet theater ...You name it! If you would like to organize a meetup, simply announce it at our morning circle and designate a place to meet. Bingo! You will meet others who share your interest. All meetups are drop-in activities, so you can wander freely from one activity to another throughout the week.



## SWIM Lakeside Cocktail Hour

Limit: None

This year's host of the ever-popular SWIM cocktail hour will be long-time SWIM attendee **John Hagler**. Anyone is welcome: drinkers, non-drinkers - all. Gather at the lake's shore to socialize and enjoy the view. You are welcome – but not required – to bring a beverage of your choice.

4:30-5:30 pm Drop-in Age: 18+

## EVENING

### Twelve Step Meet Up Limit: None

Gather together for this support group. At the first session, the group will decide where and when to meet during the week. No registration necessary.

6 pm-6:30 pm Ages: Adult

### Friction Farm Concert 8:00-9:00 pm

## DAY 2 Friday December 28

### EARLY MORNING

#### One-Mile Walk

#### Yoga Meetup

### MORNING WORKSHOPS 10:00-12:00

#### 211 Crafting the Story of our Journeys: A Spiritual Discipline for all Ages

No limit

At any time in our lives, writing down our memories, values, lessons learned, and major choices is a way to get more in touch with our own journey and to help make meaning of

our lives. What we write can also be a gift to our loved ones and can provoke interesting family conversations.

In this workshop we'll engage in an abbreviated process as we each write a legacy letter to our future selves and future generations. **Jone Lewis**, SWIM's chaplain for the week, is back by popular demand after her first SWIM last year.

10:00 am -12:00 noon      Ages: 14+

### **212 Crochet with Mindy**      Limit 10

Yes, it's true! **Mindy Simmons**, a touring UU musician, also teaches crochet! She will teach you the basic steps for making a variety of fun stuff. She will provide all the supplies: yarn, hooks, and instructions. Materials fee: \$10.

10:00 am-12:00 noon      Ages 12+

## **AFTER LUNCH 1:00-2:00**

### **222 Mindy's Crochet Tutorial**

Individual tutorial assistance for participants in morning crochet workshop

1:00 pm -2:00 pm

## **AFTERNOON WORKSHOPS 2:00-4:00**

### **231 Exploring the Universe with Kye Astro**      No limit

Our delightful astronomer is returning this year with more information about the mysteries of the universe. Those who attended her workshop last year were so glad they did, and many who missed it had regrets. Come find out what it's all about.

2:00-4:00 pm      Age: 14+

### **232 Lessons Learned from a Life in Motion: A Glimpse inside the Life of Touring Musicians**

Traveling half the year and meeting new people every day offers plenty of adventure to share. But **Aidan** and **Christine** from Friction Farm have also gleaned lessons on finding and building community wherever you are, maintaining a sense of home and the zen of remote gardening.

2:00-4:00 pm      Age: 12+

## **Community Time - 4:00- 5:30**

### **Americana Sing-Along**

More family-friendly, intergenerational singing, this time with a focus on American folk music. We'll include songs from colonial times, Negro spirituals, regional songs such as "Home on the Range," protest songs from the sixties, and more. **Paula Heusinkveld** will provide lyrics and keyboard accompaniment, along with insights on the role of folk

music in our lives. Bring your guitars, ukes, penny whistle, or whatever instrument you may have.

### **Meetups:**

Bocce Ball

Scrabble, Bridge, puzzles, ping-pong, games, etc. as you choose.

**SWIM's Lakeside Cocktail Hour** 4:30-5:30 pm

## **EVENING**

### **Twelve-Step Meetup**

**Community Meeting** 7:45 – 8:45 pm

Come hear a brief report from the SWIM Board, followed by time for discussion and questions. The meeting may include information on SWIM's financial outlook, recent changes to SWIM policies, proposals for marketing strategies, changes in programs for children and teens, etc. All SWIM registrants are encouraged to attend.

**Star-gazing** with astronomer **Kye Astro** and her telescope. Limit: none.

Take advantage of this special opportunity to contemplate the wondrous night sky.

