

"Heavenly Bodies"

<http://www.swimuu.org>

Southeast Unitarian Universalist Winter Institute, Inc., in Miami
december 26th, 2005 — january 1st, 2006

under the influence

Refresh your spirit

Which heavenly bodies
influence your
Past? Present? Future?

Please share SWIM with your Congregation.

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Kitchen Deity

Bob Covi

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David Cox
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Karen & Emily Covi
Rachel & Rebecca Cox

Kitchen Minion (1/2 time)

Jonathan Watterson
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*This pay phone number is used
for brief incoming calls for
all participants, so you might
not get through the first time.*

** Trustees*

SWIM Trustees for 2005

Vonnie Hicks, President, Previous Director
Diane Neville, Sec, S Fl Cluster Rep through 2005
Dee Medley, Treasurer
Pepi Acebo, Director
Mary Ann Somervill, Director-Elect
Jerry Elsenrath, At-Large Trustee through 2005
Mark Harris, At-Large Trustee through 2006
Holly Francis, At-Large Trustee through 2007
Amber Anderson, Youth Rep through 2005
Rev. Ann Marie Alderman, Fl District Rep through 2006

Election of Trustees

Candidates for the Teen Rep are nominated by attendees ages 13–19 and elected by the community at large for a one-year term. At-Large Trustees are elected for terms of three years and as needed to complete unexpired terms. All trustees must attend all January 1st Annual Meetings and all SWIMs during their terms, and should attend called meetings. Each candidate must be an active member of a UUA society and must have been a staff member or workshop leader during the past three years. The Florida District of the UUA and the South Florida Cluster of the Florida District of the UUA may also appoint one trustee each to the SWIM Board every two years. In the absence of an appointment from the Florida District or the South Florida Cluster, the SWIM board is authorized by SWIM's bylaws to make an appointment.

Dec. 27th – Nominations due in writing to Secretary
Dec. 28th – Nominations for teen rep due to Secretary
Dec. 29th – Candidates publish views at SWIM
Dec. 30th – Members of the SWIM community vote
Dec. 31st – Election results are announced
Jan. 1st – Annual Board of Trustees Election Meeting

SWIM Email Lists

<http://groups.yahoo.com/group/SWIMcommunity/join>
<http://groups.yahoo.com/group/SWIMstaff/join>

About Our Late Brochure

Our SWIM brochure features more larger print, simplified listings, and easier to use registration forms. We welcome your feedback and suggestions for SWIM!

Yes, our brochure is late – so late that we've been able to check out many of our trips locations after the hurricane season and verified that our facility will be in fine shape! Please join us in Miami for our South Florida sunshine and southern UU hospitality!

Director's Welcome

For tens of thousands of years, we humans have acknowledged the influence of heavenly bodies on our lives and our destiny.

We hold responsible for our mood the changing seasons, the cycles of the moon, the movements of the planets. We ascribe myth and meaning to the turning constellations and celestial spheres. We see fiery omens in the midnight sky. We are lost under the influence of eclipses, magnetic



waves, and solar storms. We are pummeled by gravitational forces and cosmic radiation. Logos, first cause, the big bang, and the structure (beginning, middle, end) of time itself occupy generations of thinker. Under each of these influences,

our lives are governed, marked, and measured by forces seen and unseen. Calendars, birthdays, holidays, and even New Year's celebrations are periodic reminders of heavenly bodies acting upon our lives.

Watching and testing this cosmic clockwork, our species has planted and reaped, navigated oceans and landscapes, and reached across space just far enough to look back and understand our fragile grace and accidental grandeur. We've travelled from the center of Ptolemy's universe to being a life raft adrift in the farthest reaches of space, from being the pawns in a great supernatural battle to being the conscious part of an unfathomably large, sleeping, breathing cosmos.

We also examined, deconstructed, and reassembled the clockwork universe within each of us. In earlier times, our dreams, trials, visions, and random chance provided clues for divination. From anatomy to neuroscience, history of nations to behavioral psychology, our social and physical sciences have grown into exhaustive maps and diagrams of our hearts and our minds, our loves and our inspirations. Still we struggle to understand ourselves and our place in today's world.

This SWIM, I invite you to remember your astrological destiny and your heroic aspirations. I invite you to reconsider your external and your internal realities, and your place in the universe. I invite you to confront and engage the influence of heavenly bodies in your own life story. I invite you to embrace your own heavenly body and dance.

Heavenly bodies: rediscover, redefine, realign. Breathe. Embrace.

Fully under the influence of heavenly bodies,

– Pepi Acebo, Director of S.W.I.M. 2005

Registration Day Schedule

December 26th, 2005 (afternoon)

11:00 – 2:00	Staff Only for Set-up
2:00 – 4:00	Arrive, Register, and Move In
4:45 – 5:00	Dinner Circle-Up for Announcements
5:00 – 6:30	Dinner / SWIM NUUS Release
7:00 – 7:30	Youth Program Orientation with Parents & Guardians! Required!
7:45 – 8:15	Orientation & Welcome Service
8:30 – 10:00	Cabin Time – Meet Your Cabinmates!
8:30 – 9:15	Wine Tasting Workshop
9:00 – 9:30	Orientation for Teens and their Parents & Guardians! Required!
10:00 – 10:30	Orientation for YA Program
10:00 – 1:00	Serendipity and Campfire

S.W.I.M.'s Daily Schedule

December 27th – 31st, 2005

7:30 – 9:00	Breakfast
9:00 – 9:30	Youth Morning Circle/Coffee Hour
9:30 – 12:00	Youth Programs
9:35 – 9:55	Theme Talk
10:00 – 12:00	Morning Workshops
12:00 – 1:00	Lunch / SWIM NUUS Deadline
1:00 – 4:00	Youth Programs
2:00 – 4:00	Afternoon Workshops
4:00 – 5:30	Community Play Time
5:00 – 6:30	Dinner / SWIM NUUS Release
6:00 – 6:15	Daily Staff Meeting
7:00 – 7:30	Community Gathering / Music / Announcements / Sharing
7:30 – 8:15	Worship
8:30 – 10:00	Swing & Salsa Instr. / Wine Tasting
8:30 – 10:00	Campfire / Coffeehouse / Auction
10:00 – 1:00	Serendipity (varies)
1:00 – 3:00	SWIM Film Festival (late night)

Special Events

December 27th, 2005

10pm – 11pm	SWIM Family Feud
11pm – 1am	YA-sponsored Dance Party!

December 28th, 2005

2pm – 7pm	SWIM Fest (Fair Day) at camp
10pm – 1am	Teen's High School Dance!

December 29th, 2005

8:30 – 10pm	33rd? Annual Coffeehouse!
10pm – 1am	40's through 70's dance music

December 30th, 2005

8:30 – 10pm	5th Annual Auction!
10pm – 1am	Swing & Salsa Serendipity

December 31st, 2005

10pm – 2am	New Year's Eve Party!
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January 1st, 2006

8am – 9am	Out of the Cabins! Cabin Cleaning!
9:15 – 9:30	Closing Circle!
11am – 11:45	Annual Meeting of the Board

The Principles of the UUA

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- The inherent worth and dignity of every person;
 - Justice, equity and compassion in human relations;
 - Acceptance of one another and encouragement to spiritual growth in our congregations;
 - A free and responsible search for truth and meaning;
 - The right of conscience and the use of the democratic process within our congregations and in society at large;
 - The goal of world community with peace, liberty, and justice for all;
 - Respect for the interdependent web of all existence of which we are a part.
- The living tradition which we share draws from many sources:*
- Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
 - Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
 - Wisdom from the world's religions which inspires us in our ethical and spiritual life;
 - Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
 - Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.
 - Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.
 - Grateful for the religious pluralism which enriches and ennobles our faith, we are inspired to deepen our understanding and expand our vision.
 - As free congregations we enter into this covenant, promising to one another our mutual trust and support.

– Passed by majority vote at the Unitarian Universalist Association's 1984 General Assembly

President's Welcome

We welcome you to our SWIM family. Our community is a work of love by passionate volunteers who come from a wide variety of identities in that other world. Over the years we have done our volunteer community jobs elbow-to-elbow with world class physicists, accountants, engineers, lawyers, doctors and nurses, veterans of wars and of the civil rights movement, college professors, public and private school teachers, home schoolers, windsurfing and snowboarding teachers, table waiters, house painters, electricians, artists, and perennial students. Some have moved to other coasts, other countries – even Antarctica – only to answer a compulsion by returning to catch up.

If you are new to our community, please bear with us as we are sometimes a little shy. Join us for walks in the Everglades, sailing, canoeing, dancing, singing, and worship, and you will find yourself no longer a stranger. Know that you are joining the force that creates our community and that you are needed here. Be gentle but make your needs known, and we will try to help. Help us with driving (but be sure to let us verify your insurance and photocopy your driver's license), share your digital photos for the mugbook and slide show, share your voice and musical talent around the campfire, share your favorite anecdotes.

As we are all precious, please help us stay alert to health and safety issues. We have on staff a person who can help with first-aid and community health needs. Although we are unable to provide health care beyond that level, there are, of course, urgent care centers and hospitals in the vicinity should they become necessary. Our chaplain is also available from time to time to help you through things emotional. Please be aware that, as healing as our community may be, we are not a substitute for therapy, and, if you are in therapy, please discuss SWIM with your therapist. Whether for reason of age or experience there will be people around you who are vulnerable and struggling to trust – please support them in that effort and need for safety.

I look forward to sharing SWIM with you and exploring the influence of “Heavenly Bodies.”

*– Vonnice Hicks, President
Board of Trustees of SWIM*

SWIM's Mission

Southeast Winter Institute in Miami (SWIM) is a one week Unitarian Universalist intentional community which provides religious, inspirational, educational, growth oriented programming. SWIM was founded and continues to celebrate the spirit, to promote community, and to nurture connections among people of diverse ages, backgrounds, abilities, and interests. In so doing, SWIM strives to promote our Unitarian Universalist principles.

SWIM's Vision

SWIM is a gathering to form an intergenerational, intentional community based on Unitarian Universalist principles and values. It nurtures open communication, inclusiveness, spirituality, and growth. It is an inspirational and safe place to play, grow, and take risks in a supportive environment; encouraging self awareness and personal responsibility unhindered by limiting societal expectations.

SWIM is an all volunteer organization of participants who are enthusiastic, talented, diverse, and committed to creating a joyous experience.

SWIM celebrates diversity both within and outside our community and expects all participants to demonstrate personal responsibility and respect for self and others as well as our environment.

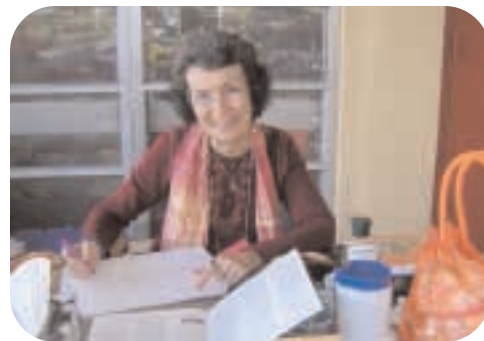
SWIM offers a myriad of experiences and opportunities which are challenging and nourishing to mind, body, and soul. Some of our activities are workshops, outdoor adventures, worship, art, dance, music, campfire, and athletics.

CU2C2

SWIM is a member in good standing of the Council of Unitarian Universalist Camps and Conferences which was formed to provide support for our efforts in establishing and running programs for UU intentional communities. Part of SWIM registration fee goes toward SWIM's annual membership dues in this organization to support UU retreats.

CU2C2's next annual meeting will be held in fall of 2006 at UbarU in Texas.

Individual membership in CU2C2 are also available for a donation of \$35 or



more per member. Beyond our debts of gratitude, individual member benefits include hundreds of dollars in discount offers from UU camps and conferences and an invitation to CU2C2's annual UU camps and conference leadership meeting.

Pepi Acebo currently serves on the board of CU2C2, along with President Craig Lentz of Ferry Beach (ME), Treasurer Dee Dumont of Pacific Central District Committee on Camps and Conferences (PCD-C3) (CA), VP Mike Schwab of UniStar (MN), Secretary Kathy Bowman of PCD-C3 (CA), and Rita Cusack of SWUUSI (on the TX/OK border) and UbarU (TX).

First-Timers

Yes, SWIM is one of the cheapest ways to enjoy south Florida. But it's so much more than that. If it's your first SWIM, you'll be tempted to sign up for trips and workshops in every timeslot. Resist!