9:00-10:00 pm All ages

(Rain date: Same time the following evening)

**Campfire** 10:00 pm

## **Day 3 Saturday, December 29**

### **EARLY MORNING**

**One-Mile Walk**

**Yoga Meetup**

**311 A 12-step program for controlling emotions** No limit

An exploration of the general principles of Twelve Step programs, most particularly the program entitled "Emotions Anonymous." Participants will learn how this program may be of benefit to those experiencing a period of uncontrollable emotions, or even chronic emotional helplessness in their lives. This includes anger management, controlling one's

temper, understanding our emotions, and ultimately finding serenity as well as improved relationships with others.

**Desmond Daly** is a retired Catholic priest who has had great success leading groups through this 12-step process.

10:00 am – 12 noon      Ages: 14+

### **312 Envisioning 2019: New Year's Vision Boards**      Limit 15

At first dreams seem impossible, then improbable, then inevitable. In this fun, friendly, creative workshop, we will each make a vision board. No experience necessary. We encourage you to start collecting images that reflect your goals and dreams for the new year from magazines, calendars, -- anywhere you can find them – and BRING THEM TO SWIM. We will bring extra magazines and will furnish all supplies. **Ellé Long and Rebecca Moon** bring joyful creative energy to everything they do.

10:00 am to 12:00 noon      Ages: 12+

## **AFTER LUNCH 1:00-2:00**

### **320 Spanish Conversation**      Limit: None

Come and chat in Spanish with some English as needed. Paula Heusinkveld taught Spanish at Clemson University for 30 years. That's almost as long as she's been coming to SWIM!

1:00pm-2:00pm      Ages: 12+

## **AFTERNOON WORKSHOPS 2:00-4:00**

### **321 Mexico 2018: Stereotypes, (Mis)perceptions, Realities**

With all of the anti-Mexican rhetoric coming out of Washington these days, we need a fresh perspective! In this workshop we will examine stereotypes that people in the USA may have of Mexico, as well as stereotypes that Mexicans have of us. With humor and compassion, we will discover how genuine cultural differences may lead to misunderstandings and "subconscious bias." In the second hour, we will consider key events in Mexico in 2018, including the historic presidential election in July. What lies ahead for Mexico, and what can we do to promote greater mutual understanding?

**Paula Heusinkveld**, Professor Emerita of Spanish at Clemson University, has led numerous workshops on cross-cultural awareness, both in the U.S. and in Mexico. Paula and her husband **Jorge Medina** spend six to eight weeks in Mexico every winter with his extended family. They closely follow current affairs in Mexico throughout the year.

2:00 – 4:00 pm      Ages: 14+

**332 Novel Circle** **Christine Stay** of Fiction Farm began a wonderful new tradition last year – a group discussion of a provocative novel. Christine has agreed to lead the novel circle again for SWIM 2018. Anyone can offer suggestions for the choice of this year's novel by writing to [aidan.christine@gmail.com](mailto:aidan.christine@gmail.com). The selection for SWIM 2018 will be posted on the SWIM website by September 30 or shortly thereafter. This group will

meet as a Workshop on Day 3, and will continue on Day 4 after lunch and during Community Time as participants wish.

2:00-4:00 pm           Ages: 14+

### **COMMUNITY TIME 4:00 pm - 5:30 pm**

Sing-along with Mindy

Bocce Ball

**Meetups:** Scrabble, Bridge, puzzles, ping-pong, puppets, etc.

**SWIM Lakeside Cocktail Hour** 4:30 pm -5:30 pm

### **EVENING**

#### **Twelve-Step Meetup**

#### **Auction 8:00-9:00**

**353 Wildflower Slideshow** Our own wise nature lover, **Ernie Wilson**, will present a slideshow featuring notable wildflowers and native plants of Florida. He will share information on where they grow and how they may be used.

9:00-9:30 (or immediately following Coffeehouse)   All ages

9:30 – 10:30 pm Rain date for star-gazing with Kye Astro

9:00-10:00 Campfire

### **DAY 4   Sunday, December 30**

#### **EARLY MORNING**

**1-mile walk**

**Yoga Meetup**

#### **MORNING WORKSHOPS 10:00-12**

**411 Wicca 101**                           No limit

Wicca is an ancient spiritual path that honors the Goddess, cycles of nature and the four elements of earth, air, fire, and water. We will explore this Pagan path, it's beliefs, and a bit of its history. Rituals and ritual tools will be included. Your questions and ideas will be welcome. In the 25 years that she has been practicing Wicca, **Mary Ann Somerville**

has gained much wisdom. She has created many rituals here at SWIM. Indeed, many of us consider her as a high priestess of SWIM.

10:00 am – 12:00 noon      Age 13+

**412 On Death and Dying**      No limit

An exploration of the practical and spiritual aspects of the human experience of death and dying. We will consider the legal, emotional, spiritual, and pastoral contexts of this, the last event of our lives on earth.

Co-leaders of this workshop are **Cay Cahalin**, a nurse practitioner who specializes in end-of-life issues, and **Desmond Daly**, an experienced hospital chaplain.

10:00 am – 12:00 noon      Ages: 14+

**AFTER LUNCH 1:00-2:00**

**432 Novel Circle (continuation of 332)**      No limit

Join Christine Stay immediately after lunch to continue the lively discussion from Day 3.

**1:00-2:00 pm Note the earlier time.**      Age 12+      (See Workshop 332)

**AFTERNOON WORKSHOPS 2:00-4:00**

**431 Beading with Sharon**      Limit: 12

Join **Sharon Beecher** to learn how to create felted/beaded jewelry with unspun wool and beads. No prior experience needed. Sharon will provide all materials and tools. She is an experienced jewelry maker who continues to amaze us with her creativity.

Cost for materials is \$5 - \$15, depending whether you choose to create a necklace, bracelet, ring, or earrings.      Age 12+ to “Young at Heart”

2:00-4:00 pm

**432 America Inside Out with Katie Couric, Season 1, Episode 4, “White Anxiety.”**      No limit

This episode of the acclaimed National Geographic series deals with white anxiety that is being caused by technology, cheap imports, and the exporting of jobs by American corporations to countries with cheaper labor costs. Also, immigrant laborers are filling jobs that Americans refuse to take. The workshop will consist of watching this one-hour episode, followed by a discussion led by **Terry Schneider**. Terry led his first SWIM workshop in 2017 with a provocative discussion comparing Orwell’s novel *1984* with the current American political scene.      2:00-4:00 pm      Ages 14+

**Community Time 4:00-5:30**

**Vintage Beatles Sing-along** Join guitarist **Jorge Medina**, who admired the Beatles in the 1960s, and learned perhaps 40 of their best-known songs.

**Other Meetups:** Bocce Ball, Scrabble, jigsaw puzzles, ping-pong, games, and maybe decorating the hall for New Year's Eve!

**Lakeside Cocktail Hour** 4:30-5:30

**EVENING**

**Twelve- Step Meetup**

**Coffeehouse 8:00-9:00**

**453 Slideshow of Audubon Corkscrew Society and CREW Rookery Swamp**

9:00-9:30 or after Coffeehouse No limit

The Audubon Corkscrew Society and adjacent CREW Rookery Swamp are just 15 miles east of Naples, FL on the other side of I-75. They allow for walks into the swamp and normally drier areas to observe the natural flora and fauna. **Jon Hoskin** has visited both numerous times, and now offers this virtual tour to entice others to visit. He has heard baby alligators as they emerged from the nest – Oh My! If time permits, Jon will also show several pictures of the Naples Botanical Garden. All ages

**Campfire 9:30 – 10:30**

**Day 5 Monday December 31**

**EARLY MORNING**

**One-Mile Walk**

**Yoga Meetup**

**511 Poncho's Never Ending Workshop Limit: None**

**Poncho Heavener** has been leading this personal growth workshop at SWIM every year since 1976 and has changed many lives for the better. Folks, that is 42 years and counting! What is amazing is that each year is a little different, and we keep coming back for more. Come see what the magic is all about! 10 am-12 noon. Ages: All



### **512 Canoe/ Kayak Get Together**

Take advantage of Florida's beautiful weather and enjoy paddling with others, right off our own pier. Morning is a lovely time to observe herons and other waterfowl, as well as the abundant water lilies that thrive in Lake Francis.

10:00 am -12 noon Adult Limit: 12

### **AFTERNOON WORKSHOPS**

#### **532 Service Project #1: Decorate the Hall for New Year's Eve** Limit: None

Come join in the fun! Work with other SWIM folks to convert our SWIM activity room into a magical, wondrous space for our gala New Year's Eve party. You will likely glean new ideas about how to take party decoration to a new level. Come when you can, and stay as long as you can.