SWIM is full of spontaneous excursions, conversations, and late-night revelry. For your first SWIM, try to limit yourself to 5 or 6 trips and workshops so you can relax.

You're on vacation, after all.

Community Responsibilities

The volunteers on SWIM's staff who make this week possible welcome you to South Florida to join our intentional community. Our camp can be fragile, both physically and spiritually, so we have some basic guidelines for our behavior:

Owaissa Bauer is an oasis of calm and beauty in a large metropolitan area – we

keep it that way by controlling waste and lessening impact on our surroundings.

In addition to everyone's volunteer jobs, we also need volunteers to assist with transportation to many of our activities. We ask that only safe, well-rested, and insured drivers volunteer, and that no driver consume alcohol or anything else that may impair driving.

Because we are an intergenerational community we all serve as surrogate parents when necessary, but parents must remember that they are responsible for their children outside of youth program.

We all volunteer at SWIM...

We are an all-volunteer organization. Every person, ages 13 and up, volunteers at least one job. Besides reducing the cost of SWIM, working together helps to build our treasured sense of community.

Starting last year, each adult signs up to volunteer for ONE shift serving food and beverages, doing set-up and clean-up, or helping with the New Year's Eve festivities. Volunteer jobs are a great opportunity to socialize while getting the work done. When you register, you'll see a place to indicate your volunteer preferences on the registration form. For all three meals on Tuesday, we are in the excellent hands of our teen volunteers.

We will do our best to give you the jobs you ask for on a first-come basis. The Sup VolSup will also work to assign you a variety of tasks, if possible. Of course, you can also volunteer for any job that you see that needs to be done during the week. There's no restriction to the number of helpful things you can do. Also, there's no restriction to the number of hugs of thanks we will give.

Although staff members do receive a discount off SWIM's fees, please keep in mind that they are all volunteers, too!*

* More about staff credits is available online.

Costs

This information is updated for 2005.

Costs have increased slightly due to higher facility rental, van rental, and gas costs. This is our first cost increase in over ten years. How have we kept costs this low? It's our volunteer culture. Everyone volunteers at least 3 hours – and has a blast!

The Basic Total Cost – 6 Nights

\$330 for adults w/ meals & lodging
\$240 for adults w/ meals, sleeping off-site
\$120 for adults eating and sleeping off-site
\$300 for full-time students w/ meals & lodging
\$220 for teens 13-18 w/ meals & lodging
\$140 for youth ages 3-12 w/ meals & lodging
kids under three years of age are free
before October 1, subtract \$10
after December 1, add \$40

The totals above are based on adding the appropriate Registration Fee, Meal Fee, and Room Fee together. Some workshops and most outdoor/offsite adventures have nominal additional fees based on specific costs related to those activities. You'll also want some spending money for incidentals. And just about anyone over the age of 2 wants their own mugbook and t-shirt.

Registration Fee – Overhead

By Age	Due Now!	(Early / Late)
3-18	\$10	(\$0 / \$50)
FT Student	\$90	(\$80 / \$130)
19+	\$120	(\$110 / \$160)
(Early before Oct. 1st / Late after Dec. 20th)		

Meal Fee – 18 Meals

By Ages	Due at SWIM!
3-12	\$40
13 & up	\$120

Room Fee – Owaissa Bauer

By Age & Usage	Due at SWIM!
sleeping off-site	\$0
3+ sleeping on-site	\$90

The Registration Fee includes overhead and expenses for non-fee ("free")

programs. Participants are expected to register for and participate in the entire week in order to share our intentional community. SWIM is an intentional community and unregistered persons may not participate in our program. People who are not registered may not be at Owaissa Bauer during SWIM. After December 26th no new registrations will be accepted. This means that if you will arrive late, such as the morning of the 27th, you must send your registration in advance. If you have a question about this you may contact Pepi Acebo, SWIM's Director, or Mary Ann Somerville, SWIM's Director-Elect.

The only regular exception to the full registration fee is that special guests of SWIM participants may attend our New Year's Eve celebration for a fee of \$35. Staff may invite one guest at no charge. (This is not a fee for food and drink, but a pro-rated registration and Room Fee.) Guests may arrive as early as noon, but **MUST** meet their SWIM host at the Info Table in order to register and receive a New Year's Eve name tag. Guests may join their hosts for lunch, dinner, afternoon workshops (but not trips) and worship in addition to New Year's Eve festivities. Our goal with this special exception is to open SWIM up to friends and family who might have schedule conflicts this year but want to get a taste of SWIM for next year!

The Meal Fee covers three wonderful meals a day, starting with dinner on December 26th and ending with an extra late night snack on New Year's Eve. A pick-up breakfast of bagels, leftovers, coffee, and juice is available on New Year's morning. Our delicious meals may be purchased individually by those not sleeping on-site (\$5 for breakfast, \$10 for lunch, \$10 for dinner; half-price lunch and dinner for those ages 12 and under). Excellent meat and vegetarian options are always available. All of our food is prepared at camp by our wonderful volunteer staff.

The Room Fee for those sleeping on-site includes space in the parking area for car camping, a tent site, or a bed in one of our dormitories, plus the use of our bathhouse and parking in a large lot away from the camping area. The "off-site" Room Fee (\$0) is for locals sleeping at home and others sleeping off-site. All lodging is assigned on a first come, first served basis. For safety and peace no cars

are allowed in the camping area after late afternoon, December 26th.

The dormitories consist of six buildings, each divided into two areas, and each of these with a more private room which is normally reserved for staff. Each of the larger rooms has ten cots. We are an intergenerational community, but we recognize that people tend to form closer friendships with others of similar age, so we do consider this when assigning space in our dormitories. If you have a number of people who would like to stay in one area, please contact Jerry Elsenrath, SWIM's Registrar, and explain your needs.

Our camping area is limited and sometimes fills up quickly, so be sure to send your forms in early to reserve your preferred accommodations. Up to eighty participants may camp in tents or small RVs along drives at the rear of camp. They pay all of the same fees as those who stay in the dorms. Officially, no electricity and no hookups are provided, though we have at times been able to provide electricity for lights only. RVs may not leave these sites after the evening of December 26th through New Year's Eve, and no cars may be parked in the camping areas.

If you are looking for slightly more civilized accommodations (for example, your own room with a private bathroom) consider staying at one of the local motels.

Refunds

The first \$25 of fees are non-refundable. Refunds of the remainder are available if notice of cancellation is sent to the registrar before December 1st. Fees for Outdoor Adventures are refundable until the close of registration on December 26th. After that refunds will be given only for trips which were canceled (due to lack of attendance or poor weather) or trips for which SWIM has incurred no expenses (e.g., sailing trips incur expenses so there are no refund for late cancellations).

Scholarships

Last year's auction raised \$2090 for this year's scholarships. First priority will go to requests received by Thanksgiving weekend, since we want to respond to all initial scholarship requests by December 1st. If you are requesting a scholarship, please note that on your registration form. Please then contact any member of the

scholarship committee, **Dee Medley**, **Pepi Acebo**, or **Diane Neville**, to make a scholarship request. Each member of the committee is available to respond to your scholarship inquiries or provide more information on scholarships at SWIM. Information is also available online at <http://www.swimuu.org>

Before SWIM: Christmas Day (a.k.a. December 25th)

Owaissa Bauer is not available until December 26th, but many of us like to congregate in Miami a bit earlier. The Unitarian Universalist Church of Miami, with which we are affiliated, lets us join them for a reception for our participants, a glorious turkey dinner, and home hospitality for overnight stays.

You must register in advance for dinner and accommodations. The dinner costs \$10 per adult and \$5 per child under 13 and must be included in your advance registration fee. It is held at the Miami church. From 826, take the Sunset Dr. (SW 72 St.) exit east. Turn right at the first street (SW 75-76 Ave.) at the small UU sign. Follow the road around the curves to the church at 7701 SW 76th Avenue.

Home hospitality costs \$10 per person per night. Please state your age and whether you have special needs, such as a bed rather than floor space for your sleeping bag. Much of our home hospitality space is shared floor space but we do have some volunteers able to share their homes with extra beds and bedrooms.

Janice McArthur and **Bob Jacober** will make arrangements based upon requests on registration form.

After SWIM: Stop to Sleep!

Yes, it will all come to an end on New Year's Day. We hope that you will leave Owaissa Bauer revitalized and refreshed but, for many of us, New Year's morning is not a time characterized by energy and wakefulness. Many members of our community live not far from the main roads we take to drive home. Some will offer their homes for much-needed sleep. At closing circle we will ask those who have homes to share to step forward.

We do not want anyone to drive when they are over-tired and sleepy, so please take advantage of their kindness! We have space on the registration form for you to



volunteer your home, and **Jerry** or **Marty** will post a list by December 30th so that everyone can make preliminary plans.

Other Accommodations

RV Rentals

In the past, a few families have arrived in rented RVs, which worked well for them. We just had to do a little finagling to run power to the RVs (since Owaissa Bauer has no RV hook ups). Even without power, RVs provide a touch of luxury. This is a better comfort option than sleeping offsite, since you don't need to worry about shuttling to the motel and you can stay on site.

If you need nicer accommodations than our bunkhouse cabins provide, you can rent an RV that accommodates 2–8 people in style for \$1000 to \$1,500 for 7 nights from RV rental companies, like adventuretouring.com and others.

There is no discount for sleepers in RVs parked on site. Participants have found reasonably priced RV camps in the SWIM area with more facilities.

6th Annual Motel SWIM

Two motels next to each other on U.S. 1 (South Dixie Highway) in Homestead provide alternative housing experiences. Floridian Hotel, 305-247-7020, and Inn of Homestead, 305-248-2121, provide two levels of price and service. Anyone who wants to stay at one of these motels must make their own arrangements using a credit card. These rooms will fill early with the holiday rush, so call early! By request, SWIM will help arrange limited van service or carpooling between the two motels and camp Owaissa Bauer for car-free residents.

Accessibility

Camp Owaissa Bauer is generally flat, and buildings, including bathrooms, are reasonably accessible for elderly and disabled persons. Offsite trips require transportation by standard vans or private vehicle and are thus subject to some



limitations in accessibility. Offsite destinations vary considerably in the level of accessibility. If you are physically challenged but would like to participate in SWIM, please contact **Mary Ann Somerville**, **Pepi Acebo**, or **Bill Loomis** for advice and help with making arrangements.

What to Bring

I know this will come as a shock, but Owaissa Bauer facility is being upgraded over the next year and a half. Bathrooms have new stalls and toilets and all the electricity has been upgraded to support air conditioning and heat pumps for the dormitories. These may or may not be installed by this SWIM.

For the time being, you should plan on our accommodations, both dorms and camping area, still being fairly rustic. There are no electrical hookups for tents, but dorms do have outlets. These beds will never be called “soft” thanks to thin mattresses and the addition of sheet metal over the springs a few years back, so you will want extra padding to put under or over the thin mattress supplied by the campground – at least a sleeping pad. Better is a 3-foot wide, 7-foot tall sheet of 6" foam or your own small day bed or inflatable mattress. A good night's sleep, when you choose to sleep, is the key to having a great time at SWIM.

You will need your own bed linens – sleeping bag, sheets, blanket – and towels and washcloths. Other items that may add to your comfort are mosquito repellent, sunscreen, a bathing suit, casual clothing that can get wet and be layered as the weather changes, fun clothes to wear out to dinner or on New Year's Eve and other theme nights, a folding chair, a light if you stay in the dorm, a flashlight for our unlit paths, your own toiletries in something you can carry back and forth to the bathhouse, and other things such as cameras, games, cards, musical instruments, sports



equipment, books, etc. for fun. Space is somewhat limited, however, so leave the kitchen sink at home! Of course, all weapons and illegal items are strictly prohibited. Also leave Fido and Fluff at home – the only animals allowed are seeing eye dogs and the local wildlife.

To meet the requirements of Florida state law, parents must provide car seats for children ages three and under participating in youth programs or off-site activities.

12 Step Groups

Most years, we set up a time and a place for initial meetings the first day. Attendees make their own arrangements for subsequent meeting times and places. Please feel free to contact our **director** or **chaplain** for up-to-date information.

Health Concerns

We encourage you to use good common sense about washing your hands, pacing yourself, getting enough sleep, taking precautions with sun exposure, and drinking enough water. SWIM is most fun when you are healthy!