2:00-4:00 pm Ages: All

#### **533 Service Project #2: Pack up the Kitchen** Limit: None

A clean kitchen will help to assure that SWIM can return to Camp Cloverleaf next year. So please come and help pack up the kitchen to close camp. This is a great opportunity to work with others and give back to SWIM.

2 pm-4 pm Ages: All

#### **534 Novel Circle**

**See Workshop #332**

2:00-4:00 pm

### **COMMUNITY TIME 4:00 – 5:30 pm**

Last chance for Bocce Ball Tournament and other meetups

#### **541 Individual Tarot Readings** Limit: 12

The tarot deck is rich with universal symbols that date back for centuries. The last day of 2018 is a good time to look at the cards to see what may be in store as you move into 2019. **Mary Ann Somervill** has years of experience with tarot. She is often amazed at the insights that people gain from these pretty little cards. Sign up early in the week for a time slot.

4:00-5:30 pm Ages: 13 +

### **EVENING**

Twelve-Step Meeting

**Gala New Year's Eve Party 10:00 pm-1:00 am**

## OFF-SITE TRIPS

There are trips planned to acquaint you with a part of Florida that is less touristy than the coasts. Explorations into nature on foot or by canoe are included as well as trips into Lake Placid and nearby Sebring and Arcadia and even Moore Haven and Lake Wales, to sample what these small towns have to offer. There is a slight transportation fee for trips and in some cases a payment to the vendor.

### \*\*\*SAFE TRIP BOX\*\*\*

No sandals/flip flops or Crocs on canoe trips. Cheap water shoes or anything that can be tied or closed securely with Velcro will be allowed.  
Required for all Outdoor Trips: Water, proper shoes, towel and dry change of clothes (if you get wet), bug repellent, sunscreen, raincoat/poncho  
Helpful: Sunglasses, hat, bird/plant identification book, camera, layered clothing, binoculars, a sense of adventure.

Off-site Trips:

Day 1 - 600s - Thursday, Dec. 27

Day 2 - 700s - Friday, Dec. 28

Day 3 - 800s - Saturday, Dec. 29

Day 4 - 900s - Sunday, Dec. 30

Day 5 - 1000s - Monday, Dec 31

### Day 1, Thursday

#### Morning



#### **601 Highlands Hammock State Park – Short Walking Trips**

9:00 - 12:00

Limit 14

Highland Hammocks is one of the oldest parks in the Florida system and also one of the most beautiful. We will hike through the park along the circular park road under a canopy of palms, live oaks and hickory, all coated with Spanish moss. We will stop several places to view the plants and sample the wild citrus. We'll also make a visit to the CCC museum.

\$12.00      Ages: all, but children must be accompanied by an adult.

## Day 2, Friday

### Morning

#### **701 Archbold Biological Station Green Building, Landscaping and Art Tour** 8:00-12:00 Limit 11

We will tour the new (2012 built) environmentally friendly Learning Center and Lodge. The Archbold education coordinator will explain the green building design which won the platinum certificate from the U.S. Green Building Council. We will also learn about the use of native plants in the landscaping around the building, and Archbold's work with local artists to create exhibits and art lessons that educate and promote nature conservation.

This tour requires a minimum of 10 people. We can still go to Archbold if we have fewer than 10 but we will not be able to take the tour. We can walk the nature trails after seeing their interpretative film.

\$25.00

Ages: all, but children must be accompanied by an adult.



### Afternoon

#### **702 Thrifting in Lake Placid and Sebring**

12:30-4:00

For a small town, Lake Placid has lots of thrift shops. And Sebring has a new and remarkable Goodwill. Do you need something for costume night, finery for New Year's Eve, or just something to add to your wardrobe? You can probably find it at one of the shops.

\$10.00 (plus \$\$ for shopping) Ages: all, but children must be accompanied by an adult.