SWIM makes every reasonable effort to provide a physically healthy and safe environment. Many of our staff are familiar with basic first aid. We have a volunteer health and safety coordinator, **Joan Watterson**, who addresses issues of site and program safety and provides for basic first aid, but we are not a health care provider and must stress that we are not in a position to support on site someone with serious medical illness. We cannot supply nor prescribe medication (some over-the-counter medications and sunscreen may be available through the SWIM Store).

There are hospitals and urgent care facilities in the area to which we can refer you if you are in need of such care, and we can transport you there if necessary. You must have your own insurance to cover such a contingency. Should you have asthma, serious allergies, or any chronic

condition which might require emergency medication, please be sure that you have your medication with you and available wherever you are, and that you have informed companions and trip leaders of the location and use of your medication in the event you are unable to do so.

If you are a minor at SWIM with special medical needs, you must carry on your person and provide staff a copy of pages 2–4 of our registration forms showing your medical needs, insurance, contact information for your parent or legal guardian, and authorization for emergency medical treatment (see registration forms).

Attention Swim Shoppers

The SWIM Store will be located in the dining hall and open daily. We'll have a variety of items likely to be forgotten when packing or lost in the bath house.

Although SWIM 2005 clothing items (based on theme art) will be available in limited quantities, please pre-order when you register to guarantee availability.

Books, music, and hand-crafts from SWIM artists will also be available at the store. You will have the opportunity to select some beautiful and unique items. SWIM receives 20% of the sales. If you want to sell anything, you must contact **Laura Somervill** before SWIM!

SWIM Thrift Shop Boutique is also back by popular demand. No time to visit thrift shops in the area? Not to worry, as we bring the thrift shop to you. You are invited to bring used garments to sell, as well as to stop and shop. Please put clothes on hangers and tag them with price and your name. SWIM will benefit by getting 20% of the price.

Community Playtime

Before dinner, from 4pm until 5:30pm, we chill out between the dining hall and the tree circle. This is just a good time to meet new people and reconnect with old friends. Some afternoons include "spontaneous" activities. Expect the unexpected...

Fair Day!

Wednesday is Fair Day! Community Playtime starts early and goes late...

SWIM Nuus

Every day, at dinner, you will be greeted

with a brand new edition of the SWIM Nuus, full of schedules, reminders, thank you's, human interest and humor IF YOU PUT IT THERE! The editor will collect all the contributions each day by lunch time. Wednesday/29th, we'll feature the views of candidates for the SWIM Board.

The first edition will be in your confirmation packet so, if you want to publish changes, welcomes, don't-forget-to-brings, or other important pre-SWIM information, please get a write-up to the editor, **Tara Luetkenhaus**, at tara@worldlinkisp.com by December 1st.

Community Gathering

Each evening at 7pm, we'll meet in the new Big Tent area (between the dining hall and the infirmary) for announcements and answers to your pressing questions. It's also a fun time to learn and sing a few songs together and to share our day. **Vonnie Hicks** will be leading these gatherings.

Worship

At 7:30pm, evening worship services, gathering in the new Tent area, bring us together for about 45 minutes for contemplation, inspiration and jubilation! Our services tend to be experiential, are sometimes outdoors under the canopy of stars, and tend to span that range of religious traditions from which we Unitarian Universalists draw meaning.

Monday: *Our welcome service coordinated by our chaplain, **Rev. Ann-Marie Alderman**.*

Tuesday, Thursday, and Friday: *Worships planned for and by our community. If you would like to help plan worships with Ann-Marie, please let her know.*

Wednesday: *The teens follow their tradition of putting on a creative and inspiring worship service for the entire community.*

Saturday: *Mary Ann Somervill, Kip Barkley and Rev. Ann-Marie Alderman will lead a Wiccan ritual of transition.*

The worship themes and content are determined by the individuals putting on the worships. You can be one of these.

Dancing

Tuesday and Wednesday, 8:30pm–10pm, Whether you can tap like a metronome or barely carry a heart beat, this is a can't-miss opportunity to tune-up your hands and feet to your heart and soul.

Jam Jenkins will teach East Coast Swing

and Salsa dancing. Whatever you call it, it's the centuries-old tradition of making the same mistake that your neighbor is about to make, in rhythm. Register for it!

Wine Tasting

Monday and Friday, 8:30pm–9:15pm.

Learn from our very own food science professor, **Jon Hoskin**, about wines.

Register for this workshop!

33rd? Annual Coffeehouse

Thursday, December 29th, 8:30pm–10pm.

We've been doing this so long we don't know how long we've been doing this.

Perhaps since the first SWIM in '72 or '73?

Grab a few friends and put together a song, skit, or performance for SWIM.

5th Annual Auction

Friday, December 30th, 8:30pm–10pm.

Always a crowd pleaser, the SWIM auction is one of our most popular events. Packed with great stuff for everyone, this fundraiser is expected to include an array of goods and services, donated by you, the SWIM community! Last year's event auctioned off such luxuries as a private plane ride, fine handmade crafts, homemade gourmet dinners, musical serenades and home hospitality in the following cities: Boston, Atlanta, Miami and Key West. You never know what great surprises you will find at the SWIM Auction. With additional comic entertainment by our Young Adults.

Please be generous with donations of goods and services. All proceeds help the greater SWIM community and recently have gone to the SWIM Scholarship Fund.

Campfire

The logs are lit at 8:30pm, or right after the auction/coffeehouse, illuminating an hour and a half of song and storytelling led by our beloved leprechaun, **Pete Leary**.

All in-the-closet and out-of-the-closet performers are invited to bring their voices, instruments, and talents to share with the gentle kindred spirits around the campfire. Besides some new songs, Pete may give brief yodeling lessons. All are invited to experience this primal return to the ancient ways of community celebration. Campfire schedule may vary at the discretion of our own Fire Goddess, **Diane Neville**, our designated campfire monitor.



Serendipity

We at SWIM like to have fun. Serendipity is where we meet by chance, and dance the night away. So, push back the tables, turn on the sound system, pick out some tunes, watch some boogie, and cut a rug of your own. Available libations for donations. There will be games, too. Join us for new card and dice games plus your favorite classic board games.

Monday, 10:30pm–1am: *It's the first night of SWIM! Bring your favorite tunes and dance!*

Tuesday, 10pm–1am: *SWIM Family Feud, with actual SWIM participant survey responses, followed by a YA-hosted Serendipity.*

Wednesday, 10pm–1am: *Dynomite! It's a high school dance! Relive your last sock hop with SWIM's Teens. Bring your liger drawings. In respect for the theme, all the beverages served will be in costume. Mmm, punch!*

Thursday, 10pm–1am: *After the auction, it's the best of the 40's, 50's, 60's, and 70's.*

We're talking about the music and the dancers! The teens and young adults will be out of the building. We'll have the floor!

Friday, 10pm–1am: *After the coffeehouse, Salsa and swing your heart away with a mix of latin, swing, jazz, funk, and afro pop beats. Get your groove on.*

Saturday, 10pm–2am: *Bring your "Heavenly Body" theme outfit and put us under your influence. It's the most universally stellar New Year's Eve Party of planetary proportions...*

Film Festival SWIM '05

Whether you are a serious moviegoer or simply someone with insomnia, you can join our volunteer cinemaphiles as they continues the late night tradition of showing movies at SWIM. We plan to start the titles – each lovingly selected from the local video store or our own private collections – between 1am and 2am.

New Year's Eve Celebration

On New Year's Eve, Nancy McDermott



and her amazing troupe of volunteers will transform the Dining Hall for New Year's Eve Celebration. From 8pm to 10pm, the Dining Hall will be closed so that spontaneous volunteers and 403 Decorate for New Year's Eve workshop participants can finish the special décor. Doors open at 10pm and, at midnight, we'll ring in the New Year in style. Wear your New Year's Eve best! *(Those whose New Year's Eve best is their birthday suits should hold off on streaking until after 12:15am, please. Also, if you see streakers, you shouldn't be using your camera – thanks.)* Champagne and non-alcoholic beverages for the winners of the following awards: Best Costume, Best Sense of Style, Best Group Costume, Best Theme Costume, etc. Strut your stuff with the best! *(No award for best birthday suit – everyone would win!)*

See "Cost" info if you would like to have a guest at SWIM for New Year's Eve.

Youth Program (Ages 3–13)

Note: Parents and guardians must attend a brief orientation at 7pm, December 26th, in the Crafts Room. Feel free to contact our youth Program Co-Coordinators with any questions.

Susie Enwright, R.E. Assistant at the UU Church of Asheville, and **Tryst Chagnon**, R.E. Director at the UU Fellowship of Raleigh, will be coordinating our youth programs again this year. SWIM's youth staff are adult UUs with experience working in UU camps and youth programs across the continent.

Programming for the youngest of our SWIM community is a flexible combination of play, art, hugs, adventure, music, food, stories, games, trips, and swimming. The youth will gather every morning at 9am for the day's opening activities. At 9:30am, older youth will be able to pick and prepare for activities for the day. Morning activities will go until 12noon. Afternoon activities start at 1pm and go until 4pm. Parents are expected to pick up and sign out their youth from the youth program at Noon and



at 4pm. With prior arrangements, youth staff will be available to supervise youth over lunch and during Community Play Time (4pm–5:30pm) for parents who are pre-registered for outdoor adventure trips during those times.

Parent are encouraged to join their children for youth program activities and trips during the week.

Please read through the Confirmation SWIM Nuus (which will be mailed or emailed to pre-registrants) for a day-by-day breakdown of Youth Program events.

By the way, to meet the requirements of Florida state law, parents must provide car seats for children ages three and under in SWIM youth programs or off-site activities.

Childcare Co-op

All adults staying in dorms with children are asked to sign up for childcare co-op shifts for one evening during the week and one hour on New Year's Eve. Please mark your preferences on your registration. The registrar will make preliminary assignments based on requests and co-op needs. The youth program staff will coordinate the Co-op schedule during SWIM.

Families

Note: Parents and guardians of young children (and individuals offering childcare outside of the regular youth programming schedule) should take the opportunity to meet one another on the first evening during and after the 7pm mandatory Youth Program Orientation in the Crafts Room.

Families with young children are generally housed in the Family Dorm, which provides families the opportunity to arrange bed times, share and coordinate late-night childcare, and possibly hire childcare during times when parents are not able to be present outside of the Youth Program schedule. Although SWIM does not provide specific programs for youth under the age of 3, there are usually people willing to volunteer to provide a childcare

break for parents of very young children.

There are lots of activities to do together and separately each day. We work hard to avoid conflicts and make all of our programs work well for families.

Here are a few examples:

The Youth Program start each day at 9am with a half-hour Morning Circle with music and singing. Parents may stay for all of Morning Circle and still attend the morning Theme Talk at 9:35am and their workshops.

Many trips during the week are ideal for families. Although it's good for all youth to have some time on their own, parents are encouraged to join youth program activities.

This is more significant for teenagers who are establishing their own separate identity among their peers and in the larger society. Parents who want to spend more time at SWIM with their teenagers should ask their teenager to help pick out a trip or activity during the week that they can do together. All parents and guardians of teenagers should also set a specific time each day to touch (not just waive at) their teenagers.

Parents who want to better understand UU youth and teen program practices should sign up for workshop 423 Speaking UU.

By the way, to meet the requirements of Florida state law, parents must provide car seats for children ages three and under in SWIM youth programs or off-site activities.

Teen Program (Ages 13–18)

Note: Participants in the Teen Program and their parents or guardians MUST attend a mandatory orientation in the Teen Dorm at 9:00 PM, Sunday, December 26th. Teens who would like to offer childcare services should also stop by the Craft Room at 7:00 PM the first evening of SWIM.

In addition to Teen Program activities, teens may pick from a wide range of intergenerational workshops and trips listed by number in the following pages.

*If you have questions, feel free to contact **Graham Coriel-Allen** or **Lara Dean**, our Teen Program Co-coordinators, or **Pepi Acebo**, SWIM's Director, before SWIM.*

The SWIM Teen Program is the place to be for teens interested in personal development, community building, and action-packed fun. Teens, this is your opportunity for a solid week of wacky excursions, crazy crafts, and awesome dance parties. We do our best to provide a safe, supportive environment geared

towards YOUR empowerment. We'll be having a meeting the first night of SWIM to go over the schedule, the rules we have, and any possible program changes and options. The experience is what you make of it, so be sure to bring your energy and ideas. Here is what is in store:

Monday: Evening orientation (bring your parent or guardian), then a discussion on sex and gender (teen community only).