### All Day

#### **703 Canoe Trip Fisheating Creek**

9:00 am-5:00 pm Limit 11

Water level and weather permitting, we will take a shuttle ride upstream, then meander through forests, pastures, and marshes as Fisheating Creek makes its way towards Lake Okeechobee (the Big Lake). It is the only body of water remaining that flows naturally into the Big Lake. Much of the river and land around it remains untouched. This is Florida at its most natural and you may encounter a variety of wildlife, including swallow-tail kites, bald eagles, deer, wild boar, river otters, and alligators. Black bears and Florida panthers roam freely in the park. Alligators are abundant in Fisheating

Creek and swimming is not recommended here! If time allows, there is a spring fed lake at the campground where we can swim at the end of the trip. A picnic lunch will be provided. Wear bathing suit and SEE Safe Trip Box \$30.00 Ages: All, though children 14 and under **must be accompanied** by parent or guardian.



### **Day 3, Saturday**

#### **All Day**

#### **803 A Day in Arcadia**

9:30-4:30                      Limit 11

Arcadia is an old Florida town known for antiques and cowboys. We'll first stop at their impressive Goodwill store, then drive into downtown. Lunch will be at Mary Margaret's Tea and Biscuit, "a delightful step back in time; as it is decorated with the grandeur of the Victorian era." Following lunch, we'll visit the many shops, mostly antique shops, in the area.

\$10.00 (plus \$\$ for shopping and lunch)

Ages: all, but children must be accompanied by an adult.

### **Day 4 Sunday**

#### **All Day**

#### **903 9:30-5 Bok Tower in Winter Haven.**

9:30-5:00

This meandering, historic landscape garden was designed to be a contemplative and informal woodland setting offering a series of romantic recesses and tranquil resting spots, picturesque vistas and breathtaking views of the Singing Tower. It includes 126 different species of birds as well as the threatened gopher tortoise and the endangered eastern indigo snake. The Tower houses one of the world's finest carillons, and we will be able to hear the concert.

\$24.00 plus \$\$ for the giftshop.

Ages: all, but children must be accompanied by an adult.

## Day 5 Monday

### MORNING

#### 1001 Lake Placid Mural Tour

9:00-12:00

The first murals were painted in Lake Placid in the early 1990s. Today the town boast over 40 murals depicting local history or wildlife. We'll begin our tour at the Chamber of Commerce where we'll view a short film and see miniatures of the murals. Mural booklets are available there for \$4.00.

\$10.00

Ages: all, but children must be accompanied by an adult.



### All Day

#### 1002 Canoeing Trip – Peace River Limit 11

8:30 am – 5 pm

The Peace River winds through cypress swamps, shady hammocks, and hardwood forests. The “black water” is darkly colored by tannins from surrounding oaks trees but the water is clear and the bottom is white sand. The sand and current create beaches and islands where we will stop to play, swim, have lunch, and hunt for fossils. The Peace River is famous for the fossils found on its bottom and embedded in its high bluffs. Enjoy the serenity of floating down this river as we view the abundant wildlife, including alligators, hawks, wood storks, sand hill cranes, osprey, and possibly wild hogs. A picnic lunch will be provided. Wear bathing suit and SEE Safe Trip Box.

\$30.00 Ages: All, though children 14 and under **must be accompanied** by parent or guardian.



## COSTS

In our ongoing efforts to keep SWIM costs as low as possible while still being able to pay our bills, we are happy to announce that there will be NO INCREASE in the cost of SWIM yet again! Plus we are also repeating the \$40 per person reduction for all persons camped in tents or RVs all week.

There is no cost for workshops except for an occasional materials fee. Trip costs include only transportation and what we must pay to vendors.

\$490 for adults ages 18 and over

\$328 for teens 13-17

\$216 for children ages 3-12

FREE for infants and children under 3 years of age

Sleeping offsite deduct \$100

Eating offsite deduct \$100

One Day & Night including lodging and 3 meals: \$85

One Day only: \$10 plus meals\*

\*To register for One Day only, please send an email regarding which days you will attend, and or come for Registration day. Send you email to Jerry Elsenrath, Registrar, at [registrar@swimuu.org](mailto:registrar@swimuu.org)

There will be a reduction of \$40.00 **per person** for all paying tent campers and those staying in RVs. In order to qualify for the reduction, you must be camped in either tent or RV **for the entire week**.

Meals:

Breakfast \$9.00

Lunch \$11.00

Dinner \$15.00

**New Year's Eve Party only:** \$55.00 per Adult (Includes dinner, party, and overnight camp fee. You must be the guest of a SWIM participant.)