Tuesday: Thrift store shopping in the morning, DIY Digs after lunch, Sushi Making before dinner, and 546 Teen Night Canoe after dark (register for trip #546, \$15).

Wednesday: Volunteer Day! This is when we help out the SWIM community and show them how to have fun! Activities include assisting in the kitchen, Fair Day! after lunch, Teen Worship in the evening, Honesty Workshop with the YA's, and a "High School Throwback" themed Teen 'dipity at night.

Thursday: Teen Beach Day! Sand and sun in the morning, Coconut Grove in the afternoon, and 746 Teen Night Sail after dark (register for #746, \$15).

Friday: Mystery Trip! An unexpected excursion into the awesome unknown!

Saturday: Pre-emptive clean-up all day long, optional skinny-dipping trip around noon, Genderdecon Show at night, and the New Year's Party finale.

Be sure to bring or send in \$30 to pay for the Teen Night Canoe and Teen Night Sail trips, plus any extra cash for thrifting and field trip snacks. Keep in mind that SWIM is a rustic environment so be sure to bring plenty of pillows, bedding, an alarm clock, flashlights, sunscreen, toiletries, warm and cool clothing, a bathing suit, and a clean towel or two. Also bring dancing clothes, wacky costumes, worship materials, toys (Frisbees, hacky-sacks, etc...), musical instruments, songbooks, candles, scrap material for DIY Digs, knitting and crocheting supplies, skit ideas, drag clothes, and anything else you may need for fun (and legal) activities. Be careful about bringing fragile and valuable things, as the teen dorm usually transforms into a huge pile (people included). Also remember that we will be working together to build a positive community, so forget about bringing destructive behavior.

Teens ages 13–18 may participate in Teen Program, which means participating in Teen Program activities and sleeping in the Teen Dorm. Minors staying in the Teen Dorm

are still the responsibility of their parents or guardians and should be in contact with their parents or guardians on a regular, at least daily, basis.

If you are 13, you may choose to participate in either the Youth Program or the Teen Program, but not both at the same time. If you are 18, you may choose to participate in either the Young Adult Program or the Teen Program, but not both at the same time.

Teens of any age may choose to stay in the family dorm or camping area under the supervision of their parents or guardians.

While it is not a major focus of our program, our teen experience usually includes an off-site, clothing-optional activity (i.e., skinny dipping) for teens who choose to participate. While not culturally appropriate in some context, it's certainly culturally appropriate in south Florida. This activity encourages a positive experience of one's body in a non-sexual setting within the atmosphere of respect and acceptance we promote within the program as a whole. The trip is usually preceded by discussions on body-image issues in teen's lives and society at large.

The Teen Program is guided by the UU principles and youth empowerment, and affirms people of every race, class, sexuality, gender, religion, and ability.

Young Adults (Ages 18–35)

*Note: Interested young adults will meet for an orientation in the Young Adult Dorm at 10pm, Friday, December 26th. Contact **Britt Dunn**, YA Coordinator, if you have questions.*

How do we use the time we have at SWIM? Many of us work on staff, making sure the kids are cared for and that food gets on the table. We care for the community at large, making sure camp goes smoothly and reaching people outside of our smaller group. But at night, we tend to come together, sharing and living our lives as Young Adults within the SWIM community. The YA's are held together not by how many years they've been coming to SWIM, but by an art of Hanging Out that is so much more than just hanging out. Young Adult programming this year at SWIM is not a mandate (there will be plenty of time to create and experience the Young Adult community outside of these planned activities) but simply an opportunity. It is a chance to come together to experience each other from a different angle. It is a chance to live the

the official swim 2005 registration form!

Page 1

Step 1: Who's Sending in the Form? (Only one copy of this page per address)

Use separate Registration Forms for different address, but submit them together.

Your Name	Home Phone
Address	Work Phone
City/State/ZIP Code	Email Address

Are you willing to have weary travellers stay at your home January 1st? Yes/ No

Step 2: Who's Coming to SWIM together? *include your Birth Date, Time, and Place for your own full astrological reading (just for fun)

This form has space for five people at the same address registering together. Please enter each participant's subtotals from Step 3 on Page 4 of this form.

Participants Names	1st SWIM?	Gender F/M/	Dorm Choice	Food Choice	Birthday/Date Birth Time/Place*	Age on 12/26/05	Registration Fees	Activity Fees Step 3, Page 4	Room Fees	Meal Fees
							\$	\$	\$	\$
							\$	\$	\$	\$
							\$	\$	\$	\$
							\$	\$	\$	\$
							\$	\$	\$	\$

Dorms: (C)amping, (W)omen, (M)en, (Q)uiet Coed Adult, (N)oisy Coed Adult, (Y)oung Adult, (T)een, (F)amily

Food Choices: (V)egetarian, (M)eatavore, (O)mnivore

Step 4: How Are You Getting To SWIM?

On Dec. 5th, Jerry Elsenrath will compile all carpool info and email carpoolers. Call or email for last minute needs.

Carpool? ☐ Need... ☐ Offer... a ride between SWIM and _____.

I plan to leave on _____ at _____ AM/PM, and that can vary by _____ hours.

I think ☐ I can/ ☐ I cannot... ☐ I do/ ☐ I do not need... help driving. Vehicle _____ Spaces _____

Flying? Please expect me on ☐ 10am ☐ 2:30pm Dec. 26th SWIM Shuttle (\$10/person) ☐ my own transportation

When I leave, please expect me on ☐ 10am ☐ Noon Jan 1st SWIM Shuttle (\$10/person) ☐ my own transportation

Arrive _____ Airline _____ Flight # _____ Depart _____ Airline _____ Flight # _____

Early, on December 25th? I would like to ☐ Join the Miami UU Church for Christmas Dinner (\$10 adult, \$5 child)

☐ Request Home Hospitality (Deadline Dec. 10th, \$10/person) ☐ Offer Home Hospitality since I live in Miami

Do you have any special Home Hospitality needs? _____

While I'm thinking about it, I want to be sure to...

☐ Join CU2C2 for \$35 to support UU camps and retreats as a whole and receive special discount offers.

☐ Donate \$ _____ to the SWIM Scholarship Fund to help others go to SWIM.

Step 7: Checklist Before Mailing

☐ I've filled out every space on this page and added up all totals.

☐ I've enclosed a check payable to SWIM for the **Total Due Now**

☐ Each adult has filled in workshop, adventure, t-shirt, mugbook, & volunteer preferences in Step 1

☐ Signed Parent's Release for ALL minors

☐ Notarized Release for Children Attending SWIM With Someone

Other Than A Parent for each minor not attending with a parent

☐ Signed Emergency Release for ALL participants

☐ I've used separate forms for different addresses

☐ I'm mailing these forms so they will arrive before Dec. 20th

☐ For Priority Mail/FedEx, I've signed the "waiver of signature"

☐ Mail Registration Forms,

with check, to...

S.W.I.M.

c/o Jerry Elsenrath, Registrar

8708 N. Lynn Ave

Tampa, FL 33604-1316

Activity Total	Room Total
\$	\$
Reg Total	Meal Total
\$	\$
Shuttle Fees	Mugs & T's Step 3, Page 4
\$	\$
Hospitality	
\$	
CU2C2	
\$	
Donate	
\$	
Total Due Now	Total Due at SWIM
\$	\$

Step 5: Fill Out the Emergency Release Form & First Aid Information

* please make copies or additional printouts of this page (online at swimuu.org) for EVERY participant!

Please fill out a COPY of this page for EVERY participant – Adults & Children – making copies as needed

Please fill out ALL SPACES on form – If a line is not Applicable, please write in “N/A”

Signed Emergency Release Form – Please have form filled out and signed in all places for each participant

All registrants must complete this emergency release form and submit it with the completed registration.

Registrant's Name: _____ Date of Birth (MM/DD/YY): _____

In case of emergency notify (someone not at SWIM):

Contact Name: _____ Contact's Phone Number: _____

SWIM medical/nursing volunteers are authorized to provide or obtain medical treatment as necessary should I be ill or injured and unable to state my preferences. I hereby release SWIM from any liability associated with activities at camp or on SWIM sponsored trips.

Signature: _____ Date: _____ Witness: _____ Date: _____

The breaking of alcohol, drug, and other local laws will not be tolerated. The carrying of firearms shall not be permitted. The staff and board are all committed to compliance with these laws and, in fact, may not allow violators to remain at SWIM. Please note that Florida law makes it illegal for persons under the age of 18 to possess tobacco products and also illegal for anyone older to provide such items for them.

I have read the paragraph above and I understand and agree with the policy stated therein.

Signature: _____ Date: _____ Witness: _____ Date: _____

First Aid Information Sheet – Please have form filled out and signed in all places for each participant

This is for SWIM STAFF use in case of emergency. If any information changes, please make corrections during Registration on Dec. 26th.

Primary Physician: _____ Physician's Phone Number: _____

Pharmacy: _____ Pharmacy's Phone Number: _____

Insurance Company Name / Phone Number / Policy Number : _____

Medical Conditions: _____

Allergies: _____

Medications: _____

Any Other Medical Information (Attach Additional Sheets As Needed): _____

Step 6: Fill Out Releases For Minors

* please make copies or printouts of this page (online at swimuu.org) for each participant under age 18!

Parent's Release For Children Under 18 Years of Age must be signed

Parent's Release For Children Attending SWIM with Someone Other Than A Parent must be notarized

Parents and guardians of teens ages 13 to 17 participating in the Teen Program MUST attend orientation in the Teen Dorm at 9PM, December 26th.

Parents and guardians of children ages 3 to 13 participating in the Youth Program MUST attend orientation in the Craft Room at 7PM, December 26th.

Signed Parents Release For Children Under 18 Years of Age

I, _____ the parent/legal guardian of _____
(parent's/legal guardian's full name) (child's full name)

a minor, hereby grant my child/minor permission to participate and attend any and all activities associated with the Southeast Unitarian Universalist Winter Institute, Inc., in Miami (hereunder, "S.W.I.M.") from December 26, 2005 through January 1, 2006. My child/minor has permission to participate in S.W.I.M. activities both on and off the Camp Owaissa Bauer site, including, but not limited to the following: attendance at field trips anywhere in or outside of Miami-Dade County, Florida; participation and attendance in any and all sporting activities and games that include swimming, canoeing, sailing, and bicycling; participation and attendance at any and all religious or spiritual consciousness raising activities; and transportation to any of said activities by any means; provided that my child/minor will be under the care and supervision of a S.W.I.M. staff member while participating in said activities. I give my child/minor permission to participate in said activities regardless of whether such activities continue

past local curfew provided that my child is under the care and supervision of a S.W.I.M. staff member. When my child/minor is not participating in said activities, he/she will be under the care and supervision of either myself or his/her guardian appointed by me. In giving this permission to my child/minor to participate in the activities associated with S.W.I.M., I realize that the risk of injury to my child/minor resulting from participation in said activities is minimal but that risk cannot be completely eliminated, therefore, I hereby release S.W.I.M. from any liabilities associated with my child's/minor's participation in said activities provided that such liabilities did not result from gross negligence on the part of S.W.I.M. or any of its staff in the supervision of my child/minor during the course of said activities. I have reviewed the S.W.I.M. brochure and understand the activities schedule for my child's/minor's programs. I understand that a parent or guardian for my child/minor is required to attend all listed and announced meetings at S.W.I.M. for parents and guardians. I will alert staff immediately about any special issues or concerns regarding my child/minor at S.W.I.M.

Signature of Parent/Guardian

State/Province, Country & Date

Notarized Parent's Release For Children Attending SWIM with Someone Other Than A Parent

_____ is hereby authorized to act as guardian with full authority to act for health, medical,
(legal guardian's full name)
care, and deeds for my child/children _____

(child's/children's full name(s))

from December 26, 2005, through January 1, 2006, while attending S.W.I.M. activities for said child/children and travelling to and from S.W.I.M.