**UU Ministers:** We would love to have you share in our special community. So we are inviting you for one day as our guest. We are also extending a 50% discount for any time at SWIM beyond that single day.

**Extra Day – January 1** We will be able to stay over one extra day should any of us wish to do so. There will be no programming and no meals on site, but there will be a few of us to hang out with as we rest up for the trip home. Cost is the same as single day costs. Cost to stay in cabins - \$50. Cost for camping – tent or RV - \$45.

**Early Bird Special: Register before November 1st and get \$50 off!**

In order to encourage early registration we have instituted a \$50 cost reduction per person for registration before November 1.

## SCHOLARSHIPS

First priority will go to first time requests and those willing to help out during SWIM as able. Please make your request as early as possible, since we want to respond soon. If you are requesting a scholarship or more information, please contact any member of the scholarship committee: Jon Hoskin [director@swimuu.org](mailto:director@swimuu.org) and Mary Ann Somervill [info@swimuu.org](mailto:info@swimuu.org). Also be aware that staff positions carry a discount of varying amounts, and at this time there are still **staff positions** available.

## DONATIONS

SWIM welcomes your donations. Should you wish to make a donation towards scholarships or any aspect of SWIM, tax deduction forms can be obtained from the treasurer who will gladly accept your donation.

## HOW TO REGISTER

**SOAR (SWIM Online Activity Registration) will open in the fall.**

We prefer that you register online. Go to our website and click on the link for SWIM Online Activity Registration, SOAR. It is not necessary to complete the online registration in one sitting. Take as much or as little time as you choose. If you are a **new staff member**, please register **NOW!** We need to have your email address in the system asap. Then later you can take all time you need with the full registration. If you prefer, you can contact our Registrar, Jerry Elsenrath at 813-270-7430. Jerry will get your information into SOAR, and you will be ready to go! He is also happy to talk with you and work out any problems.

**Changes and additions** to the information in this catalog will also be posted here, on the website, and in SOAR, so that is clearly the best way to register!

Remember, RV hookups are limited. The best way to guarantee having one is to register early.

## SWIM COMMUNITY BEHAVIORAL EXPECTATIONS

SWIM has long asked participants to sign a brief statement regarding appropriate behavior at SWIM. The following is an expansion of that statement. Our behavioral expectations are for the entire community, with specifics for teens.

SWIM is an intentional community. We expect behavior that contributes to the spirit of community rather than detracting from it.

Drug use by anyone and alcohol use by minors will not be tolerated. Florida law prohibits use of tobacco by minors and distribution of tobacco to minors.

Distribution of drugs to anyone, and of alcohol to minors is unacceptable. Firearms are not permitted at camp.

Sexual harassment is demeaning, abusive of our community, and is thus not tolerated.

Violation of these behavioral expectations, depending on the severity of the infraction, may result in removal from SWIM.

In addition, all gathering places and entrances are smoke free.

A detailed version of our behavioral expectations and policies may be found linked to our website at [www.swimuu.org](http://www.swimuu.org). We request that you sign the statement in our registration forms or in our online SOAR registration program to acknowledge that you are aware of and willing to abide by these expectations.

Our Teen Program, too, is grounded in a community of love and respect.



### **SWIM TEEN POLICY**

All Youth and Teens at this event must follow the “Big Four Rules”, as observed at most UU youth events:

1. No use of illegal or controlled substances is allowed. Over-the-counter medications may only be used with permission and used as directed on the package. Youth may only take a prescription drug if listed on her or his registration forms.
2. No engaging in sexual relations. Sexual relations are defined as inappropriate sexualized or intimate touching that is disrespectful to the community or event goals.
3. No bringing or using weapons, such as firearms, knives, fireworks, or any object that is intended to be a weapon.
4. No use of violence in words or action.

If there is reasonable suspicion of a violation of the Big Four, the youth’s personal belongings are subject to search by their parent or guardian. If evidence is found that the youth violated one of the Big Four, a spirit committee consisting of the SWIM staff, director, chaplain, and/or teen advisors will determine the consequences up to and including immediately sending the youth home at the cost to the parents.

Parents/guardians are expected to discuss with their teens SWIM behavioral expectations and their own expectations regarding appropriate behavior at SWIM.