Signature of Parent/Guardian

State/Province, Country, & Date

Before me, _____ personally appeared and presented _____
(Parent's/Legal guardian's full name) (form of ID)

as identification or is personally known to me and did not take an oath, this day of _____, 2005.
(month & day)

Notary Public _____ My Commission Expires _____
(month, day & year)

I agree to be responsible for this child/children while attending S.W.I.M. and I am aware that this means that I will be entirely responsible for this child/children in case of illness, crisis, injury, or dismissal from S.W.I.M., and during any time when the child/children is/are not involved in supervised youth programs or teen programs. I have reviewed the S.W.I.M. brochure and understand the activities schedule for these programs. I understand that a parent or guardian for my child/minor is required to attend all listed and announced meetings for parents and guardians during S.W.I.M. and I will alert staff immediately about any special issues or concerns regarding my child/minor at S.W.I.M.

Signature of S.W.I.M. Guardian

State/Province, Country, & Date

Before me, _____ personally appeared and presented _____
(Parent's/Legal guardian's full name) (form of ID)

as identification or is personally known to me and did not take an oath, this day of _____, 2005.
(month & day)

Notary Public _____ My Commission Expires _____
(month, day & year)

Step 3: What Do You Want To Do At SWIM?

* please make copies or additional printouts of this page (online at swimuu.org) for EVERY TWO participants!

My Name is...

My Email Address is...

While I'm thinking about it, I want to be sure to get...

- ☐ SWIM Mugbooks: The SWIM photo directory (\$5/each due at SWIM) I would like _____ SWIM '05 Mugbooks
- ☐ Regular T-shirt: I would like: ____ 3X ____ XXL ____XL ____ L ____ M ____ S ____ Y (\$10/each due at SWIM)
- ☐ Regular Hoodie (Hooded Sweatshirt): I would like: ____ XXL ____XL ____ L ____ M ____ S ____ Y (\$25/each due at SWIM)
- ☐ Women's Cami-Shirt: I would like: ____ XXL ____XL ____ L ____ M ____ S ____ Y (\$15/each due at SWIM)

Mugs & T's

\$

Workshops & Outdoor Adventure Trips for Me

Number	Workshop or Trip Name	Days	Times	Fees
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$

Volunteer Jobs (1 per adult)

	Alternate
--	-----------

Co-op Shift (adults in Family Dorm)

	Alternate
--	-----------

Volunteer Job Codes Use these to mark your preference

Every adult works 1 volunteer job to help keep fees low.

Volunteer Jobs & Times	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast 7am – 10am		B1		B3	B4	B5
Lunch 11:30am – 2:30pm		L1		L3		L5
Dinner 4:30pm – 7:30pm	D0	D1		D3	D4	D5
Serendipity 9pm – 1am	S0	S1	S2	S3	S4	S5
Serendipity Cleanup 1am+	C0	C1	C2	C3	C4	C5
Staff are asked to cover an info desk shift if they can.						
Info Desk 9am – 12:30pm		M1	M2	M3	M4	M5
Info Desk 12:30 – 4:30pm		A1	A2	A3	A4	A5
Info Desk 4:30pm – 8pm	E0	E1	E2	E3	E4	E5
Childcare Co-op shifts for adults staying with children.						
Dorm Watch 9pm – 12am	W0	W1	W2	W3	W4	W5

Activity Fee Subtotal

\$

Activity Fees and Mugbook/T-shirt Fees will be totaled on page 1.

While I'm thinking about it, ☐ I can help with trips! ☐ I can drive on trips!

My Driver's License Number is _____

My Auto Insurance Company is _____

Please read the Refund Policy and watch for conflicting activities.

We want all participants to get the most out of their SWIM activities.

My Co-Registrant's name is...

Co-Registrant's Email is...

While I'm thinking about it, I want to be sure my friend/family member gets...

- ☐ SWIM Mugbooks: The SWIM photo directory (\$5/each due at SWIM) I would like _____ SWIM '05 Mugbooks
- ☐ Regular T-shirt: I would like: ____ 3X ____ XXL ____XL ____ L ____ M ____ S ____ Y (\$10/each due at SWIM)
- ☐ Regular Hoodie (Hooded Sweatshirt): I would like: ____ XXL ____XL ____ L ____ M ____ S ____ Y (\$25/each due at SWIM)
- ☐ Women's Cami-Shirt: I would like: ____ XXL ____XL ____ L ____ M ____ S ____ Y (\$15/each due at SWIM)

Mugs & T's

\$

Workshops & Outdoor Adventure Trips for My Co-Registrant

Number	Workshop or Trip Name	Days	Times	Fees
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$

Volunteer Jobs (1 per adult)

	Alternate
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Co-op Shift (adult in Family Dorm)

	Alternate
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While I'm thinking about it, this person...

☐ can help with trips! ☐ can drive on trips!

DL# is _____

Insur Co is _____

Activity Fee Subtotal

\$

If offering to drive, please have your driver's license copied at registration.



future instead of fretting over present challenges. It is hanging out in its purest form at our rarest moments.

Mix in with your own pick of Workshops, Offsite Adventures, Evening Programs, and the week in YA land:

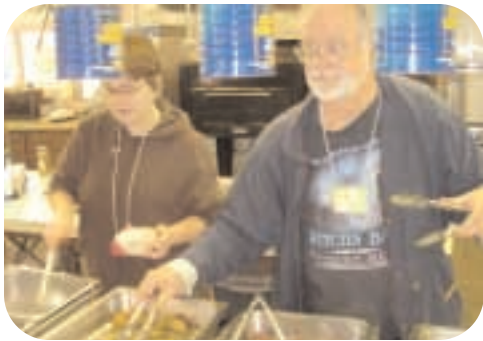
Monday: After the **Mandatory Orientation at 10pm** in the YA Dorm, stick around for a game of "Mithgow" and other late-night odysseys.

Tuesday: Tuesday night it will be our turn to host Serendipity, which we'll open with a homemade game of Family Feud, the surveys filled out by SWIM attendees themselves. Think of some good survey questions and write them down at the YA registration table. It'll be even radder if you bring some music or an iPod playlist to get the dancing started after the game is over.

Wednesday: The DAY of SOBRIETY. (You don't have to do this, but we're always amazed when we see how much fun we can have sober). The Youth Program has asked us to start our day with them, reading Dr. Suess's *The Sneetches*, with some performance art thrown in, if necessary. It's also Fair Day, which means cotton candy, Carnies, and an inflatable structure. We'll host a sport (*ahemUltimateahem*) out in the field for our Fair Day activity and have a chance to see what everyone else has put together for it, too. That night the teens are putting together the worship as well as Serendipity: A High School Dance. Regressing even further, we'll head back to our dorm to break sobriety at the Junior High Slumber Party. Get wired on soda, get your gossip out, and get it on in the closet.

Thursday: Get out in nature! Our Outdoor Adventure will be today: we're in Florida in December, people. Following the camp-wide coffee house, we'll set out for our yearly ritual at the Hot Tubs. God bless this state.

Friday: **Make sure to sign up to do lunch/dinner kp on this day so we can all toil together** Nothing like laboring with your peers. Believe it or not, this can be fun. Between meals, we'll be hosting a cocktail



party, poolside. Buy some cool stuff at the Auction, then head to our night on South Beach. To the windows, to the wall.

Saturday: Last day. The End of Time. New Year's Eve. Eff 2005.

NOTE: Housing – usually, we pile into the Young Adult (formerly, "Noisy Adult") dorm, but feel free to camp or stay in the "Quiet Adult" dorm. It can get overwhelming for the reclusives among us. Also, if we all sign up for KP duty on Friday, we can all work together, make it go quicker, and have an all-around more rewarding experience of labor.

For more information about young adult programs and why we have them, check our Young Adult Program description online.

Workshops

We have workshops of almost every description for you to learn, grow, enjoy, play, and share while you are at SWIM. Adults, Youth, and Teens are encouraged to sign up for workshops. Many workshops are intended for all ages. Workshops with age limits may be open to younger ages if accompanied by an adult (who may not have to be a parent – please check with instructor).

All of our workshop leaders are actually volunteers, so SWIM participants can experience fantastic workshops at little or no cost. If you have something you'd like to share next year, please contact our workshop coordinator, Carolyn Adler, at 813-237-6321, or email her at Adlerca@aol.com. Workshop leaders get lots of appreciation and a SWIM Workshop Leader T-shirt!

Multi-day workshops are numbered according to the first time they meet.

Please check <http://www.swimuu.org> for more information and changes!

Morning & Afternoon Workshops

001 Taoist Nutrition

Learn to use ancient chinese medical theory to treat illness by choosing foods according to the five element theory. The 2nd part of this workshop is Tuesday afternoon.



Greg Bode is an acupuncturist, chinese herbalist and massage therapist.

Free. Tues, 10am–12noon & 2pm–4pm. Ages 12+

301 Off-Loom Beading

Sharon will guide you in creating a gemstone chip and seed bead rope bracelet. Come play in Sharon's beadbox, laugh a lot and make something beautiful. All directions and supplies are provided. This workshop is continued in the afternoon.

Sharon Beecher has been a beadweaver for 5 years. She loves those little bits of colored light. Her joy is teaching others to work with beads. Fee \$8. Fri, 10am–12noon & 2pm–4pm. Ages 10+

401 Decorate for New Year's Eve [Drop-in!]

Learn the secrets the pros use to magically transform an ordinary space into something special. You will learn how to create a mood with light, color, theme and planning. Then the practicum - transforming our dining hall in a New Year's Eve dreamscape...

Nancy McDermott has been magically transforming spaces at SWIM and professionally for decades.

Free! Saturday, 10am–12noon, 2pm–4pm, 8pm–10pm. All Ages.

Morning Workshops

012 Coffee From the Grounds Up [limit 15]

This workshop will teach you how to shop for, select, prepare and enjoy good coffee. Chris Woodard has been drinking coffee for more years than he likes to think about.

Fee: Donation. Tues, 10am–12noon. Ages 18+

013 Hinduism for the Millennium

This brief survey is intended to demystify Hinduism, and compare and contrast it to major religions.

Sid Kere was born in India, and has had ample opportunity to absorb the basic tenets of the Hindu religion.

Free. Tuesday, 10am–12noon. All Ages.

015 Worship Workshop

Do you know when you've been to a great worship service, but don't know how to create one? A three part workshop useful for those who are (or who wish to be) worship leaders in their home congregations, or those who will be leading worship services during SWIM, or anyone who wants to know what makes for inspiring and challenging worship. There will be discussion of "worship" in a UU context, practical tips and resources for shaping worship services for all sizes, shapes and flavors of congregations. Participants in this workshop may try out their new skills during the workshop and during the evening worship services.

Rev. Ann Marie Alderman, is the Minister at the UU Church of Athens and Sheshequin, PA, formerly the Associate Minister in Jacksonville, FL, and this is her third year as SWIM chaplain. A Florida resident most of her life, she grew up Southern Baptist, graduated with a major in religion from Florida State and got her seminary education at Vanderbilt. In the late 70's, she applied for professional ministry credentialing from the United Methodist Church. Realizing that completion of that process would require her to conceal her sexual orientation, she choose to pursue other options! She became an auto mechanic, a service advisor, a bookstore manager, and for many years managed her family's wood flooring business. Her return to ministry began when she found UU congregations who encouraged her to pursue ordination again. She has been a Pastoral Care Specialist, a professional religious educator, and parish minister. She and her partner, Karen, love to travel and to camp and enjoy the company of UU's committed to fun, peace, justice and nature!

Free. Tues-Thurs, 10am-11am. Ages 13+

016 Yoga Group [drop-in]

Come join us for some gentle stretching. Carolyn will lead the group the first 2 days, other leaders will emerge.

Carolyn Adler has taken yoga classes for 20 years and has facilitated yoga groups in Tampa
Free. Daily, 11:15am-12noon. All Ages.

111 Asian Poetry Forms

From Hiaku to Tanka to Sedoka, this workshop will give you the opportunity to experience and try the fine art of Asian poetry.

Victoria Woodard is a creative writing major at Blake High School for the Arts in Tampa, Florida. She is very interested in Asian pop culture.

Free. Wednesday, 10am-12noon. Ages 12+

112 Knit a Scarf at SWIM [limit 10]

Come knit a scarf at SWIM. The fee covers

fat needles and yarn for one scarf.

Dee Medley has been knitting for years and would like to share her skill with you!

Fee \$18. Wednesday, 10am-12noon. Ages 12+

113 Economic and Personal Leverage in Difficult Times

At a time when everything seems inverted, when the Bronx is down, the Battery's up, God appears to be on sabbatical, and it is clearly not the best of all possible worlds. How do we resist the temptation to sink into despair? How do we cajole, converse, nurture and organize toward happy and productive lives? Join Joel for a provocative discussion on these issues.