## PRINCIPLES OF THE UNITARIAN UNIVERSALIST ASSOCIATION



At SWIM, we subscribe to the Principles of the Unitarian Universalist Association, which form the basis for our concept of a loving, supportive community. The values and behavioral expectations of our community stem from these principles.

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

The inherent worth and dignity of every person;  
Justice, equity and compassion in human relations;  
Acceptance of one another and encouragement to spiritual growth in our congregations;  
A free and responsible search for truth and meaning;  
The right of conscience and the use of the democratic process within our congregations and in society at large;  
The goal of world community with peace, liberty, and justice for all;  
Respect for the interdependent web of all existence of which we are a part.

We live out these within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;  
Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;  
Wisdom from the world's religions which inspires us in our ethical and spiritual life;  
Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;  
Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;  
Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

## GETTING TO SWIM

Driving?  
Cloverleaf 4 H Camp,  
126 Cloverleaf Rd,  
Lake Placid, FL 33852



Cloverleaf Road runs west off US Highway 27, a north-south highway in the center of the state. Lake Placid is a small town south of Sebring and north of Moore Haven. From the south, drive north about 1 ½ miles past Lake Placid to Lake June Road. Turn left and wind around the lake for about 2 ½ miles to Cloverleaf Road, where you'll take a right. The camp is on the left.

From the north, take 27 south and turn right on Cloverleaf Road, 7.7 miles south of the intersection of 98 and 27. Continue till you get to the camp on the right.

Or you could always enter the address (above) into your GPS! Or Google it! Or...

#### Arriving Early?

We will **not be allowed on site** until December 26, however, there are motels in Lake Placid and Sebring. (See list below.) If you're camping, Highlands Hammock State Park [www.floridastateparks.org/park/Highlands-Hammock](http://www.floridastateparks.org/park/Highlands-Hammock) has overnight camping and there are other campgrounds in the area. FOR MOTELS AND CAMPSITES, MAKE YOUR RESERVATIONS **EARLY!**

#### Carpooling?

Great idea! Save resources while you get to know some SWIM folks! Follow the directions above. To find people from your area who are attending, contact our Registrar/Car Pool Coordinator, Jerry Elsenrath. He can help connect you with folks in your area.

#### Flying?

Well, the bottom line is that there is no Lake Placid International Airport! There are a number of major and small airports in the Central Florida area, but you'll be on your own from airport to camp... **Except if you fly into Tampa (TPA).** There will be some transportation between TPA and Cloverleaf. Contact our Transportation Coordinator, [transportation@swimuu.org](mailto:transportation@swimuu.org). We will have a 12-passenger van to help transport you to Lake Placid, tentatively departing Tampa International Airport at NOON. The cost will be \$30 per person one way with a limit of \$60 per family to offset gasoline and van rental. You can also make arrangements at that time for a return trip to Tampa International Airport from Cloverleaf on January 1. The van will leave camp at NOON that day, so schedule your flight accordingly. Cost will be the same: \$30 per person for the return trip and \$60 per family. MAKE THESE ARRANGEMENTS EARLY as it will be on a first come first served basis.

#### By Rail?

It's slower, but less costly and provides an opportunity to relax and see the country. Check it out at <https://tickets.amtrak.com/itd/amtrak>. There is an Amtrak Station in Sebring, about 20 minutes north of camp. Depending on the need, we may be able to provide limited shuttle service at \$10.00 per person one way with a limit of \$20 per family. And there are cabs. If there's a need, we may be able to provide a shuttle back to the train station on Jan. 1 at the same rate. To request a ride from the train station to camp, contact Transportation Coordinator, [transportation@swimuu.org](mailto:transportation@swimuu.org).

## OFF-SITE HOUSING OPTIONS

We'd rather have you spend the week on-site with us, but if that doesn't work for you, or if you plan to arrive early or stay late, here is a list of possibilities. It's December in Florida, so make your reservations **EARLY** or you may get left out!

**Holiday Inn** – 608 S. Lakeview Road, Lake Placid, FL, 33852 863-465-9916  
[www.ihg.com](http://www.ihg.com) 7 minutes-4 1/2 miles from Camp Easy access to camp.