Joel Simons has had a long career as a journalist.

He has edited business, financial and economic news for The New York Times for the last 13 years, and is fond of cats, wine and currency crises.

Free. Wednesday, 10am-12noon. Ages 18+

114 The 7th Principle Project: Integrating Eco-Spirituality into our SWIM Community and Beyond

The mission of the 7th principle project is to affirm and promote "respect for the interdependent web of all existence of which we are a part." This session is a springboard for the creation of a SWIM working group centered around this concept. If inspired, join with Tara, to create our green team. This workshop is repeated on Wednesday afternoon.

Tara Luetkenhaus has been joyfully practicing eco-spirituality for 10 years, gradually infusing her life with green spirit.

Free. Wednesday, 10am-12noon. All Ages.

211 Polyamory

Polyamory is a movement that is growing in population across the US. Literally, it means to Love more than One. People who practice polyamory seek to build stronger personal communities for their chosen lifestyles. This workshop will provide a place for practicing polyamorists to be together. Non-practitioners are welcome to come with an open mind. Fee covers photocopies.

Diane Neville and Judy Montgomery will lead this workshop.

Fee \$2. Thursday, 10am-12noon. Ages 12+

212 Games to Heighten Awareness

Come and enjoy this experience of cooperative games with no competition. No strength or agility is required. Engage and have fun!

Ann Hoffman is a licensed massage therapist,

and uses music consciously to create a peaceful healing environment. She is interested in sharing her music and presence with those in transition.

Free. Thursday, 10am-12noon. All Ages.

213 How to get "A Head" in Watercolor [limit 10]

Using watercolors and paper provided, learn how to sketch a face and then render it in watercolor. Bring brushes if you have them. Fee covers supplies.

Emily Sokoloff has a BFA from Mass. College of Art. She is a member of numerous watercolor societies and has had watercolors accepted in many juried shows.

Fee \$6. Thursday, 10am-12noon. Ages 12+

214 The Care and Feeding of Clergy: UU, Pagan, Rabbis, and Popes

We come to UU from many paths. Each one holds its own concept of ministry. Whether you want to clarify your expectations, aspire to ordination, or just want to be more helpful, here is a guided discussion where you will laugh and learn. *Kip Barkley has been attending SWIM forever and been in the politics of Fort Lauderdale UU for almost as long. His workshops are a place to share, giggle, and see things in a light different from before.*

Free. Thursday, 10am-12noon. Ages 15+

312 Could you be a Pagan?

So you think you might be a pagan? Kip and Mary Ann have been doing Wicca workshops for years and are sure to enliven and enlighten you.

Kip Barkley is a longtime UU who is also an elder in the Covenant of the Goddess. Mary Ann Somervill is a longtime UU who felt that discovering Wicca was like coming home.

Free. Friday, 10am-12noon. All Ages.

313 Buddhist Meditation

Buddhist meditation allows one to bring a sharp awareness to processes within the body. This workshop will present some of the culture, history and beliefs of the Buddhist world, and you will learn & practice some guided meditations.

Chris Roman has been a student of Buddhism for 20 years. He is completing his first book, a novel about Buddhist spiritual journeys.

Free. Friday, 10am-12noon. Ages 15+

314 Broadway Babies Name That Tune

Come along and listen to the Jeopardy! of Broadway. Prizes for the winning team. *Cay Cahalin was weaned on Broadway, and would like to share her love of musicals with you.*

Free. Friday, 10am-12noon. Ages 12+



411 Poncho's Never Ending Workshop

This is one of SWIM's most popular workshops. Come with an empty string and gather pearls of wisdom from Poncho and your fellow Swimsters. It's a great close for an old year to get ready for an even better new one.

Poncho Heavener doesn't like to brag about himself, so he hasn't given us any biographical information in years. We love him anyway.

Free. Saturday, 10am–12noon. Ages 13+

412 Creative Atheism

According to many commentators, traditional religions have many functions. This workshop suggests that many of these functions can be met without supernatural beliefs.

Ernie Wilson leads many of SWIM's outdoor hikes, observing and experiencing the wonders of the natural world.

Free. Saturday, 10am–12noon. Ages 13+

413 Spam Control & Other Tips for the Technology Novice

Jo will answer any question you might have about your computer. The sky is the limit. He will bring a case of Guinness, and if he can't answer your question to your satisfaction, you get a can.

Jo Jaquinta has been involved with technology for many years.

Free. Saturday, 10am–12noon. Ages 12+

Afternoon Workshops

021 Paper Maché

Join Patric and learn to create something interesting with paper maché. The 2nd part of this workshop is on Thursday. *Patric Leedom is a crafty person and has been working with paper maché for years.*

Fee \$3. Tues & Thurs, 2pm–4pm. All Ages.

022 D.I.Y. Digs

Why pay big bucks for mass produced mall fashions when you can make your own styles AND stick it to the man at the same time. We will be silk screening our own shirts, turning bike tires into bracelets, making headbands, armbands, rearranging old clothing, and creating belts. Bring interesting old clothes, shirts for printing (silk screen



kits are available at most art stores), blown bike tires, old seatbelts, and any clothes that might be turned into something interesting. *Put on by the Teen Dorm.*

Fee \$7. Tuesday, 2pm–4pm. Ages 10+

023 The Art of Politics

Effective political action needs two important things: the ability to give a simple message and an understanding of the message recipients. Come to this workshop to learn interesting things about working in the political arena.

Chris Woodard has been interested in politics for years, and is a member of the Executive Committee in Hillsborough County, Florida, for one of the major political parties. He has worked on several campaigns and is a student of political strategy.

Free. Tuesday, 2pm–4pm. Ages 18+

121 Beading with Holly and Dee

Come learn basic beading with some inexpensive beads (or bring your own).

Dee Medley and Holly Francis have been beading for years. They have different styles so there is lots to learn!

Fee \$3. Wednesday, 1pm–3pm. Ages 12+

122 Happy Feet

We will ceremonially wash and anoint one another's feet prior to painting marvelous designs on our toes. If your feet are happy, you are happy.

Doug Hughes and Holly Francis have lead this workshop numerous times, and usually wear happy feet (and smiles!) themselves.

Free. Wednesday, 1pm–3pm. All Ages.

123 Hair Dyeing

Yes, our teens sometimes change their hair color and so can you. Temporary hair dye and other transformations...

Free. Wednesday, 1pm–3pm. All Ages.

124 Aura Cleaning

We can all use a good wash now and then. Free. Wednesday, 1pm–3pm. All Ages.

125 Tarot Readings

Join one of our veteran Tarot readers for



insight and reflection.

Free. Wednesday, 3pm–5pm. All Ages.

126 Duct Tape Wallets

It is fun and easy to make a wallet out of duct tape. The fee covers the materials.

Victoria and Elizabeth Woodard love to make duct tape clothing and accessories.

Fee \$2. Wednesday, 3pm–5pm. Ages 10+

127 Partner Acrobatics

Join this gifted artist, and learn some basic acrobatic techniques.

Teresa Kochis is a visual and performance artist specializing in aerial dance. Trained in circus arts, she currently works as a social circus instructor for Cirque du Monde, Cirque du Soleil's outreach program.

Free. Wednesday, 3pm–5pm. All Ages.

128 The 7th Principle Project: Integrating Eco-Spirituality into our SWIM Community and Beyond (repeat)

Free. Wednesday, 3pm–5pm. All Ages.

222 The State of the Universe

What happened last year? How did the universe begin? How will it end? New science, new scientific toys, and much, much more. Due to the our ever-changing understanding of the universe, this workshop is subject to constant change.

Ron Edge is a Distinguished Professor of Physics Emeritus at the University of South Carolina. He has researched at Cambridge, Aarhus, Stanford, Sussex, Munich, Witwatersrand, the Australian National Universities, California Institute of Technology, Los Alamos, Oak Ridge, and the Army Materials and Mechanics Research Center. He also rings bells and plays the accordion, though not all at the same time.

Free. Thursday, 2pm–4pm. All Ages.

223 Chi Kung

Chi Kung is an ancient taoist breathing exercise system. It is good for the entire system- emotional and physical.

Greg Bode is an acupuncturist, chinese herbalist and massage therapist.

Free. Thursday & Friday, 2pm–4pm. Ages 13+

224 Tie Dye

Learn how to make circles, spirals, arrows, stripes, figures, and more. Learn what dyes are truly colorfast, bright and beautiful, and how to permanently set them. Don't leave SWIM unadorned. Workshop fee covers enough dye for one t-shirt that you bring. For more items, or larger items, please bring an additional \$4 per item to the workshop. A small number of white t-shirts will be available at an additional charge. *Allan Bergal has been making and selling tie dyed shirts for years. He has taught tie dying at SUUSI and SWIM for as long as most of us can remember.*

Fee \$4. Thursday, 2pm–4pm. All Ages.

321 The Joy of Massage

You will learn to give a back massage that will have them melting in your hands. You will be able to locate knots and tense spots so you can use your hands, forearms and elbows to relax muscles and ease pain. Better yet, someone will practice on you! *Chris Roman's passion in life is massage therapy. This is the 4th year he has offered this popular workshop.*

Free. Friday, 2pm–4pm. Ages 13+

322 Introduction to Cohousing

Do you ever feel isolated in your neighborhood? Do you long for a small-town community feeling where you really know your neighbors? Come find out more about cohousing, a modern alternative for creating an old-fashioned community. *Peter Lazar is a resident of Shadowlake Village, a cohousing community in Blacksburg, Virginia, and active in the cohousing movement nationally.*

Free. Friday, 2pm–4pm. All Ages.

422 How to Open a Coconut

There is a technique to opening a coconut. Come learn how, and enjoy some of this delicious taste fresh, from the tree.

Allen Bergal, the Kitchen Deity for breakfast, lives in South Florida and is very familiar with coconuts.

Free. Saturday, 2pm–4pm. All Ages.

423 Speaking UU

We've all heard the one about how many UU's it takes to screw in a lightbulb. (And if you haven't, we'll repeat it in this workshop!) In an effort to be inclusive, we sometimes ignore differences in our congregations and communities. In this workshop, we'll explore power dynamics inherent in different UU approaches to communication, conflict, and problem-

solving. Starting with the premise that conflict is a natural, inherent, and acceptable aspect of diversity, we'll cover abstract constructs and practical approaches to working with conflicts in our lives and beyond.

Pepi Acebo is the out-going and outgoing Director of SWIM. He sees conflict as a natural expression of creativity and diversity in a pluralistic world – including our UU intentional communities like SWIM.

Free. Saturday, 2pm–4pm. All Ages.

Late Afternoon Workshops

031 Sampling the Sensual Six Pack [drop-in]

Is your beer an epicurean eyeful, does it titillate your tastebuds, or even cause an olfactory orgasm? If not, help is available here and you might learn something about beer. Bring 1 or 2 six packs of lager, ale or barley wine (no bland beers please). The leader will explain beer and all its variations.

Jon Hoskin is a home brewer with a Ph.D. in food science. Jon also evaluated beer for "The World Beer Review" (no longer in print).

Fee: A good six-pack and a sense of humor.

Daily, 4pm–5:30pm. Ages 21+

032 Multimedia Production

Spend some time in Nerd Central helping Vonnie and Charlie create!

Vonnie Hicks is SWIM's multimedia guru, and is looking for help with the SWIM video and promotions. Charlie Somerville is taking on producing this year's SWIM mugbook for the first time and needs your SWIM photos!

Free. Daily, 4pm–5:30pm. Ages 15+

033 Sushi Production

Might want to take a light lunch before this workshop. Learn to make your favorite rolls (sushi, that is) and then chow down.

Fee covers supplies.

Put on by the Teen Staff.

Fee \$5. Tuesday, 4pm–5:30pm. All Ages.

Evening Workshops

341 Wine Tasting

Wine is known as the fruit of the gods.

Come carouse with the deities and bring your inner Bacchus. Bring your favorite wine, no screwtops or boxes, please. The first sessions will be the first night of SWIM. The second session will be during (and integrated with) the SWIM auction.

Jon Hoskins has a Ph.D. in Food Science. He has been a university faculty member in Dairy and Food Science Departments and a member of nutrition programs. Jon loves to taste good wine.