**Ramada Inn** – 2165 US HWY 27, Lake Placid, FL 33852 863 840-9907  
[www.wyndhamhotels.com](http://www.wyndhamhotels.com) 12 minutes-10 miles from Camp Very reasonable prices

**Lake June Vacation Resort** – 300 Lake June Drive, Lake Placid, FL 33852  
863 441 0384 – Mike the manager – [www.lakejuneresort.com](http://www.lakejuneresort.com) -Cash or check only (no credit cards)  
7 minutes-4 miles from Camp

**Lake Grassy Inn & Suites**- 1865 US 27 S, Lake Placid, FL 33852 – 863 465 9200  
[www.lakegrassyinn.com](http://www.lakegrassyinn.com) 13 miles-17 minutes from Camp

**Pratt's Resort** – 786 Lake June Road, Lake Placid, FL 33852 – 503 345 9399  
[www.onlakejune.com](http://www.onlakejune.com) (Books up ahead of time) .7 miles-1 minute from Camp  
(Closest, but booked since early spring!)

**RV Share** – [www.rvshare.com](http://www.rvshare.com) Rent an RV and park it at camp with electric hookup.

**Air BnB** - <https://www.airbnb.com/s/Lake-Placid--FL>

**Trip Advisor** - <https://www.tripadvisor.com/VacationRentals-g34370-Reviews-Lake-Placid-Florida-Vacation-Rentals.html>

**VRBO/HomeAway** - <https://www.homeaway.com/d/508/lake-placid>

Need a really great kennel for your pet? This comes highly recommended by one of our regulars:

**Dawg House** 69 Dawg House Rd. Lake Placid 863-465-9674 [Dawghousereresort.net](http://Dawghousereresort.net)

## WHAT TO BRING

Bring your own towels, pillow & bed linens. Remember that while we're still in Florida, it will be cool at night (and possibly even during the day), so a blanket and jacket are recommended. Even Florida gets cold in the winter on occasion. A few warm items of clothing would be a good idea. December is not our rainy season, but you never know! Think of the Boy Scout motto and Be Prepared!



Other items of clothing that may add to your comfort and fun are casual clothing that can get wet and be layered as the weather changes, and maybe some costumes and/or dressy clothes to wear New Year's Eve.

Other useful items: a folding chair, a flashlight, your own toiletries in something you can carry to and from the bathhouse, musical instruments and games, etc.

Don't forget to bring any trip-required gear and workshop-related materials.

And unfortunately, no pets! (See above for a great kennel near camp.)

*To meet the requirements of Florida state law, parents must provide car seats for children ages three and under.*

Of course, all weapons and illegal items are strictly prohibited.

For tent campers~Tents will be in a level, grassy area near the cabins with no electrical hookups. You will need all the usual camping gear, like air mattress, sleeping bag, sheets, pillows, blanket, bathroom tote, chairs, flashlight, etc. You are limited only by your travel space and your creativity.

### **Suggested Packing List**

This Catalog (Print your own!)

Emergency contact information

Signed forms for minors

Confirmation NUUS (Print...)

Mugbook (Print your own!)

Prescription meds

Clothing for warm and cool weather

Costumes

New Year's Eve Ball Attire

Special diet needs

Water bottle

Sunscreen

Flashlight & Extra Batteries

Bed linens, Pillows, Blankets

Towels, Shower items, Toiletries

Insect repellent

Folding chair

Musical Instruments

Snacks

Game

Favorite drinks

Add to this list as you sign up for trips & workshops and as you think of something else you want to be sure to remember to bring. There are stores nearby in case you find you've forgotten something. SWIM is not wilderness camping!

## AFTER SWIM STOP TO SLEEP

We've had a fun week, and quite a busy one. And we've ended the week with a late night New Year's Eve party. Yes, we've had a fantastic time, but that fantastic time used a lot of energy and may have left us pretty worn out. Keep that in mind as you leave camp on January 1 to begin your trip home. *If you're too tired to drive, don't drive!* There are members of our community who live along the way home and who are willing to make their homes available to weary travelers. We'll ask them to identify themselves at Closing Circle. Please take advantage of home hospitality along the way.

## EXTRA DAY AT CAMP

This year Cloverleaf has agreed to allow us one additional day at camp to rest and relax before we hit the road. There will be no programming or meals—just hanging out and preparing for our travels. Nearby restaurants will be open. There will be an additional cost for this day.

# SEE YOU AT SWIM 2018!