Fee: A bottle of good wine. Perhaps bring a second bottle to contribute to the auction! Monday & Friday, 8pm–9:30pm. Ages 21+

041 East Coast Swing & Salsa

Learn to communicate and express yourself through the rhythms of East Coast Swing and Salsa. You will be led patiently through the basics.

Jam Jenkins is currently the social director of Duke University's Dance Team and has won dance competitions.

Free. Tuesday & Wed, 8pm–9:30pm. Ages 13+

Outdoor Adventures

We have planned many exciting things for our community to do in the greater Miami area, which includes Everglades National Park, the Florida Keys, and Biscayne Bay. Some of these trips are quite adventurous while others are quite tame—be sure you read the descriptions carefully to be certain the trip matches your abilities.

Some of our trips require advance reservations, and others may fill because of their popularity.

You should register early for your Outdoor Adventures to ensure that you have a place and that your trips are not cancelled. You may add a trip any time the Outdoor Adventures staff is working (not in the shower or at dinner!) up to the time the trip leaves.

We will be in South Florida in December—this means that the weather will be either wet or dry and the temperatures will probably be somewhere between 32° and 90°. We expect sunshine in the 70's, but we can't promise. So you should bring clothing which can be layered for warmth and for protection from wind and rain if necessary, and which can be shed as the temperature and your physical efforts increase.

Most trips will require shoes. For most hiking and water adventures you should wear shoes that you don't mind getting wet. Flip-flops and loose sandals may be great for the beach, but they are dangerous when they are worn on a swamp walk. Sturdy tied shoes are needed for hiking! On swamp walks, you can count on your shoes getting soaked.

With the exception of trips that specify that you must bring money for meals, any adventure that extends over meal times at Owaissa Bauer will include culinary delights packed by our excellent kitchen staff.

We rent vans which are used by our entire community for their programs. Outdoor Adventures uses these when they are available, but some of our trips must carpool. We need volunteers to drive on those trips! Yes, you are



on vacation, but so are we, and when we ask for volunteer drivers, we hope you will volunteer for the good of SWIM. In the event a van is NOT available for an offsite trip, we are happy to reimburse approved volunteer carpool drivers a preset amount (approximately equivalent to \$2 per person per 15 minutes of driving in one direction). If you wish to get reimbursed for driving your own car and taking others with you, you must get a voucher from Susanna Clark or Mark Harris prior to the trip departure. Volunteer drivers in carpools must refrain from the use of alcohol and must provide their license number and proof of insurance.

Outdoor adventures leave on time – or even early! Come to the dining hall porch 10 minutes before your trip is scheduled to leave with all required clothing, equipment, water, and any extras you may find useful. Once we have counted heads, written checks for outfitters, and given away space in the vehicles, your chance to go is over!

Children are welcome on many of our trips. Age restrictions are included in the trip descriptions. If you are leaving children at camp, they must be under the care of a responsible adult. If your trip will extend beyond the times for youth programming, you must arrange for their care and supervision.

More information and a full schedule is available online at www.swimuu.org

Tuesday, December 27th, All Day

501 Pennekamp Snorkel Trip

The living, shallow-water coral reefs of the Florida Keys National Marine Sanctuary are vibrant with color and activity. The 2 and a half-hour snorkeling tour includes some instruction about the reef and how to use your snorkel. We'll get 1.5 hr of in-the-water time. Masks and fins can be rented for \$2 each, and the \$2 snorkel is yours to keep. Vests are also available for rent. Only competent deep water swimmers are allowed on this trip. Bring drinking water, sunscreen, light jacket, dry clothes for the ride back to camp, \$ for mask, fin, snorkel.



Boat is included in trip fee. Lunch provided. Trip leader Mark Harris. Cost \$35. Tuesday, 7:45am–3:45pm. Ages 10+

502 Pennekamp Glass-bottom boat

Enjoy a unique glimpse into the serene undersea world in style and comfort. At 65 feet in length, the high-speed catamaran tour transports passengers to the various nautical destinations of the Florida Keys National Marine Sanctuary. The itinerary includes the sunken Navy vessel Spiegel Grove, as well as the shallow reefs teeming with wildlife. Bring sunscreen, water, \$ for snacks. Lunch provided. Trip leader Mark Harris. Cost \$29+\$, \$22+\$ teens/youth. Tuesday, 7:45am–3:45pm. All Ages.

Tuesday, December 27th, Morning

515 Owaissa Bauer Nature Walk

Explore our own backyard. Get a feel for the incredible diversity of plant life, be amazed at the solution holes, find out what makes a tropical hardwood hammock, learn to identify the dreaded poisonwood. Led by our SWIM expert Ernie Wilson. Free. Tuesday, 8:15am–10am. All Ages.

516 Owaissa Bauer Kid's Walk

With the youth program. Led by our SWIM expert Ernie Wilson. Free. Tuesday, 10am–11am. All Ages.

517 Teen Thrifting

With the teens. Led by our SWIM teen staff. Free. Tuesday, 10am–12noon. All Ages.

518 Everglades Alligator Farm & Airboat Ride

Besides the fast and furious airboat ride into the Glades, you'll also see wildlife exhibits, feeding, and learn the difference between crocs and alligators. Caution: Airboat speed may make contacts uncomfortable. Optional \$\$ for gift shop. Trip leader TBA. Cost \$20, \$10 ages 7–11. Tuesday, 8:30am–12noon. Ages 7+

Tuesday, December 27th, Afternoon

521 Fairchild Tropical Gardens &



Tram Ride

Kama Ward highly recommends this trip for families. Take the narrated tram tour for an hour and then wander through the 2-acre outdoor Tropical Rainforest, Conservatory, Gate House Museum and Tropical Fruit Pavilion. This year look for a special art exhibit with blown glass in nature. Trip leader Frank Filz. Cost \$21, \$18 for seniors, under age 12 free. Tuesday, 12:30pm–5:30pm. All Ages.

522 Sundown Birding

Tara will take you by van at a leisurely pace, scouting for birds across the Sea of Grass as you go. As the sun sets, share sandwiches and lists with your group before the ride home. Bring binoculars and mosquito repellent. Dinner included. Trip leader Tara Leutkenhaus. Cost \$10. Tuesday, 2pm–7:30pm. All ages.

Tuesday, December 27th, Evening

535 Dinner Out – Farmer's Market

At this nearby restaurant, join your SWIM buddies for a reasonably priced seafood feast where you can meet the locals. Cost \$2 + \$\$. Tuesday, 6pm–8pm. All ages.

546 Teen Night Canoe [limit 12]

Only Mark knows where you'll end up. Bring mosquito repellent, drinking water, wettable shoes, change of clothes. Trip leader Mark Harris. Cost \$15. Monday, 11pm–4am. Teens only.

Wednesday, December 28th, All Day

601 Deep Sea Fishing

Be prepared to get wet and smell fishy on Capt Michael's boat. Half an hour's ride out has you fishing for yellowtail and snapper while anchored on the patch reefs of the Keys. Dress according to the weather and bring a towel for the ride back. Rod rental included. Trip leader Mark Harris. Cost \$36. Wednesday, 8:15am–3pm. All ages.

Wednesday, December 28th, Morning

615 Early Manatee Canoe

We'll head out to the Coral Gables

Waterway early to catch sight of manatees in the slightly salty water of the canal. Paddling easily along the quiet canal, we will also look for fish and birds. Wear swimsuit. Bring sunscreen, mosquito repellent, wettable shoes, dry change of clothes. *Trip leader Susanna Clark.*
Cost \$26. Wednesday, 7:45am–11am. All ages.

616 Ernie's Everglades Hike

Our 4.4 mile hike begins on the Anhinga Trail where you can see many of the Everglades wildlife species and proceeds along the first road built across the glades to Flamingo. This road, the Old Ingram Highway, now abandoned, traverses the thick jungle-like Royal Palm hammock and crosses the first glades-penetrating canal by which early Floridians reached Flamingo from Homestead. Journey back in time as Ernie describes what it was like to for South Florida tourists getting off the train in the 1890s. *Trip leader Ernie Wilson.*
Cost \$8. Wed, 8:15am–12:30pm. All ages.

Wednesday, December 28th, Afternoon

621 Lunch Out – Cuban

Try yucca and frijoles negros at a cozy Cuban cafe. It's close by, yummy and reasonably priced. *Trip leader TBA.*
Cost \$2 + \$. Wed, 12noon–2pm. All ages.

622 9-mile Pond Canoe Trip [limit 11]

A great trip for the not-too-experienced canoeist, although ingenuity and resourcefulness will be required. Some paddling instruction included. Nine Mile Pond is an excellent spot to see alligators and bird life. Beyond, the trail twists and turns through a maze of mangrove clumps in the saw grass glades...not your ordinary trail. Bring wettable shoes, sunscreen, mosquito repellent, drinking water, sense of adventure, change of clothes. *Trip leader Chuck Harty & Marty Springer.*
Cost \$26. Wed, 12:15pm–6pm. Ages 13+

Wednesday, December 28th, Evening

635 Dinner Out – Sundowner's

Watch the sun set over the water and maybe see a dolphin or two while dining outdoors at this upscale restaurant. *Trip leader TBA.*
Cost \$8 + \$\$\$\$. Wed, 4pm–8pm. All ages.

Thursday, December 29th, All Day

701 Teen Beach Day/Coconut Grove

The teens and teen staff go to the beach and then hang in Coconut Grove before the Teen Night Sail. *Others are welcome to*

join the teens at the beach and/or the Grove but transportation and trip leaders are not provided.
Free. Wednesday, 10:30am–5:30pm. Teens.

702 Day Sail for the Immodest [limit 20]

This is the clothing-optional day sail. Leave your camera and your inhibitions at camp. Bring sunscreen, drinking water, \$ for snacks (stop on the way to pick them up), white-soled shoes (like tennis shoes). Lunch is provided. *Trip leader TBA.*
Cost \$42+\$. Thursday, 8:30am–5pm. Ages 18+

703 Learn to Windsurf! [limit 10]

704 Windsurf Rental Only [limit 10]

Mark Harris has many years of experience teaching this fun and rewarding sport. It does not require great physical strength or balancing skills. You should be able to stand up, sail off and come back by the end of the lesson – if you know how, just come along for the rental! Wear swimsuit and wettable shoes. Bring sunscreen – and lots of it! Bring snack \$, change of clothes. Lunch provided. *Trip leader Mark Harris.*
Cost \$40+\$. Thursday, 9am–3pm. Ages 13+

Thursday, December 29th, Morning

715 Shark Valley Tram Trip [limit 12]

Take the 2 hour tram ride along a 15-mile path and get a guided overview of the freshwater Everglades. The marsh offers one of the best opportunities to view alligators and the endangered snail kite. An observation tower located halfway around the tram road provides a spectacular view into the sawgrass marsh. Susanna Clark spotted two tiny Keys deer on her last visit. Bring sunscreen, drinking water. *Trip leader Marty Springer.*
Cost \$23, \$16 youth. Thurs, 7:30am–12:45pm. All Ages.

716 Shark Valley Bike [limit 10]

Instead of the tram tour, take the 15-mile loop road by bike. Bring your own or rent one for about 3 hours at \$5.75/hr. Bring day pack for drinking water, sunscreen, \$\$ for bike rental. *Trip leader Marty Springer.*
Cost \$8+\$. Friday, 7:30am–12:45pm. Ages 12+

Thursday, December 29th, Afternoon

721 Miami Odyssey

Join Florence in Downtown Miami for lunch, an overview by metro mover, and an art museum tour. *Trip leader Florence Cohen.*
Cost \$28 + \$. Thurs, 12noon–6pm. All ages.

722 Wild Bird Center Tour and Service Project

New! Service project and tour of this center which was established to reduce the

suffering of sick and injured wild birds, to educate the public about dangers to wild birds, and to return birds to the wild. Here's your chance to see many species of wild birds up close and to spend some time helping the center with its mission. *Trip leader Frank Filz.*
Free/donation. Thursday 1pm–5pm. All ages.

Thursday, December 29th, Evening

735 Dinner Out – Mexican

Chuck's pick of the crop for Mexican cuisine in nearby Homestead. *Trip leader Chuck Harty.*
Cost \$2 + \$. Thursday, 6pm–9pm. All ages.

746 Teen Night Sail [limit 20]

See the stars and Miami at night from the water aboard a lovely 30'-48' sailboat with experienced sailors. Bring snack \$, sunscreen, white-soled shoes (like tennis shoes). *Trip leaders are the Teen Staff.*
Cost \$15+\$. Wed, 6pm–12midnight. Teens only.

747 YA Hot Tubbing

A shorter hot tubbing trip for participants in the Young Adult program. See program description for more information. The longer, all-inclusive hot tubbing trip is Friday afternoon. *Trip leader Britt Dunn.*
Cost \$20. Thursday, 10pm–12:30am. YA only.

Friday, December 30th, All Day

801 Teen Mystery Trip

Need we say more? *Trip leaders are Teen Staff.*
Free. Friday, 10am–5pm. Teens.

Friday, December 30th, Morning

815 Monkey Jungle

This is the place where the humans are caged and the monkeys run wild! Joseph DuMond, an inquisitive animal behaviorist, released six monkeys into the wilds of a dense South Florida hammock in 1933. The release fifty years ago of that small Java troop signified the beginning of the larger thriving troop that runs free at Monkey Jungle today. The Java monkey is a skilled diver in the wild, collecting crabs and other shellfish along the riverbanks and mangrove swamps. Scheduled feedings show off these water skills as animals dive into a pool to receive fruit from the guides. A total of 30 species of primates are represented here including gibbons, guenons, spider monkeys and colobus. Bring \$ for snacks. *Trip leader TBA.*
Cost \$22, \$17 youth. Fri, 8:30am–12:30pm. All Ages.

Friday, December 30th, Afternoon



821 Everglades by Van

Visit three areas in the center of park with Ernie, our SWIM naturalist and return in time for dinner. See a representative sample of the natural communities in the Everglades from the van and with three short, easy walks into the wilderness. *Trip leader Ernie Wilson.*

Cost \$8. Friday, 1pm–5:30pm. All ages.

822 Women in Water [limit 8]

This clothing optional trip is for women only. Susanna Clark, River Nymph Extraordinary, will take you to a SWIM friend's house for swimming in the pool and hot tubbing. Or bring a book or cards and relax for an afternoon. Sharing life experiences is sometimes the best part of this trip. No pressure – privacy and confidentiality are assured. If you've never been naked just for the fun of it, this trip is for you. Bring amusements (cards, book, magazine, toenail polish) and sunscreen. *Trip leader Susanna Clark.*

Cost \$4. Friday, 1:30pm–4:30pm. Ages 13+

835 Dinner Out – Puerta Vallarta

Think seafood and Spanish cooking. A return to this SWIM favorite is a treat for your taste buds and the company isn't bad either. *Trip leader Chuck Harty.*

Cost \$2 + \$\$\$. Friday, 6pm–9pm. All ages.

847 YA South Beach Club and Dip

A trip to South Beach night club scene, with an optional dip. Sponsored by the YA Program. South Beach clubs are pricy so bring lots of cash. *Trip leader Britt Dunn.*

Cost \$8 + \$\$\$\$\$. Saturday, 1:30am–? Ages 21+

Saturday, December 31st, Morning

915 Mark's Exploratory Canoe

Does Mark know where he's going? Find out on this canoe adventure. No matter what the experience it's sure to be something to talk about at the hot tubs or the party. *Trip leader Mark Harris & Marc Robinson.*

Cost \$26. Saturday, 8:30am–12noon. All ages.



916 Flea Market

How about a trip to Bargain Town, the local Hispanic flea market? If you can't find it here, it doesn't exist. The colors, the atmosphere, a chance to practice your Spanish...fun, food, and fantastic Bargains! *Trip leader Frank Filz.*

Cost \$4 + \$. Saturday, 9am–12:30pm. All ages.

921 Adult Hottubbing

Yes, it's that famous Hottubbing ritual at Magic Waters, a lavish and immaculately maintained hot tub center. Tub rooms accommodate 6-8 people; the "executive" tub holds 12 and has an adjacent sauna. Magic Waters provides towels, cool showers, hair dryers, and stereo music. No glass containers, soap, shampoo, or oils allowed. Bathing suits optional and unlikely. Bring \$ for drink machine or your own plastic drinking water bottle. Also bring \$1 or \$2 for tips to the towel custodians. *Trip leaders Susanna Clark.*

Cost \$30+\$. Saturday, 1pm–4pm. Ages 18+

922 Teen's Optional Trip

See program description for more information. *Trip leaders are Teen Staff.* Free. Saturday, 12noon–5:30pm. Teens.

923 Local Bike Tour

Bring your own bike, helmet, drinking water, appropriate clothing. *Self-guided tour with maps provided.*

Free. Saturday, 1:30pm–4pm. All ages.

924 King Mango Strut

Absolutely All Ages! A SWIM favorite: Miami's most out-rage-ous, mock-parade provides a surreal and comical all-ages afternoon of entertainment. Bring your kazoos and craziness! Maybe you'll see someone you know. Maybe you'll even be in the parade... *Trip leader Chuck Harty.* Cost \$6 + \$. Sat, 12:45pm–4:30pm. All Ages!

We can't wait to see you at SWIM! :)



Proposed By-Law Amendment

The Board of SWIM, during its fall meeting, voted to put to a vote of the membership (that's all the attendees of SWIM 2005) to amend the bylaws in the area of where the institute is held as follows, in article II, Purposes, to add "ordinarily" before "in Florida" so that the revised By-Law will read:

The purposes shall be to promote religious and educational activities, and to sponsor an annual program from December 26 to January 1 for adults and children, called Winter Institute, to be held *ordinarily* in Florida, south of the St. Lucie Canal.

This was proposed and approved unanimously by the Board of Trustees of SWIM because our site search committee found a very limited selection of alternative locations for SWIM in the event that Camp Owaissa Bauer, our location since 1978, should become unavailable due to damage, emergency, or other reason.

Next year, for example, Camp Owaissa Bauer will be unavailable for SWIM while the Miami-Dade Parks and Recreation Department undertakes a major facility upgrade funded by the State of Florida's Safe Communities Bond Referendum. Members of the SWIM community and others lobbied for these improvements which currently include sound control in the dining hall, renovations in the kitchen, bathrooms in the dormitories, climate control in the dormitories, electrical upgrades, and, well, a lot of good improvements all over camp.

During our fall meeting, we also approved contracting for an alternative site for SWIM 2006: Pine Jog Environmental Education Center. This is a one-year switch to allow for potential construction delays at Camp Owaissa Bauer, currently scheduled for construction from March through November of 2006.

Please join us at Pine Jog for SWIM 2006, in Palm Beach County, just north of our Miami home. For more information about Pine Jog, visit <http://pinejog.org>.

Directions to SWIM

During SWIM, our address is Owaissa Bauer Campground, 17001 SW 264 St., Homestead, FL 33031. The phone number is (305) 247-9975. This pay phone is used for brief incoming calls for all participants, so you might not get through the first time.

By air:

You should fly into Miami International Airport (MIA), not another airport. SWIM provides limited transportation to camp – on December 26th only – for \$10 using our rented vans. You must call ahead or fill in the appropriate area on the registration form to arrange for this; we send the vans only if we know someone is waiting for them. The pickup times are **10am** and **2:30pm** on December 26th. At other times, we suggest **Supershuttle's** commercial service from the airport to camp for \$45+\$15 each additional passenger. For Christmas Day arrivals who have arranged for home hospitality, take the Supershuttle to the Miami UU church (at 7701 SW 76th Ave, Miami, FL 33143) for \$18+\$9 each additional person. Please call **305-871-2000** to verify prices and arrange service.

Please meet any SWIM ride or van at the end of **Concourse H**, the "designated" SWIM pick-up area, outside the Delta and USAir departure area upstairs in fresh air and sunshine, not the baggage claim level.

New Year's morning, we combine van returns with shuttles to the airport. We will send vans to the airport at 10am and Noon. If you can drive one of these vans for us, please volunteer to drive when you send in your registration.

By car:

Unless you live in the Florida Keys you will be driving south! SWIM is south of Miami in Homestead.

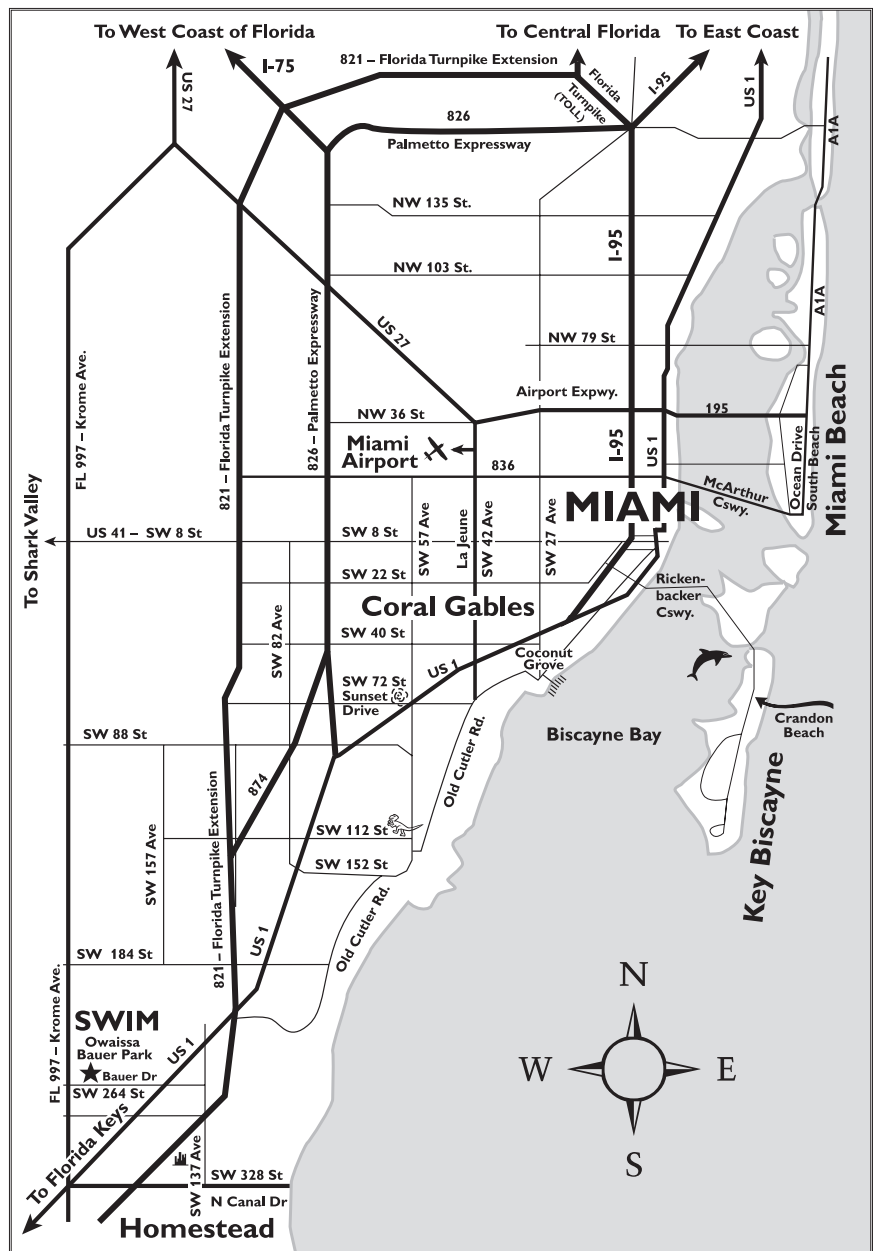
From US-1, turn right on 264th Street (Bauer Drive) into Owaissa Bauer, on the right just past 167th Ave. (Tennessee Road).

From I-95 south, drive west and then south on SR 826. You can take SR 826 to the end, exit on US-1, or take SR 874 to the Florida Turnpike Ext SR 821.

From I-75 south, you'll want to take the Florida Turnpike south, following the orange sun signs toward Key West. It's worth paying turnpike tolls. Finish your trip following these directions...

From the Florida Turnpike, take Tallahassee (SW 137th Ave.) north. Turn left (west) on 264th St. (Bauer Dr.) Turn right into Owaissa Bauer Campground, just past 167th Ave.

(Note: Some roads in Florida go by two names. Both are correct. If you are asking for directions, keep this in mind.)



By carpool:

December 10th, **Jerry Elsenrath** will email a list of interested carpoolers based on inquiries and pre-registration. For info or last-minute needs, call or email Jerry.

between christmas and new year's day...there's SWIM

swim

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